

1 **Quantification of endogenous neurotransmitters and related**
2 **compounds by liquid chromatography coupled to tandem mass**
3 **spectrometry**

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22 **Abstract**

23 Neurotransmitters are signaling molecules, playing key roles in neuronal
24 communications in the brain. Drug induced changes in neurotransmitters and other
25 brain metabolite concentration may be used to characterize drugs according to their
26 targeted metabolomics profile. Here, we report the development and validation of a
27 straightforward liquid chromatography-tandem mass spectrometry (LC-MS/MS) method
28 for the simultaneous quantification of 16 endogenous small polar compounds in rat
29 plasma and brain homogenates. The method enables the quantification of the
30 neurotransmitters γ -aminobutyric acid, glutamate, acetylcholine and adenosine, as well
31 as choline, glutamine, acetylcarnitine, carnitine, creatine, creatinine, valine, leucine,
32 isoleucine, phenylalanine, tyrosine and tryptophan. After optimizing the sample
33 preparation, chromatographic and spectrometric conditions, the method was
34 successfully validated using the standard addition approach and a hydrophilic
35 interaction chromatography (HILIC) with an amide column. The method was shown to
36 be linear ($r > 0.99$) as all the compounds were within the $\pm 25\%$ values of intra and
37 inter-day precision and accuracy acceptance. A matrix effect was corrected with the
38 use of 10 isotopically labelled internal standards and the compound stability was
39 evaluated for all compounds. Relevant exaltation of choline (in plasma) and creatinine
40 (in brain) were solved with -20°C conditions. The applicability of the method was tested
41 by evaluating brain alterations in the concentrations of neurotransmitters and related
42 compounds after the administration of two psychostimulant drugs of abuse (cocaine
43 and methylenedioxypyrovalerone) to rats. A neuro-metabolic fingerprint of each drug
44 was obtained that reflected their pharmacological profile. Altogether, this methodology
45 presents a valuable targeted metabolomics tool for basic and clinical research studies.

46

47 **Keywords**

48 Liquid chromatography coupled to mass spectrometry, Hydrophilic interaction
49 chromatography, Quantitative method, Brain neurotransmitters, Standard addition,
50 Psychoactive Substances.

51

52 **Abbreviations**

53 γ -Aminobutyric acid, GABA; acetylcarnitine, ACar; acetylcholine, ACh; adenosine, Ade;
54 carnitine, Car; choline, Ch; cocaine, COCA, creatine, Cr; creatinine, Creat; glutamate,
55 Glu; glutamine, Gln; hydrophilic interaction chromatography, HILIC; isoleucine, Ile;
56 liquid chromatography coupled to mass spectrometry, LC-MS/MS, leucine, Leu;
57 methylenedioxypyrovalerone, MDPV; phenylalanine, Phe; tryptophan, Trp; tyrosine,

58 Tyr; valine, Val; prefrontal cortex, PFC; cerebellum, Cer; hippocampus, HC; striatum,
59 St; new psychoactive substances, NPS; neurotransmitter, NT.

60 **1. Introduction**

61 Neurotransmitters are endogenous molecules that play an essential role in transmitting
62 signals from a neuron to a target cell across a chemical synapse. Their main function is
63 to communicate information throughout the brain and the rest of the body [1]. General
64 classes of neurotransmitters include monoamines (e.g. serotonin, dopamine,
65 noradrenaline, adrenaline), amino acids (e.g. aspartate, glutamate, glycine, γ -
66 aminobutyric acid), purines (e.g. adenosine, ATP), choline (e.g. acetylcholine), as well
67 as peptides (e.g. neuropeptide Y) and gases (e.g. NO) [2]. The accurate measurement
68 of brain neurotransmitters concentrations (as well as their precursors and metabolites)
69 is a key tool to understand brain function.

70 To date, a number of methods for the analysis of polar neurotransmitters (e.g.
71 glutamate or γ -aminobutyric acid) and related compounds in biological matrices have
72 been developed. These are mainly based on a separation technique (high-performance
73 liquid chromatography, gas chromatography or capillary electrophoresis) [3,4] coupled
74 to different detection techniques (ultraviolet absorbance, fluorescence, electrochemical,
75 or mass spectrometry) [4–10]. Amongst the previous analytical tools, liquid
76 chromatography coupled to tandem mass spectrometry (LC-MS/MS) allows the
77 simultaneous measurement of multiple analytes with high sensitivity and selectivity in a
78 wide dynamic range [11]. Moreover, it presents the possibility of avoiding derivatization
79 agents (largely needed with gas chromatography) and shorting the running-time per
80 sample.

81 The major challenges for the LC-MS/MS analysis of very polar/ionic endogenous
82 compounds lie on their high hydrophilicity, which cause low recoveries by typical
83 extraction methods [12,13]. In literature, different LC-MS/MS methodologies used
84 distinct approaches to quantify amino acid related compounds. Strategies such as
85 microextractions (liquid-liquid [13] or solid-liquid [12]) with evaporation steps [8,9] have
86 been used for cleaning up and/or pre-concentrating monoamine and amino acid related
87 neurotransmitters. In all cases, these approaches take time and consumables and low
88 recoveries are usually associated to their extractions steps. Alternatively, methods
89 employing a “dilute-and-shoot strategy” would provide a more economical and easier
90 sample preparation by the omission extractions[14]. However, this type of approach is
91 lacking for polar/ionic neurotransmitters.

92 Recently, we reported a “dilute-and-shoot” approach for the study of tryptophan and
93 tyrosine metabolism including 16 analytes related to serotonin, dopamine and the
94 kynurenine pathway [5]. However, the inclusion of highly polar amino acids
95 neurotransmitters and related compounds such as choline, carnitine or γ -aminobutyric
96 acid was discarded due to lack of retention of these compounds in a reverse phase
97 column (C18). That is common for polar/ionic neurotransmitters which often elute close
98 to the column hold-up volume [15]. Several methodologies have been reported to
99 overcome this lack of retention such as the use of derivatization agents [12,16],
100 modified stationary phases like pentafluorophenyl (PFP) [8] or the hydrophilic
101 interaction chromatography (HILIC) columns [13,17,18]. These methods allowed for the
102 determination of glutamate, glutamine and γ -aminobutyric acid, among other
103 monoamine-related neurotransmitters [8,9,12,13,18,19] but they do not quantify ionic
104 compounds such as cholines, carnitines or creatinines.

105 Another challenge for the quantification of endogenous compounds is their natural
106 occurrence in biological matrices, which complicates their determination and the
107 validation of the analytical methodology due to the difficulty in obtaining either a matrix-
108 free of analytes or samples with known concentrations of analytes [20,21].

109 Alterations in the endogenous concentrations of brain neurotransmitters have been
110 described in several diseases [22] and after the administration of drugs of abuse [23].
111 Thus, targeted metabolomics approaches based on the quantification of
112 neurotransmitters related pathways are potentially useful in a broad number of
113 application fields. An example is the characterization of the mechanism of action of
114 drugs of abuse.

115 Lately, new emerging substances (commonly called as new psychoactive substances
116 (NPS)) become popular in the drug-market scene [24]. These substances were
117 designed to mimic classical drugs of abuse (such as ecstasy or cocaine) but
118 circumventing law enforcement [25]. Severe adverse effects have been reported for
119 users of these substances [26]. One example of NPS was methylenedioxypropylvalerone
120 (MDPV), a synthetic cathinone described to produce a cocaine-like effect [27,28]. With
121 regard to the pharmacology of this substance, there is an information gap on the brain
122 alterations after the drug administration. The simultaneous quantification of multi-
123 endogenous metabolites could provide a better understanding of the mechanism of
124 action of this novel drugs [29].

125 Thus, the first objective of this study was to develop and validate a straightforward LC-
126 MS/MS method for the simultaneous quantification of 4 neurotransmitters (γ -
127 aminobutyric acid, glutamate, acetylcholine and adenosine), as well as 12 polar related
128 compounds (choline, glutamine, acetylcarnitine, carnitine, creatine, creatinine, valine,
129 leucine, isoleucine, phenylalanine, tyrosine and tryptophan) (see **Figure 1**) in rat
130 plasma and rat brain homogenates. In the present report we have applied the method
131 of standard addition for the validation procedure. The second objective of this report
132 was to demonstrate the application of the method by evaluating how different
133 psychostimulants [cocaine (COCA) and methylenedioxypropylamphetamine (MDPV)]
134 administered to rats alter, in specific brain areas, the concentrations of some of these
135 neurotransmitters and related compounds.

