

1 **Evaluation of four prognostic indices in follicular lymphoma treated in first line with**
2 **immunochemotherapy.**

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32 **Abstract**

33 Several clinical risk models have been proposed to predict outcome in follicular lymphoma (FL).
34 The development of Next Generation Sequencing (NGS) technologies has allowed the
35 integration of somatic gene mutations in clinical scores to build genotyped-based risk models,
36 such as m7-FLIPI. We explored four clinical or clinicogenetic risk models in patients with
37 symptomatic FL who received frontline immunochemotherapy. Out of 191 patients with FL
38 grade 1-3a, 109 were successfully genotyped. Treatment consisted on rituximab (R) plus
39 CVP/CHOP (72.5%) or R-bendamustine (R-B) (27.5%). The proportion of cases classified as high-
40 risk in FLIPI, FLIPI-2, PRIMA-PI or m7-FLIPI were 39.3%, 14%, 30.3%, 22%, respectively. No case
41 with low-intermediate FLIPI was upgraded in m7-FLIPI, but 18 out of 42 higher-risk patients in
42 FLIPI were downgraded to low-risk m7-FLIPI. Sensitivity and specificity for the prediction of
43 POD24 was highest for FLIPI. The discrimination for progression free survival (PFS) and overall
44 survival (OS) was best for FLIPI (c-index: 0.644 and 0.727, respectively). When analyzed only R-
45 B patients, m7-FLIPI had higher discrimination for PFS and OS. Thus, FLIPI remains as the clinical
46 risk score with higher discrimination in advanced FL patients treated with
47 immunochemotherapy, but the performance of m7-FLIPI should be further investigated in
48 patients treated with R-B.

49

50 **Key points:**

- 51 • FLIPI remains as the prognostic index with higher discrimination for survival in advanced FL
52 patients treated with immunochemotherapy.
- 53 • Research efforts in FL should go towards the design of clinical studies incorporating more
54 precise molecular markers for both outcome prediction and optimal selection of treatment.

55

56 **Introduction**

57 Follicular lymphoma (FL) is the second most common subtype of non-Hodgkin lymphoma (NHL)
58 in western countries. Its clinical behavior is usually indolent with a median survival currently
59 greater than 15 years^{1,2}. However, even with modern immunochemotherapy schedules, up to
60 20% of patients progress or relapse within the first two years (POD24) and these patients have
61 a significantly decreased overall survival (OS)³⁻⁵.

62 Several clinical risk models have been developed to predict progression free survival (PFS) and
63 OS, such as FLIPI,⁶ FLIPI-2⁷ and PRIMA-PI⁸. The development of next generation sequencing
64 (NGS) technologies have allowed the integration of somatic gene mutation information in
65 clinical risk models to build clinicogenetic risk models, such as m7-FLIPI and POD24 prognostic
66 index (POD24-PI)^{4,9}. These risk models have improved pretreatment risk stratification before
67 initiation of frontline treatment and can also identify a high-risk group of patients who have an
68 increased risk of developing POD24.

69 These studies included patients with advanced FL who were mainly treated with frontline
70 rituximab (R), cyclophosphamide, vincristine, and prednisone (R-CVP) or rituximab,
71 cyclophosphamide, doxorubicin, vincristine, and prednisone (R-CHOP). Rituximab and
72 bendamustine (R-B) has become the preferred regimen as first-line therapy for a symptomatic
73 patient with FL at many centers¹⁰, but patients treated with R-B were not included in these
74 models. Moreover, these clinicogenetic risk models need to be validated with real-world data.

75 In the present study, we have evaluated four clinical or clinicogenetic risk models to determine
76 their utility in previously untreated patients with symptomatic FL who were treated with R-CVP,
77 R-CHOP or R-B.