136 **2. Materials and methods**

137 2.1. Chemicals and reagents

138 Valine (Val), leucine (Leu), isoleucine (Ile), phenylalanine (Phe), tryptophan (Trp),
139 tyrosine (Tyr) and ammonium formate (HPLC grade) were obtained from Sigma-Aldrich
140 (St. Louis, MO, USA). γ -aminobutyric acid (GABA), choline (Ch), creatinine (Creat),
141 creatine (Cr), acetylcholine (ACh), glutamine (Gln), glutamate (Glu), carnitine (Car),
142 acetylcarnitine (ACar) and adenosine (Ade) were obtained from Sigma-Aldrich (St.
143 Louis, MO, USA). All internal standards used were from Toronto Research Chemicals,
144 TRC (Toronto, Canada): GABA-2,2,3,3,4,4-d₆, choline-1,1,2,2-d₄, creatinine-(methyl-
145 d₃), 1-¹³C- α -¹⁵N-glutamine, glutamate-2,3,3,4,4-d₅, phenylalanine-(phenyl-d₅),
146 tyrosine(phenyl-d₄), tryptophan-(indole-d₅), (ribose-¹³C₅)-adenosine, and acetylcholine-
147 (*N,N,N*-trimethyl-d₉). Cocaine (COCA) was obtained from Sigma-Aldrich (Saint Louis,
148 MO, USA) and methylenedioxypropylamphetamine (MDPV) was purchased LGC Standards
149 (Lancashire, UK). Formic acid (98%) and acetonitrile were purchased from Merck
150 (Darmstadt, Germany) and ultrapure water (with a Milli-Q purification system was
151 obtained from Millipore Ibérica (Barcelona, Spain).

152 2.2. Standards and solutions

153 Stock solutions of all compounds (at 1 mg/mL) were prepared in a mixture 0.1%
154 aqueous formic acid:acetonitrile (1:2) from solid powdered standards. Working
155 solutions were prepared by diluting stock solutions with the mixture (aqueous formic
156 acid 0.1%: acetonitrile; 1:2) in a concentration range from 1 to 20,000 ng/mL. These
157 working solutions were used for all validation irrespective of the matrix assayed.

158 2.3 Biological samples

159 Thirty-six male Wistar Rats, aged approx. 7 weeks and weighing between 200-225 g,
160 were purchased from Charles River. Rats were housed in ventilated cages with
161 controlled temperature ($22 \pm 1^\circ\text{C}$), humidity ($55 \pm 10\%$) and under a 12 h light/dark
162 cycle (on at 8 a.m. and off at 8 p.m.). Food and water were available *ad libitum* and
163 animals were handled and habituated to the experimental room one week prior to
164 testing. All animal procedures were conducted in accordance with the standard ethical
165 guidelines (European Communities Directive 86/60-EEC) and approved by the local
166 ethical committee (Comitè Ètic d'Experimentació Animal of the Barcelona Biomedical
167 Research Park; CEEA-PRBB).

168 To obtain the biological samples, rats were anesthetized with isoflurane and blood was
169 collected by an intra-cardiac puncture and euthanized immediately. Brain was
170 extracted and prefrontal cortex (PFC), cerebellum (Cer), hippocampus (HC) and
171 striatum (St) were freshly dissected on ice bath condition, weighted, placed in liquid
172 nitrogen, and stored at -20°C until processing. Blood was kept at 4°C during the
173 experimental collection in an EDTA tube (6 mL) and plasma was obtained by
174 centrifugation of the tube at 4°C and 1700 g for 15 min.

175 2.4. Liquid chromatography and mass spectrometry conditions

176 Quantification of polar neurotransmitters and related compounds in rat plasma and
177 brain homogenates was performed using an Acquity UPLC system (Waters
178 Associates) for the chromatographic separation coupled to a triple quadrupole (Xevo
179 TQ-S micro) mass spectrometer provided with an orthogonal Z-spray-electrospray
180 interface (ESI) (Waters Associates, Milford, MA, USA). The drying and nebulizing gas
181 was nitrogen. The desolvation gas flow was set to 1200 L/h and the cone gas flow to
182 50 L/h. A capillary voltage of 3 kV was used in positive ionization mode. The nitrogen
183 desolvation temperature was set to 600°C and the source temperature to 150°C .
184 Collision gas was argon and the injection volume was 5 μL .

185 The chromatographic separation was achieved at 55°C using an ACQUITY UPLC BEH
186 Amide 1.7 micron (2.1 x 100 mm) (Waters Associates), at a flow rate of 600 $\mu\text{L}/\text{min}$.
187 Mobile phase A was ammonium formate 25 mM with formic acid (0.01% v/v) dissolved
188 in a mixture acetonitrile:water (9:1). Mobile phase B was ammonium formate 25 mM
189 with formic acid (0.01% v/v) in water. A gradient program was used for the separation
190 of the analytes; the percentage of mobile phase B linearly changed as follows: 0 min,
191 10%; 0.5 min, 10%; 2 min, 40%; 2.5 min, 40%; 2.6 min, 10%; 3.5 min, 10%. Analytes

192 were determined by a Selected Reaction Monitoring (SRM) method by acquiring two
193 transitions for each compound as specified in **Table 1**. The most specific transition was
194 selected for quantitative purposes. MassLynx software V4.1 and TargetLynx XS were
195 used for data management.

196 2.5. Sample preparation and extraction

197 2.5.1. Internal standard mixture

198 An internal standard mixture containing 500 ng/mL of GABA-d₆, 250 ng/mL of Ch-d₄, 65
199 ng/mL of Creat-d₃, 250 ng/mL of ¹³C-¹⁵N-Gln, 125 ng/mL of Glu-d₅, 250 ng/mL of Phe-
200 d₅, 250 ng/mL of Tyr-d₄, 250 ng/mL of Trp-d₅, 250 ng/mL of ¹³C₅-Ade, and 160 ng/mL of
201 ACh-d₉ was prepared by dissolving the appropriate amounts of the stock solutions in
202 water.

203 2.5.2. Plasma samples

204 The quantification of the 16 analytes in rat plasma was performed using two alternative
205 treatment (diluted and undiluted) as follows. For the diluted treatment, an aliquot of 10
206 μL of plasma was diluted 1:20 with 200 μL of water and then 10 μL were transferred to
207 a new glass tube and spiked with 50 μL of the internal standard mixture. Then, 130 μL
208 of acetonitrile was added to precipitate the proteins. After centrifugation (5 minutes;
209 4000 rpm; 2650 g) the supernatant was transferred to a microvial and directly injected
210 into the LC-MS/MS system. For the undiluted treatment, an aliquot of 10 μL of plasma
211 was transferred into a glass tube, spiked with 50 μL of the internal standard mixture
212 and treated as described for the diluted treatment. The standards used for calibration
213 were subjected to both procedures.

214 2.5.3. Brain homogenates

215 Brain areas (PFC, Cer, HC or St) were homogenized with 1 mL tissue grinder dounce
216 (Wheaton, USA). The tissue was processed in 400 μL of formic acid at 0.1%. Thirty
217 movements "loose", followed by thirty movements "tight" were used for
218 homogenization. Proteins were precipitated with 800 μL of pure acetonitrile. The
219 mixture was centrifuged (10 min; 4°C; 15700 g) and the supernatant was kept at -20°C
220 until analysis.

221 The quantification of the 16 analytes in rat brain homogenates was performed in the
222 same way that plasma samples with the only difference that a 1:100 dilution (instead of
223 the 1:20) was required for the diluted procedure due to the higher brain concentrations
224 of some of the analytes. To do so, 10 μL of brain homogenate were diluted with 1000

225 μL of water, and 10 μL of the mixture were transferred to a new tube, spiked with 50 μL
226 of the internal standard mixture and treated as previously described.

227 2.6. Method validation

228 The samples selected for validation were analyzed using the described sample
229 treatment and their concentrations were estimated by both the standard addition and
230 the external calibration methods. Linearity, accuracy, precision, lower limit of detection
231 (LOD), lower limit of quantification (LLOQ), matrix effect, and stability were tested as
232 described in the next subheadings.

233 2.6.1. Calibration curves and linearity

234 Calibration standards with a mixture of all the analytes were prepared (as the undiluted
235 samples) in ultrapure water at 12 concentration levels (5, 10, 25, 50, 100, 250, 500,
236 1000, 2500, 5000, 10000 and 20000 ng/mL). Then the calibration range for every
237 specific analyte was selected as specified in **Table 2** according to the expected
238 concentrations in the biological matrices and having at least 6 calibration concentration
239 levels in addition to the blank sample. Calibration curves with their corresponding slope
240 (s), intercept, correlation coefficient (r), and coefficient of determination (r^2) were
241 calculated by weighting ($1/x$) least squares linear regression of the peak area ratio
242 (analyte/internal standard) *versus* the concentration of the standards using SPSS for
243 Windows, version 25.0. The method was considered linear in the selected range if a
244 correlation of determination (r^2) greater than 0.98 was obtained and if the concentration
245 residuals were $\leq 20\%$. The quantification of the analytes was calculated by
246 interpolation of the response ratios on the calibration curves. The concentration
247 residuals were calculated as follows:

248 Concentration residuals (%) = (interpolated concentration – nominal
249 concentration)*100/interpolated concentration.

250 2.6.2. Calculation of concentrations using the standard addition method

251 For calculating sample concentrations, each sample of analysis (either brain
252 homogenate or plasma) containing an unknown concentration of endogenous analytes
253 was divided into 15 individual aliquots: three of them were not spiked whereas the
254 remaining twelve were spiked with known and increasing amounts of analytes with the
255 same twelve concentration levels specified in section 2.6.1. In this way, a standard
256 curve could be created for every analyte in exactly the same matrix in which the
257 analysis was performed. A solvent calibration curve was also injected in the same

258 batch. Two concentrations were obtained: the “calculated concentration” and the
259 “actual concentration”. A visual representation of both is shown in **Supplementary**
260 **Figure 1**.

261 Firstly, the “calculated concentration” of the sample was obtained by the interpolation of
262 the response (analyte/internal standard) obtained for the three non-spiked aliquots in
263 the solvent standard curve.

264 Secondly, for establishing the “actual concentration” a standard curve was generated
265 for every analyte in every tested sample by plotting the response *versus* the added
266 concentration of the standards. Amongst the multiple added concentrations points of
267 this standard addition curve 4 were selected: the corresponding at 0 (average response
268 of the instrument of the three non-spiked samples), the added concentration similar to
269 half of the “calculated concentration” ($X/2$), the added concentration similar to the
270 “calculated concentration” (X), and the added concentration similar to twice the
271 “calculated concentration” ($2X$). The rest of the points were discarded for the analysis.
272 Then, a straight line fitting how the instrument response (Y-axis) changes depending
273 on the added concentration of analyte (X-axis) was plotted. Finally, the “actual
274 concentration” in the sample was determined by the extrapolation of the regression line
275 as the negative X-intercept of the calibration curve prepared for that particular analyte.

276 2.6.3. Intra- and inter-assay accuracy and precision

277 Intra- and inter-assay accuracy and precision were evaluated by the standard addition
278 approach in 12 different rat brain homogenates and 12 different rat plasmas. Accuracy
279 values for every analyte in each matrix were calculated by dividing the “calculated
280 concentration” by the “actual concentration” (see subheading 2.6.2) and it was
281 expressed as a percentage. The same experiments were performed on 3 different
282 assays to assess inter-assay accuracy and precision. The 12 matrices were analyzed
283 in three different assays (six matrices on the first assay, and three matrices on the
284 second and third assays). Intra-day accuracy was calculated as the average of the 6
285 individual accuracy values of the 6 matrices analyzed on the first validation assay.
286 Intra-day precision was calculated as the standard error (standard deviation/mean) of
287 the 6 matrices analyzed on the first validation assay. Inter-day accuracy of the method
288 was calculated as the average of the 12 individual accuracy values of the 12 matrices
289 analyzed over the three validation assays. Inter-day precision was calculated as the
290 standard error of the 12 matrices analyzed over the validation assays. The method was
291 considered accurate and precise if accuracies were in the range 80%-120% and
292 standard errors were below 20%.

293 2.6.4 Limit of detection

294 The limit of detection (LOD) was calculated from the lowest standard used in the
295 calibration curve. The LOD was estimated as the concentration providing a S/N = 3.

296 2.6.5 Matrix effect

297 Because the targeted analytes were endogenous and no blank matrix was available,
298 the estimation of the matrix effect was evaluated by the standard addition approach. As
299 we have used a dilute and shoot procedure, the slopes of post-extraction spiked
300 samples were not available either. Therefore, matrix effect was obtained by comparing
301 the slopes obtained by solvent calibration (n=4) and the slopes of the standard addition
302 samples (n=6). The matrix effect was calculated by applying the following formula:

303
$$\text{Matrix effect} = [1 - (\text{mean slopes in matrix} / \text{mean slopes in water})] * 100.$$

304 2.6.6. Stability

305 The estimation of the stability of the compounds was evaluated by preparing triplicates
306 of: QC (standard concentration + matrix), solvent standard (SS) (standard
307 concentration + ultra-pure water) and blank matrix (BM) (matrix + ultra-pure water). The
308 standard concentration added was 5 times higher the endogenous concentration of the
309 analytes in BM and it was identically added in QC and SS. These samples were kept
310 for 0, 1 and 3 days at room temperature (22°C), for 0, 1, 3 and 7 days in the fridge
311 (4°C) and 0, 7 and 14 days in the freezer (-20°C). The stability was evaluated by
312 comparing the variation of the standard concentration prepared in different days with
313 the fresh analysis (day 0) at the same storage conditions. The standards
314 concentrations values were expressed as a percentage with the following formula: (QC
315 - BM)/SS. All samples were analyzed in the same analytical batch.

316 The stability of the targeted analytes after freeze-thaw cycles was also evaluated in
317 both matrices (plasma and brain). Each sample (n=6) was distributed in 4 aliquots. One
318 aliquot was directly analyzed and taken as reference value. The other 3 were subjected
319 to 1, 2, and 3 freeze-thaw cycles respectively. Freeze-thaw stability was determined by
320 comparing the values of the different aliquots with the reference value.2.7. Method
321 application

322 2.7.1. Study design

323 For the proof of concept, 18 male Wistar rats were assigned to 3 different treatments
324 (n=6/group) as follows: saline vehicle (0.9% NaCl), 20 mg/kg of cocaine and 4 mg/kg of

325 methylenedioxypropylvalerone (MDPV). All treatments were administered
326 intraperitoneally. One hour after treatment, rats were anesthetized under isoflurane and
327 plasma and samples were obtained as described in subheading 2.3. All groups of rats
328 were sacrificed 1h post drug or vehicle administration.

329 2.7.2. Statistical analysis/Data treatment

330 The targeted analytes were normalized with the weight of the brain area and were
331 represented as a ratio value, which was obtained by dividing the analyte concentration
332 after drug or vehicle administration with the median of the analyte concentration after
333 vehicle treatment. This ratio was presented as a percentage and represented as bars-
334 graph. The statistical analysis between the concentrations of the targeted analytes after
335 vehicle or drug administration was performed with the non-parametric U-Mann Whitney
336 test (SPSS, version 21.0). Significant differences were expressed as * $p < 0.05$ and
337 ** $p < 0.01$.

338 **3. Results and discussion**

339 3.1. Method development and optimization

340 3.1.1. Preparation of stock and working solutions

341 The solvent used in the preparation of the stock solutions of the analytes and their
342 corresponding internal standards was found to be a key factor that conditioned the
343 linearity of the analytes. The use of 100% methanol resulted in linearity problems for
344 the majority of the analytes, especially at the high concentrations of the calibration
345 curves. Alternatively, the use of 0.1% acid formic (HCOOH) and acetonitrile (1:2) to
346 dissolve the standards was appropriate to overcome these problems. In a similar way,
347 the working solutions were prepared by serial dilution of the stock solutions using a
348 mixture of aqueous 0.1% HCOOH:acetonitrile (1:2).