78

79 **Methods**

80 A cohort of 191 patients with newly diagnosed FL grade 1 to 3a from 3 Spanish tertiary hospitals
81 have been reviewed in this study, with a final number of 109 cases with successful
82 characterization by NGS (Supplementary table 1). The diagnosis of FL was based on World Health
83 Organization (WHO) criteria. FL grade 3b were not included. All patients fulfilled the Groupe
84 d'Etude des Lymphomes Folliculaires (GELF) high tumor burden criteria. Patients with HIV were
85 not included. Treatment consisted of R plus CVP (R-CVP), R plus CHOP (R-CHOP) or R plus
86 bendamustine (R-B), according to standard practice. In responding patients, maintenance with
87 R for 2 years was performed according to physician or patient preference. Lymphoma response
88 was assessed by the Lugano Classification^{11,12}. The study was carried out in accordance with the
89 modified Declaration of Helsinki and was approved by the ethics committees of participating
90 centers. All patients provided written informed consent.

91 Tumoral FL mutational analysis was performed on FFPE tissue by NGS through a DNA targeted
92 custom panel of 64 FL-related genes implicated in epigenetics, BCR signaling, cell survival,
93 immune response, mTORC1 pathway and cell migration, as previously reported (Supplementary
94 Methods and Supplementary table 2)¹³. The FLIPI, FLIPI-2, PRIMA-PI and m7-FLIPI were
95 calculated as previously described⁶⁻⁹. The same cut-off as used in the original publication was
96 applied for discrimination between the high- and low-risk groups (m7-FLIPI score ≥ 0.8 and < 0.8 ,
97 respectively)⁹.

98 Statistical analyses were carried out with the statistical software R (version 4.1.0) (RStudio
99 version 1.4.1106) using the packages survival 3.2-13 and ggplot2_3.3.5. In this study,
100 progression free survival (PFS) was calculated from the date of treatment initiation to the date
101 of death from any cause, disease relapse or progression, or the date of last contact. Overall
102 survival (OS) was calculated from the date of treatment initiation until the date of death from
103 any cause or the date of last contact. Progression of disease within 24 months (POD24) was

104 defined as progression or relapse of the disease within the first 24 months after first-line
105 treatment initiation (modified definition)³. OS for POD24 was calculated considering survival
106 from time of POD for the POD24 cohort, or from 2 years after initial treatment of patients
107 without POD24, according to recently proposed definitions⁴. The Kaplan-Meier method was
108 used to describe time-to-event end points and the differences between two groups were
109 compared by log-rank test. The differences were considered significant at $p < 0.05$. The c-index
110 was calculated with the R package survcomp 1.44.1, the Akaike's information criterion (AIC) with
111 the R package flexsurv 2.1 and the Gönen-Heller's concordance probability estimate (CPE) with
112 the R package CPE1.5.2. Sensitivity, specificity and accuracy of risk scores for time-to-event end
113 points were estimated with R package confusionMatrix 3.45 and circular plots were done using
114 R package circlize 0.4.14.

115

116 **Results**

117 Clinical characteristics for the 109 patients are shown in Table 1. Median age at diagnosis was
118 58 years (range 24-90), 56% were males and 93.6% had stage III-IV. Median time from biopsy to
119 initial treatment was 0.91 years (IQR: 0.35-1.7). Immunochemotherapy regimens were as
120 follows: R-CVP in 8 patients (7.3%), R-CHOP in 71 (65.1%) and R-B in 30 (27.5%). Maintenance
121 rituximab was administered in 95 patients (87.2%), 66 (83.5%) with R-CHOP/CVP and 29 (96.7%)
122 with R-B. With a median follow-up of 8 years (IQR: 5.25-11.83), PFS and OS at 8 years were 55%
123 and 80%, respectively (47 progression events and 23 death events (10 were lymphoma-related)).

124 All patients presented mutations, with a median of 6 mutations (range 2-23) per patient.
125 Mutation frequency distribution is shown in Supplementary Figure 1. Frequency of mutated
126 genes included in m7-FLIPI score was: *EZH2* (23%), *ARID1A* (17%), *MEF2B* (19%), *EP300* (19%),
127 *FOXO1* (10%), *CREBBP* (75%) and *CARD11* (17%).