349 3.1.2. Sample preparation

350 A dilute-and-shoot strategy was used for the sample preparation protocol due to its
351 simplicity [14]. The developed method requires a small amount of sample (10 μL) and
352 the sample preparation is very straightforward: after spiking with 50 μL of internal
353 standard mixture (containing 10 isotopically labelled internal standards), the proteins
354 are precipitated using 130 μL of acetonitrile and the sample is directly injected into the
355 LC-MS/MS system. The low volumes required (total amount of 190 μL), together with
356 the low amount of injected (5 μL) allowed carrying out the whole sample preparation

357 procedure inside of the same glass conical insert used for the analysis. The use of
358 acetonitrile as precipitating agent enables that the acetonitrile used for the protein
359 precipitation could be suitable for the direct injection into the amide column, avoiding
360 the need of any evaporation step. Moreover, the absence of solid-phase extraction or
361 liquid-liquid extraction represents not only a way to reduce sample manipulation but
362 also a way to reduce the analysis time and costs.

363 3.1.3. Optimization of LC Conditions

364 Due to the high polarity of the selected analytes, we selected an Acquity UPLC BEH
365 Amide column (2.1x100 mm with 1.7 μm particle size) for the chromatographic
366 separation. Despite the specificity of the MS/MS detector, a suitable chromatographic
367 separation was required in order to separate Glu and Gln which were found to interfere
368 each other since both compounds share the same product ions (m/z 130, m/z 84 and
369 m/z 56) and have precursor ions only differing 1 unit (m/z 148 for Glu and m/z 147 for
370 Gln). In order to reach this separation trying to keep the minimum chromatographic
371 time, several of the variables affecting the chromatography were evaluated and
372 optimized. The addition of 25 mM ammonium formate to both mobile phases resulted in
373 an important improvement in the chromatographic peak shape. In order to facilitate the
374 continuous and homogenous salt content during the chromatographic run, 10% of
375 water was added into the acetonitrile to prepare the organic mobile phase. Under these
376 conditions and at a flow of 0.6 mL/min an appropriate separation was achieved in 3.7
377 min.

378 The final organic content of the extract and the injection volume also played a critical
379 role in the method performance. Thus, whereas a high content of acetonitrile was
380 required to obtain a suitable chromatographic peak, small amounts of water were also
381 required to solubilize the analytes. A final content of aqueous:acetonitrile (1:2) was
382 selected as a compromise between solubility of the analytes and chromatographic
383 behavior. Under these conditions a maximum injection volume of 5 μL was found to
384 provide suitable chromatographic peaks.

385 3.1.4. Optimization of MS/MS Conditions

386 All analytes have an efficient electrospray ionization behavior as all of them either have
387 easily-ionizable basic nitrogen atoms or are already cationic analytes. This fact made
388 possible the dilute-and-shoot approach using positive ionization mode and detecting
389 the ionized analytes as $[M]^+$ (in the case of the quaternary ammonium compounds) and
390 $[M+H]^+$ (for the rest of the compounds).

391 Selected reaction monitoring (SRM) transitions were optimized in order to provide the
392 highest specificity and sensitivity. The retention times, together with the two transitions
393 and the optimized collision energy values of each analyte are shown in **Table 1**. It is
394 worth mentioning that, due to their close retention times, specific transitions were
395 selected to distinguish isobaric Leu (132-43) and Ile (132-69), rather than the shared
396 and abundant 132-86 transition corresponding to the loss of HCOOH [5]. In a similar
397 way, choline and GABA were (two compounds sharing the precursor ion 104 and the
398 product ion 45) could be unmistakably differentiated by having a good chromatographic
399 separation and by selecting specific transitions (104-87 for GABA and 104-60 for Ch).

400 3.2. Method validation

401 The method was found to be linear for all the analytes as satisfactory determination
402 coefficients ($r^2 > 0.98$) were obtained for all of the analytes in the selected ranges (**Table**
403 **2**).

404 The LOD achieved by the method allowed for the quantification of all 16 analytes at
405 endogenous brain concentrations (**Table 2**). In the case of plasma samples, the
406 sensitivity of the method was not enough to determine concentrations of GABA, ACh
407 and Ade which were below the LOD (5 ng/mL) for these analytes in all samples tested
408 (**Table 2**).

409 Intra- and inter-assay accuracies presented acceptable values for the 16 compounds.
410 In fact, both intra- and inter-assay accuracies were commonly in the range 85-115%
411 (**Table 2**) for all analytes in both matrices with the only exception of the inter-assay
412 value for Val and ACar in plasma (both 84%). The method was also found to be precise,
413 with intra-assays RSD below 15% for all analytes in both matrices with the only
414 exception of Cr in brain (17%). Inter-assay RSDs were commonly below 20% (**Table 2**)
415 with the only exception of Tyr in brain (24%).

416 The matrix effect for the analytes and their corresponding internal standards assessed
417 by comparing the slopes of external calibration curves *versus* standard addition curves
418 revealed moderate matrix effect ranging from -18% up to 35% in brain homogenates
419 and from -21% up to 45% in plasma (See **Table 2**). Although the most part of the
420 analytes had acceptable matrix effect values ($\pm 20\%$), five of the analytes (Ch, Cr, Ile,
421 Car, and ACar) had an ion enhancement higher than 20% whereas one analyte (Gln)
422 had ion suppression of 21%. The use of labeled internal standards was able to diminish
423 these effects as when the analyte/internal standard ratios were employed the matrix
424 effect values of the previous compounds were acceptable ($\pm 20\%$), evidencing the

425 importance of using appropriate internal standards for the accurate quantification of
426 these compounds.

427 Regarding the stability of the targeted compounds, no alterations of the analytes
428 concentrations were found after 3 freeze-thaw cycles either in plasma and brain (see
429 supplementary table 1). Considering the storage conditions, all compounds were
430 unaltered (QC-BM \pm 20%) in plasma at -20°C conditions for a period of two weeks, with
431 moderate losses of ACar, Leu and Ile (modifications of between 30-40% of the QC-
432 BM). At 4°C, we observed, a substantial exaltation of plasmatic Ch concentrations after
433 7 days (3-folds the QC-BM). Indeed, at room temperature (22°C) for 3 days, Ch
434 presented a 5-fold increase in comparison with the fresh analysis day. This increase in
435 Ch concentrations as a function of time is in agreement with previous reports [30].
436 Therefore, for the analysis of Ch concentrations in plasma a fast freezer procedure was
437 essential for its correct conservation and quantification. Furthermore, we suspect that
438 the protein precipitation (with acetonitrile) could retard the ex-vivo formation of Ch since
439 spiked samples showed a slower increase of Ch. Regarding the rest of analytes in
440 plasma, a slight drop in ACar values was observed at 4°C after 3 days, but no
441 significant alterations for the rest of compounds.

442 In brain extracts, all compounds were stable for 14 days at -20°C. At 4°C, all
443 compounds were found to be stable for 3 days but after 7 days, amino acid
444 neurotransmitters (GABA, Glu and Gln) presented a 2-fold exaltation, whereas Creat
445 presented an increase of approximately 60%. With regard to the room temperature
446 condition, only Creat was altered (3.5-fold increased) after 3 days at 22°C in
447 comparison with the fresh day. As described for plasma, a rapid freeze procedure is
448 required for their analysis.

449 3.3. Method application

450 To prove the applicability of the developed methodology we measured brain and
451 plasma concentrations of the 16 metabolites in male Wistar rats (n=18; 6 per group) 1
452 hour after the administration of vehicle (saline solution), MDPV, and COCA in order to
453 evaluate the similarities and discrepancies between the alterations produced in the
454 selected analytes by both drugs of abuse. The validated method was able to quantify
455 16 metabolites in all rat brain homogenates. All real samples were within the validated
456 concentration range. Characteristic chromatograms obtained from a real sample are
457 shown in **Figure 2**.

458 Even though these drugs are described to principally alter the monoamine
459 neurotransmitters system [27], both COCA and MDPV induced significant changes on
460 the targeted analytes in brain, at 1h post drug administration, in comparison with the
461 vehicle treatment (see supplementary tables 2-3). These changes can be attributed to
462 the drug administration as they were not observed after vehicle administration.

463 Overall, the targeted metabolomics profile of MDPV was similar to COCA (with
464 nuances in the intensity of the compounds alterations and with opposite variations in
465 metabolites such as Ade, ACar or ACh). The neuro-metabolic fingerprint of each drug
466 for the analytes determined (other relevant monoamine neurotransmitters and related
467 compounds are not included in the present report) was in accordance with the drug
468 pharmacology described in-vitro, in animals' experiments [27] and with users reporting
469 similar effects for both substances [31].

470 Several of the detected alterations are in agreement with previously reported variations
471 produced by these drugs. Thus, both psychostimulants produced a strong increment in
472 Creat brain concentrations (around 5-folds, see **Figure 3a**), which was also reported in
473 the urine of an intoxicated consumer of MDPV [32]. Additionally Cr concentrations were
474 2-fold boosted after COCA injection (**Figure 3a**), which could be related with the
475 incidence of rhabdomyolysis syndrome after COCA ingestion [33,34]. Moreover, an
476 extensive increase in choline concentrations (5-7 fold, see **Figure 3b**) was observed in
477 hippocampus, in agreement with the reduction of the Ch acetyltransferase activity
478 described after COCA administration [35]. Nevertheless, a decrease in ACh
479 concentrations was notably observed after MDPV treatment but boosted values were
480 found after COCA treatment (**Figure 3b**).

481 Furthermore, COCA also induced a 2.5-fold increase of Car and ACar, whereas MDPV
482 deeply decreased ACar concentrations in comparison with the vehicle administration
483 (**Figure 3c**). Finally, COCA administration also produced a large increase of Ade (3-
484 fold see **Figure 3d**) and MDPV depleted metabolite concentrations (9-fold, see **Figure**
485 **3d**). As far as we know, these changes were not reported previously in the literature.

486 In summary, the developed method is able to properly determine 16 polar
487 neurotransmitters and related compounds at the endogenous concentrations present in
488 plasma and brain. The precision of the method is adequate to detect the changes
489 produced in the metabolites after the intake of several drugs. Compared with previously
490 reported methods, our procedure has shortened 2 to 7 folds the run time analysis[4,6-
491 9,12,13,16,18,19,36] with a straightforward sample procedure (avoiding
492 derivatizations[6,7,16] or extractions methods[4,12,13]). Furthermore, the method is

493 strengthen with the use of a low sample volume (up to 10 folds in brain tissue[16,19,36]
494 and 3[36] to 30[6] folds in plasma). The use of lower sample volumes is especially
495 important in brain regions analysis where the amount of sample is usually limited.
496 Using low sample volumes facilitates the incorporation of this methodology to a set of
497 brain targeted metabolomics approaches. Regarding the targeted analytes, a wider
498 coverage of neurotransmitters, precursors, metabolites and related compounds is
499 provided (by including comprehensive cholines, creatinines, long neutral amino acids,
500 glutamines neurotransmitters and a purine in a single analysis) in comparison with
501 other studies[4,6–9,12,13,16,18,19]. Finally another relevant output of the validated
502 methodology is that, (un-commonly in other studies [4,6–8,12,13,16]) it is validated in
503 two different matrices: brain homogenates and plasma.

504 **Conclusions**

505 In the present report, we provide an analytical method for the proper measurement of
506 16 small polar compounds (polar neurotransmitters and related compounds) in rat brain
507 and plasma. Compared with previously reported methods dealing with the
508 determination of neurotransmitters, the presented approach provides several analytical
509 improvements such as (i) lowering sample volume, (ii) lowering the total run time, (iii)
510 straightforward sample preparation, (iv) having a wide analyte coverage and (v) by
511 being validated in 2 different matrices. In all, the high method throughput is ideal for
512 targeted metabolomics approaches in which the accurate measurement of a large
513 number of samples and analytes is required. This fact has been demonstrated by the
514 application of the method to evaluate short-term (1 hour) effects of COCA and MDPV
515 on the selected target metabolome. Specific changes detected are in accordance with
516 their known mechanisms of action. This method represents a valuable tool for the study
517 the mechanism of action of drugs targeting the central nervous system and can also be
518 applied to study alterations in brain neurotransmitters that occur in neurodegenerative
519 and psychiatric diseases. The wide coverage of the presented methodology makes it
520 applicable for many clinical and preclinical studies as the alterations of the studied
521 compounds are present in many metabolic disorders.

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533 **Declaration of conflicting interest**

534 The authors declare no potential conflicts of interest.

535

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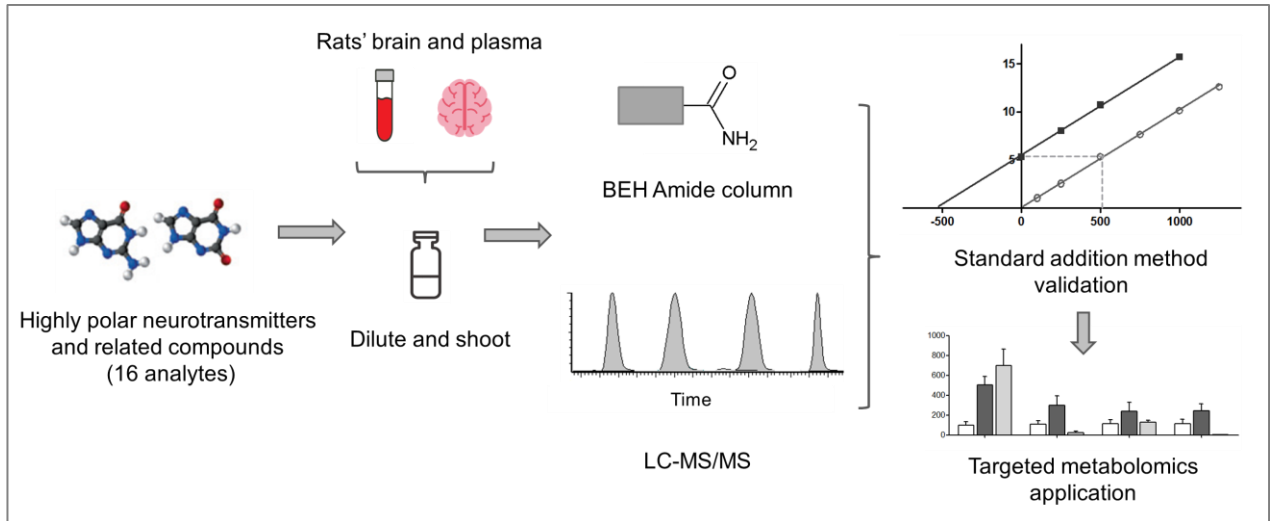
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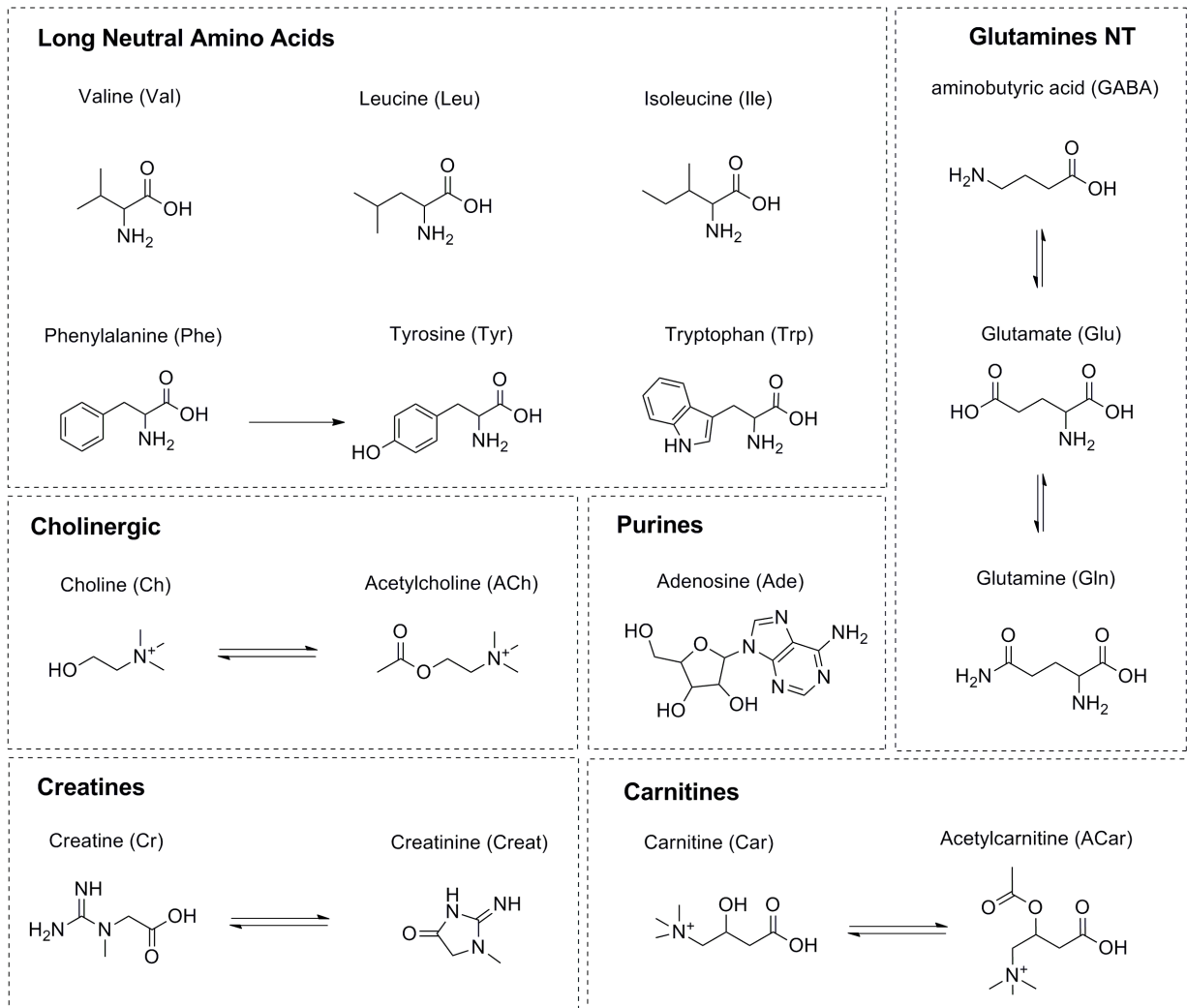
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701 **Graphical abstract**