128 The proportion of patients according to the four risk scores is shown in Table 1. Risk stratification
129 could not be calculated in 4, 8, 10 and 4 patients for the FLIPI, FLIPI-2, PRIMA-PI and m7-FLIPI
130 scores, respectively. In the distribution of patients among risk categories in the four risk scores,
131 it is noteworthy that the proportion of cases classified as low-risk in FLIPI was only 16.8%, and,
132 conversely, the proportion of cases allocated to the high-risk group in FLIPI-2 was only 14%. No
133 case with low-intermediate FLIPI score was upgraded in m7-FLIPI. However, 18 out of 42 higher-
134 risk patients in FLIPI were downgraded to low-risk m7-FLIPI. Risk categories among FLIPI, FLIPI-
135 2 and PRIMA-PI compared with m7-FLIPI are shown in Figure 1.

136

137 *Response and early relapse*

138 The rate of complete remission (CR) was 84.3% for the whole series, and 85.9% and 80.0% for
139 patients treated with R-CVP/R-CHOP and R-B, respectively ($p=0.556$). A 77 years-old patient was
140 not evaluated due to early death by myocardial infarction after 2 cycles of R-CHOP. FLIPI was the

141 only score that showed statistically significant differences for CR rates between risk categories
142 (Table 2 and Supplementary table 3). Twenty-two patients (20.4%) relapsed early and were
143 considered as POD24. FLIPI showed statistically significant differences, being the patients in the
144 high-risk category those with a higher proportion of POD24 (34.1%) (Supplementary table 3).
145 However, patients within FLIPI low or intermediate risk subsets had a similar proportion of
146 POD24 (11.1 and 13.1%, respectively). The PRIMA-PI was also significant but identified patients
147 in the intermediate category as those at the highest risk of POD24 (34.5%) (Table 2). POD24 in
148 this cohort of patients was predictive of shorter OS ($p < 0.0001$) (Supplementary Figure 2).

149 To evaluate the performance of the four risk scores, given that the m7-FLIPI has 2 risk categories,
150 the other prognostic indices were merged into two categories in such a way that the proportion
151 of high-risk was similar among them (Supplementary Table 4).

152 Sensitivity for the prediction of POD24 was highest for FLIPI (87%) and lowest for FLIPI-2 (78%),
153 specificity was highest for FLIPI (34%) and lowest for PRIMA-PI (21%), and accuracy was highest
154 for m7-FLIPI (69%) and lowest for FLIPI-2 (56%) (Table 3).

155

156 *Progression-free and overall survival*

157 Forty-two patients had relapse (38.9%) and twenty-three (21.1%) died during the time of follow-
158 up. Median PFS was 9.1 years and median OS has not been reached.

159 According to original description, FLIPI, FLIPI-2 and PRIMA-PI scores showed differences for PFS
160 (0.0031, 0.025 and 0.019, respectively), but m7-FLIPI score did not reach statistical significance
161 (0.076; Figure 2). Regarding OS, FLIPI and FLIPI-2 showed statistically significant differences
162 among original described groups (0.0026 and 0.048, respectively), but PRIMA-PI and m7-FLIPI
163 scores did not (0.28 and 0.06, respectively; Figure 3). Cox regressions for PFS and OS according
164 to the mutation status of the 7 genes included in m7-FLIPI are described in Supplementary table
165 5.

166 When PFS and OS were compared among the low and high-risk categories of the four risk scores,
167 FLIPI was significantly better in pairwise comparisons (Supplementary Table 6).