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Figure 1. Chemical structures of the targeted analytes. Abbreviations: NT: neurotransmitters.

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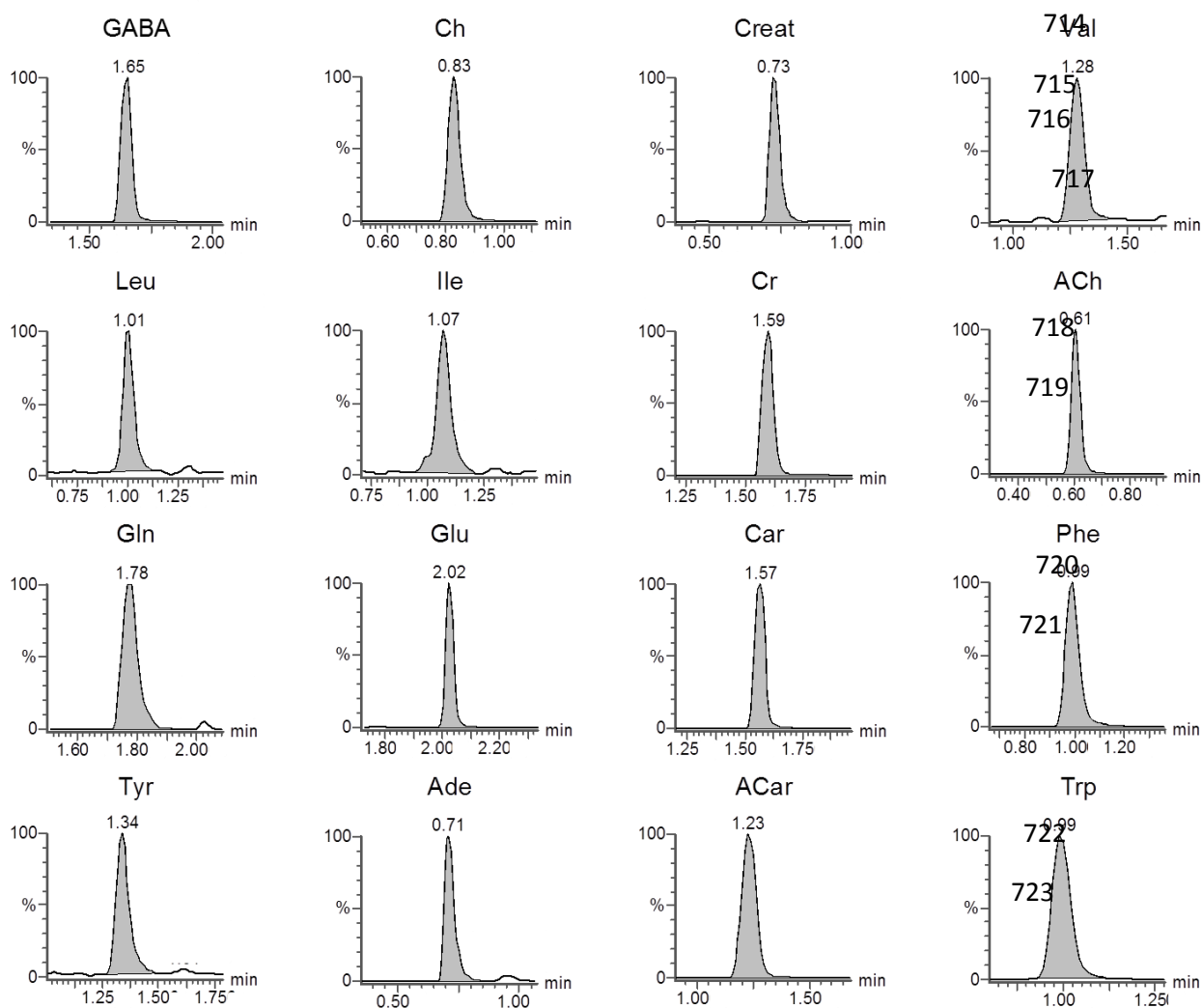
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Compound	MW (g/mol)	Rt (min)	Precursor m/z	Species	Cone voltage (V)	Collision energy (eV)	Product m/z
GABA	103	1.65	104*	[M+H] ⁺	15	10	87*
							45
Ch	104	0.83	104*	[M] ⁺	15	10	45
							60*
Creat	113	0.73	114*	[M+H] ⁺	15	10	44*
							86
Val	117	1.28	118*	[M+H] ⁺	15	10	55
							72*
Leu	131	1.01	132*	[M+H] ⁺	15	10	86
						20	43*
Ile	131	1.07	132*	[M+H] ⁺	15	20	44
							69*
Cr	131	1.59	132*	[M+H] ⁺	15	10	90*
						20	44
ACh	146	0.61	146*	[M] ⁺	15	20	43
						10	87*
Gln	146	1.78	147*	[M+H] ⁺	15	10	130*
						20	84
Glu	147	2.02	148*	[M+H] ⁺	15	20	56
							84*
Car	161	1.57	162*	[M] ⁺	15	10	60
						20	43*
Phe	165	0.99	166*	[M+H] ⁺	15	10	120
						30	103*
Tyr	181	1.34	182*	[M+H] ⁺	15	20	136
						30	91*
Ade	267	0.71	268*	[M+H] ⁺	15	20	136*
						30	119
ACar	203	1.23	204*	[M] ⁺	15	10	60
						20	85*
Trp	204	0.99	205*	[M+H] ⁺	15	10	188*
						20	146
GABA-d ₆	109	1.65	110*	[M+H] ⁺	15	10	93*
						20	49
Ch-d ₄	108	0.83	108*	[M] ⁺	15	10	49
							60*
Creat-d ₃	116	0.73	117*	[M+H] ⁺	15	10	47*
							89
¹³ C- ¹⁵ N-Gln	148	1.78	149*	[M+H] ⁺	15	10	131*
						20	85
Glu-d ₅	152	2.02	153*	[M+H] ⁺	15	10	60
						20	88*
Phe-d ₅	170	0.99	171*	[M+H] ⁺	15	10	125
						30	106*
Tyr-d ₄	185	1.34	186*	[M+H] ⁺	15	20	140
						30	94*
Trp-d ₅	209	0.99	210*	[M+H] ⁺	15	10	192*
						20	150
¹³ C ₅ -Ade	272	0.71	273*	[M+H] ⁺	15	20	136*
						30	119
ACh-d ₉	155	0.60	155*	[M] ⁺	15	10	87*
						20	43

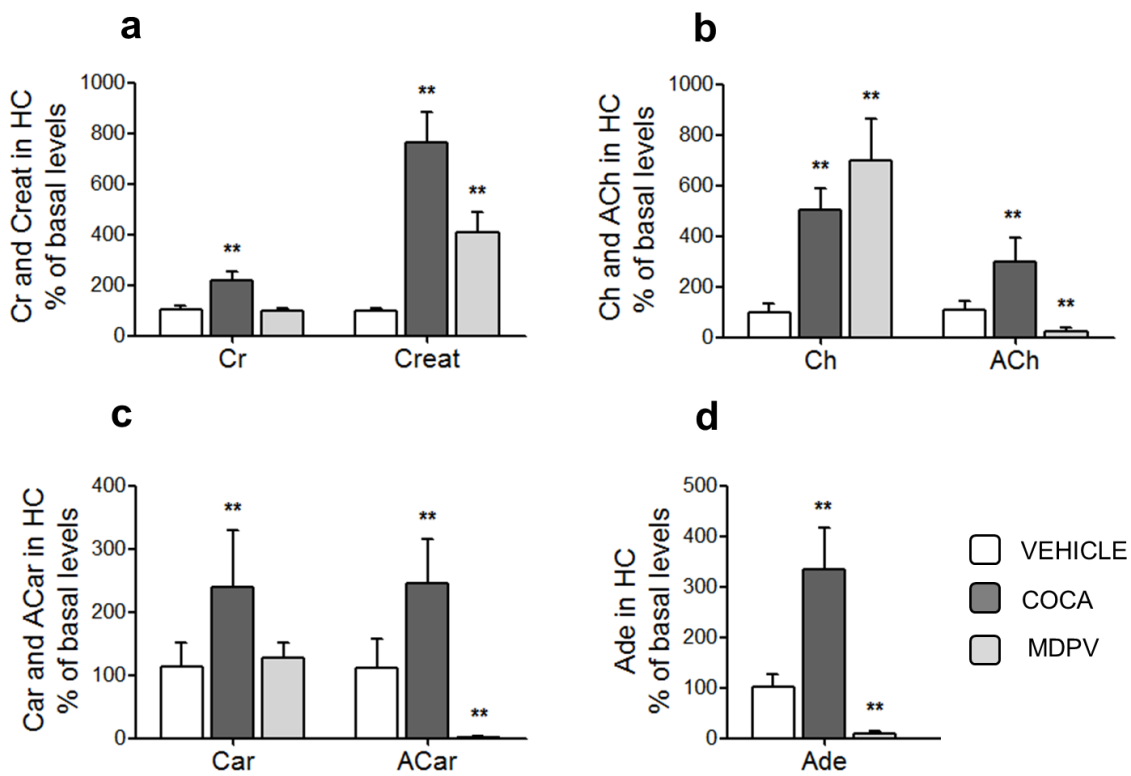
708 **Table 1.** Molecular weight (MW), retention times (Rt) and selected reaction monitoring (SRM)
709 conditions for the detection of targeted analytes in rat brain and plasma. Transitions used for
710 quantification are marked with an asterisk (*). Abbreviations: GABA, γ -aminobutyric acid; Ch,
711 choline; Creat, creatinine; Val, valine; Leu, leucine; Ile, isoleucine; Cr, creatine; Ach,
712 acetylcholine, Gln, glutamine; Glu, glutamate; Car, carnitine; Phe, phenylalanine; Tyr, tyrosine;
713 Ade, adenosine; Acar, acetylcarnitine; Trp, tryptophan.

Compound	Internal standard	Range (ng/mL)	LOD (ng/mL)	Matrix	r ²	Intra-assay accuracy (%)	Inter-assay accuracy (%)	Intra-assay error (%RSD)	Inter-assay error (%RSD)	Matrix effect (%)	Matrix effect RSD (%)
GABA	GABA-d ₆	25-5,000	5	Plasma	0.989	n.d.					
				Brain	0.988	105	95	15	19	10	20
Ch	Ch-d ₄	25-20,000	4	Plasma	0.999	104	105	14	12	-9	7
				Brain	0.998	102	102	6	8	35	38
Creat	Creat-d ₃	25-20,000	8	Plasma	0.999	105	100	7	8	0	28
				Brain	0.998	105	103	3	10	29	14
Val	¹³ C ₅ -Ade	50-20,000	50	Plasma	0.992	85	84	7	9	9	12
				Brain	0.994	98	103	8	12	5	15
Leu	Phe-d ₅	25-5,000	25	Plasma	0.987	88	99	11	15	-6	17
				Brain	0.996	100	96	14	12	-4	12
Ile	Phe-d ₅	25-20,000	10	Plasma	0.993	85	87	12	12	40	9
				Brain	0.996	90	89	4	16	25	14
Cr	Creat-d ₃	25-10,000	20	Plasma	0.988	97	101	10	9	8	10
				Brain	0.987	105	101	17	15	-4	31
ACh	ACh-d ₉	5-2,500	5	Plasma	0.993	n.d.					
				Brain	0.995	101	93	8	18	-18	37
Gln	¹³ C- ¹⁵ N-Gln	25-20,000	6	Plasma	0.999	99	102	8	9	-21	11
				Brain	0.995	110	101	11	14	4	19
Glu	Glu-d ₅	250-20,000	150	Plasma	0.998	98	105	10	16	17	16
				Brain	0.990	91	88	14	14	0	30
Car	Creat-d ₃	25-20,000	5	Plasma	0.988	87	90	3	11	1	14
				Brain	0.989	103	107	9	19	35	25
Phe	Phe-d ₅	50-20,000	5	Plasma	0.997	107	107	13	15	-9	11
				Brain	0.995	107	102	8	11	-3	17
Tyr	Tyr-d ₄	100-20,000	5	Plasma	0.988	89	85	13	16	45	17
				Brain	0.990	95	93	15	24	20	9
Ade	¹³ C ₅ -Ade	25-20,000	5	Plasma	0.994	n.d.					
				Brain	0.994	111	105	6	12	4	8
ACar	Creat-d ₃	25-5,000	5	Plasma	0.988	89	84	11	14	-19	17
				Brain	0.995	96	94	12	12	34	12
Trp	Trp-d ₅	25-20,000	4	Plasma	0.997	107	112	13	15	-4	15
				Brain	0.991	95	92	7	20	-1	10

Table 2. Linearity, accuracy, precision, limit of detection (LOD) and matrix effect for the 16 analytes in plasma and brain homogenates.