168 To evaluate the performance of the four risk indices, we assessed discrimination for PFS and OS,
169 that is, the ability to anticipate PFS and OS, respectively. Harrell's c-index for PFS and OS was
170 best for the FLIPI (0.644, $p=0.001$ and 0.727, $p=0.001$, respectively) and the other three scores
171 reached similar results (Table 3). The AIC for PFS was best for PRIMA-PI (532), being similar the
172 other three risk scores (from 543 to 556). The AIC for OS was best for FLIPI (316), with higher
173 values in the other three scores (from 326 to 329). Therefore, FLIPI had higher level of parsimony
174 (the ability to eliminate unnecessarily complicated models including too many parameters for
175 an accurate estimation). CPE was highest with FLIPI both for PFS and OS, indicating higher
176 concordance than the other three regimens, including m7-FLIPI (Table 3).

177

178 *Subgroup analyses*

179 Finally, we assessed the impact of the four scores on PFS and OS in the group of patients treated
180 with R-CVP/R-CHOP and R-B (Supplementary tables 7 and 8). Discrimination parameters for PFS
181 and OS were better for the FLIPI score in comparison with the other three scores in patients
182 treated with R-CVP/R-CHOP. In contrast, m7-FLIPI had higher discrimination for PFS and OS in
183 the group of patients treated with R-B when compared with the other 3 scores. However, these
184 results should be taken with caution given the limited number of patients treated with R-B.

185

186

187 **Discussion**

188 Our study has assessed the clinical value and statistical performance of the four most broadly
189 applied risk scores in a cohort of FL patients treated in the real-world setting. In our cohort of
190 symptomatic FL patients treated with immunochemotherapy and with a median follow-up of 8
191 years, we have shown that FLIPI remains as the prognostic index with higher discrimination for
192 survival. Nevertheless, the predictive value of FLIPI is better for R-CVP/R-CHOP than for R-B.

193 For performance analysis, we applied binary categories to FLIPI (low/intermediate risk vs high
194 risk), FLIPI2 (0-2 vs 3-5 risk factors) and PRIMA-PI (low/intermediate risk vs high risk) because
195 several studies have not observed significant differences for failure-free survival between low-
196 risk and intermediate-risk patients¹⁴⁻¹⁶ and also to allow us a more direct comparison with the
197 m7-FLIPI that only has two categories. In our cohort, 42% of patients with high-risk FLIPI were
198 reclassified into the low-risk m7-FLIPI category. This is similar to the original publication of m7-
199 FLIPI⁹, but in contrast to that recently reported in a cohort of advanced FL patients randomized
200 to consolidation with high-dose therapy and autologous stem cell transplantation, where only
201 9% of patients with high-risk FLIPI were reclassified to low-risk m7-FLIPI¹⁶. This might be related,
202 at least in part, to the dependence on age of the FLIPI and m7-FLIPI¹⁷. These well-known
203 clinicogenetic-risk scores are not appropriate to stratify younger patient groups¹⁶. Moreover,
204 the role of age as a relevant element of prognostic indices for FL has been questioned since
205 decreased survival in older patients is significantly due to an increased rate of non-relapse
206 deaths¹⁴. Recently, the PRIMA-PI, an age-independent tool, was found to identify a smaller
207 cohort of high-risk FL cases than FLIPI or FLIPI-2, but in this study patients were treated
208 exclusively with R-CHOP¹⁷. In our series, performance of PRIMA-PI did not improve FLIPI both in
209 R-CVP/R-CHOP or R-B subgroups. However, the limited number of patients treated with R-B in
210 our study preclude us to definitive conclusions.

211 In our cohort, m7-FLIPI showed prognostic value in FL patients treated with first-line rituximab-
212 based chemotherapy including R-B, although it was not as powerful as FLIPI, similar to the
213 observation in FL patients receiving rituximab without chemotherapy¹⁸. Interestingly, m7-FLIPI
214 had higher discrimination for PFS and OS in the group of patients treated with R-B compared
215 with the other 3 scores. This is in contrast with a recent analysis of the GALLIUM trial, in which
216 the m7-FLIPI was prognostic in patients treated with R-based regimens but not in obinutuzumab-
217 based regimens¹⁹. Moreover, when analysed by chemotherapy regimen, the m7-FLIPI was
218 prognostic in patients receiving CHOP/CVP-based treatment but not in the bendamustine-based
219 treatment. These results should be taken with caution given the limited number of patients
220 treated with R-B in both studies.

221 When evaluating the ability to predict POD24, FLIPI had the highest sensitivity and specificity,
222 however m7-FLIPI showed best accuracy among the four risk scores. Regarding the comparison
223 of performance metrics, all four risk-scores displayed a similar calibration. In addition, our study
224 supports the association between POD24 and OS after first-line immunochemotherapy (R-CVP,
225 R-CHOP and R-B), an assertion widely validated by multiple studies and recently confirmed in a
226 pooled analysis involving 5225 FL patients²⁰.

227 Recently, other risk scores have been proposed. We did not evaluate the FLEX score, developed
228 to improve the identification of high-risk patients in the GALLIUM trial and later validated using
229 data from the SABRINA trial, since we did not perform natural killer cell count analysis in
230 peripheral blood in the routine practice²¹. A novel score model called PReDiCt-FL has also been
231 developed considering the mutation status of 11 genes and cases with high-risk according to this
232 novel score have longer failure-free survival when treated with high dose intensification
233 followed by autologous transplant. However, no differences were observed for OS¹⁶.

234 Beyond mutation-based scores, other genetic-models are being proposed. A gene-expression
235 profiling predictive model using 23 genes reflecting both B-cell biology and tumour

236 microenvironment was built in advanced FL patients treated with R-based chemotherapy. This
237 score identified two groups of FL patients with remarkably different PFS independently of
238 rituximab maintenance and FLIPI score²². Recently, a transcriptomic predictor based on machine
239 learning models have been developed and validated for OS in FL²³.

240 To the best of our knowledge, this is the first study to directly compare the FLIPI, FLIPI-2, PRIMA-
241 PI and m7-FLIPI in patients treated with R-B. At many centers the standard treatment of patients
242 with advanced FL has switched to R-B. Our study provides a careful analysis of FL patients treated
243 with R-CVP/R-CHOP and R-B in the real-world setting. However, apart from its retrospective
244 nature, some limitations of this analysis include the relatively small sample size. Moreover, 43%
245 of initially identified cases could not be included for final analysis mainly due to exhausted blocks
246 or sequencing failure. The latter might have some impact on the outcomes of the study since
247 clinical characteristics differed from the final selected cohort. The long median follow-up of our
248 real-world series, essential for an adequate evaluation of survival in FL, caused a considerable
249 number of samples to be unsuitable for performing NGS studies. In addition, we also observed
250 higher number of NGS failures in the older samples. However, this study includes patients with
251 long follow-up after treatment with conventional R-CVP/R-CHOP. Follow-up of R-B patients was
252 shorter due to the later approval of this regimen in our country.

253 In conclusion, our data from a real-world cohort with long follow-up show that current available
254 scores provide information to predict outcome in FL patients, but the FLIPI remains the best in
255 identifying patients at high risk. The observation that m7-FLIPI might have better performance
256 than FLIPI in R-B treated patients remains to be confirmed. Efforts should now be directed
257 towards the development of tools that may help in selecting the optimal treatment in a more
258 precise way.

259

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266

267 **Authorship contributions.** JJRS performed the research and the statistical analysis, analyzed
268 and interpreted the results and wrote the manuscript. CFR performed the research, collected
269 and analyzed the NGS data and wrote the manuscript. LB, RDF, SP, AF, BS, EG and JS collected
270 and analyzed the clinical data. LFI and ML collected and analyzed the NGS data. JG performed
271 the bioinformatic analysis of NGS data. RR, JFG and LC performed histologic diagnostic. BB and
272 AG designed the research, analyzed and interpreted the results and wrote the manuscript. AS
273 designed the research, performed the research, analyzed and interpreted the results,
274 performed the statistical analysis and wrote the manuscript. All authors reviewed and
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276

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286

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