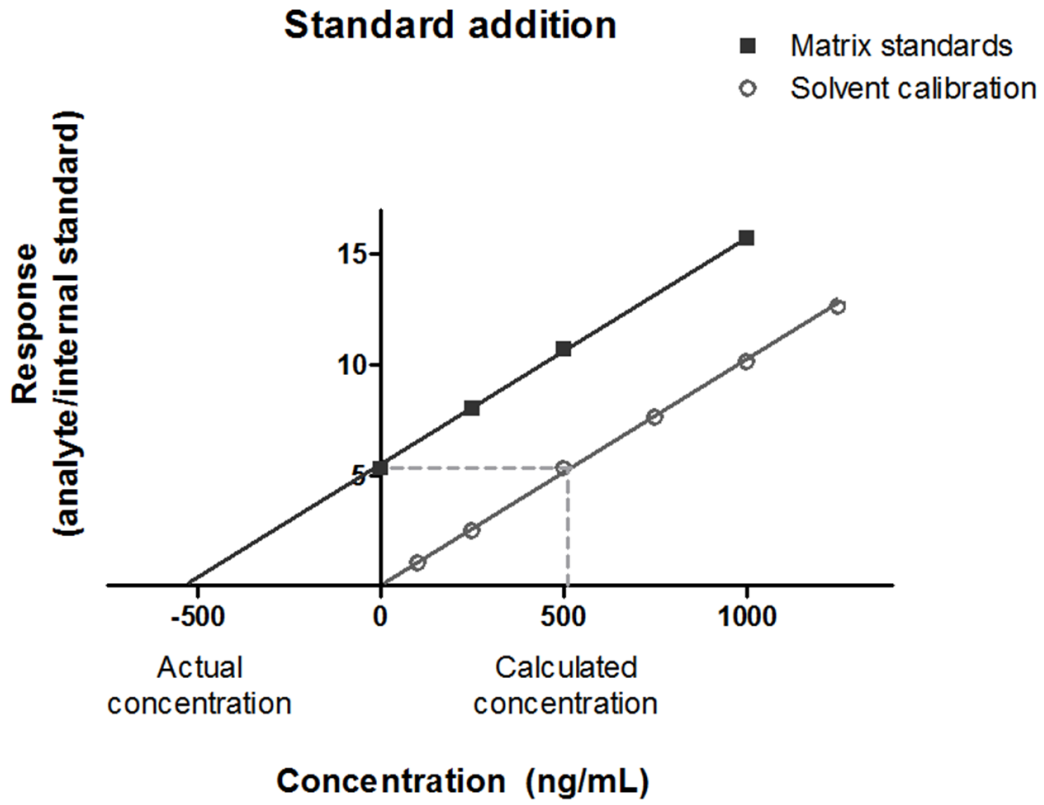


724 **Figure 2.** Chromatograms of the 16 targeted analytes in a real sample of rat hippocampus,
 725 euthanized 1h after the intraperitoneal administration of cocaine (20 mg/kg). Brain
 726 concentrations were: 14320 ng/mL for GABA, 3935 ng/mL for Ch, 865 ng/mL for Creat, 797
 727 ng/mL for Val, 1127 ng/mL for Leu, 497 ng/mL for Ile, 1069 ng/mL for Cr (106900 ng/mL real
 728 concentration), 35 ng/mL for ACh, 353 ng/mL for Gln (35300 ng/mL real concentration), 980
 729 ng/mL for Glu (98000 ng/mL real concentration), 625 ng/mL for Car, 1289 ng/mL for Phe, 1778
 730 ng/mL for Tyr, 17835 ng/mL for Ade, 141 ng/mL for ACar and 436 ng/mL for Trp. Abbreviations:
 731 (γ -aminobutyric acid, GABA; choline, Ch; creatinine, Creat; valine, Val; leucine, Leu;
 732 isoleucine, Ile; creatine, Cr; acetylcholine, Ach; glutamine, Gln; glutamate, Glu; carnitine, Car;
 733 phenylalanine, Phe; tyrosine, Tyr; adenosine, Ade; acetylcarnitine, ACar; tryptophan, Trp).



734 **Figure 3.** Bars graph of the variations of the targeted analytes after the administration of
 735 vehicle, cocaine (COCA) and methylenedioxypyrovalerone (MDPV) to male Wistar rats. a)
 736 Alterations in the hippocampal concentrations of creatines (Cr and Creat), b) cholinergics (Ch
 737 and ACh), c) carnitines (Car, ACar) and d) purines (Ade) were observed in comparison with the
 738 vehicle administration. Abbreviations (creatine, Cr; creatinine, Creat; choline, Ch; acetylcholine,
 739 Ach; carnitine, Car; acetylcarnitine, ACar; adenosine, Ade; and HC, hippocampus).

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743 **Supplementary Figure 1.** Graphical calculation of the “actual” and “calculated” concentrations
 744 using the standard addition method.

745

Compound	Matrix	Cycle 1 (%)	Cycle 2 (%)	Cycle 3 (%)
GABA	Brain	93±12	96±3	97±7
	Plasma	Not detected		
Ch	Brain	99±3	98±3	99±6
	Plasma	100±20	98±25	101±26
Creat	Brain	101±5	99±3	103±7
	Plasma	100±5	99±6	98±4
Val	Brain	107±15	98±8	106±12
	Plasma	104±7	103±8	99±3
Leu	Brain	106±13	99±8	108±10
	Plasma	105±9	104±9	101±6
Ile	Brain	105±15	99±8	106±10
	Plasma	104±10	105±6	104±5
Cr	Brain	104±10	101±4	109±8
	Plasma	100±6	99±7	96±3
ACh	Brain	98±4	98±3	100±6
	Plasma	Not detected		
Gln	Brain	99±4	99±2	100±5
	Plasma	102±5	100±6	100±5
Glu	Brain	101±11	96±4	99±9
	Plasma	105±10	100±8	100±7
Car	Brain	106±16	100±6	110±10
	Plasma	101±6	103±10	102±8
Phe	Brain	101±6	99±7	100±9
	Plasma	101±5	101±6	100±4
Tyr	Brain	94±16	89±27	87±20
	Plasma	108±23	110±18	106±19
Ade	Brain	95±8	97±3	99±6
	Plasma	Not detected		
ACar	Brain	99±6	97±4	100±8
	Plasma	99±10	100±7	101±5
Trp	Brain	100±5	96±6	95±6
	Plasma	99±7	97±8	99±8

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747 **Supplementary Table 1.** Variations of the targeted analytes' concentrations in both
748 brain and plasma with 3 freeze-thaw cycles (mean±SD values (expressed in %))
749 regarding the effect of the analytes' storage time, that it was evaluated up to 3 days at
750 room temperature, 7 days at 4°C and 14 days at -20°C. The percentages correspond to
751 the concentration obtained in cycle 1, 2, and 3, divided by concentration in cycle 0 and
752 multiplied by 100.

COCAINE		Val	Leu	Ile	GABA	Glu	Gln	Phe	Tyr	Trp	Ch	ACh	Car	ACar	Cr	Creat	Ade
Brain	PFC - 1h	1.1	1.1	0.9	0.9	1.3	1.2	1.3	1.1	1.4	1.6	1.5*	1.4	0.5	1.2	4.9	1.2
	Cer – 1h	1.2	1.2	1.1	1.2	1.3**	1.2	1.5	1.2	1.2	2.9**	1.2**	1.4*	0.5	1.3	2.8**	0.8
	HC – 1h	2.4**	2.3**	2.5**	2.2**	2.0**	2.0	2.4	2.7	2.7	5.0**	3.0**	2.4**	2.4*	2.2**	7.6**	3.3**
	St - 1h	1.2	1.2	1.2	1.0	1.1	0.9	2.1	1.1	1.4	3.0**	1.3	1.2	0.8	1.0	4.4	2.1**
Peripheral	Plasma - 1h	2.2	1.4	1.2	n.d.	1.3	1.1	1.2	0.7	0.8	1.5*	n.d.	0.9	0.5	2.0*	0.8*	n.d.

Supplementary table 2. Mean ratios (n=6) of all metabolites quantified in brain areas and plasma after the administration of COCA versus vehicle administration. Significant differences are underlined in bold as *P<0.05 and **P<0.01 (U-Mann Whitney test).

MDPV		Val	Leu	Ile	GABA	Glu	Gln	Phe	Tyr	Trp	Ch	ACh	Car	ACar	Cr	Creat	Ade
Brain	PFC - 1h	0.9	0.9	0.9	1.6	0.7	0.8	0.9	0.8	0.7	4.8**	0.3*	1.3	0.0**	0.8	6.4**	0.1**
	Cer – 1h	1.1	1.0	1.1	2.5**	0.9	0.9	1.2	1.2	1.1	13.9**	0.3**	1.5*	0.0**	1.1	2.8**	0.0**
	HC – 1h	0.9	0.9	0.9	2.0**	0.7*	0.8	0.9	1.0	0.8	8.2**	0.2**	1.3	0.0**	1.0	4.3**	0.1**
	St - 1h	0.8	0.8	0.9	1.8	0.7	0.8	0.8	0.8	0.7	5.5**	0.3*	1.0	0.0**	0.9	3.9**	0.1**
Peripheral	Plasma - 1h	0.5	1.1	1.1	n.d.	1.7	1.8	1.0	1.1	0.9	1.1	n.d.	1.2	0.9	1.2	0.9*	n.d.

Supplementary table 3. Mean ratios (n=6) of all metabolites quantified in brain areas and plasma after the administration of MDPV versus vehicle administration. Significant differences are underlined in bold as *P<0.05 and **P<0.01 (U-Mann Whitney test).