



**Renin-Angiotensin System Blockers and the Risk of COVID-19–Related Mortality in Patients with Kidney Failure**

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46 **Abstract:** <b>Background:</b> There is concern about potential deleterious effects of angiotensin-  
47 converting enzyme inhibitors (ACEi) and angiotensin II receptor blockers (ARB) in patients with COVID-  
48 19. Patients with kidney failure, who often use ACEi/ARB, are at higher risk of more severe COVID-19.  
49 However, there are no data available on the association of ACEi/ARB use with COVID-19 severity in this  
50 population.

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3 <b>Methods:</b> Data were retrieved from the ERACODA database of kidney transplant and dialysis  
4 patients affected by COVID-19, between February 1 and October 1 2020, and had information on 28-day  
5 mortality. Cox proportional-hazards regression was used to calculate hazard ratios (HRs) for the relation  
6 between ACEi/ARB use and 28-day mortality risk. Additionally, we studied the association of ACEi/ARB  
7 discontinuation with 28-day mortality.  
8

9 <b>Results:</b> We evaluated 1,511 patients, 459 kidney transplant recipients and 1,052 dialysis  
10 patients. At COVID-19 diagnosis, 189 (41%) of the transplant and 288 (27%) of the dialysis patients were  
11 on ACEi/ARB. In transplant, 88 (19%) and in dialysis patients 244 (23%) died within 28 days of initial  
12 presentation. In transplant and dialysis patients, there was no association between ACEi/ARB use and  
13 28-day mortality in both crude and adjusted models (adjusted HR=1.12, 95%CI: 0.69-1.83 in transplant;  
14 1.04, 95%CI: 0.73-1.47 in dialysis patients). Among transplant recipients, ACEi/ARB discontinuation was  
15 associated with higher mortality risk after adjustment for demographics and comorbidities, but the  
16 association was no longer statistically significant after adjustment for COVID-19 severity (adjusted  
17 HR=1.36, 95%CI: 0.40-4.58). Among dialysis patients, ACEi/ARB discontinuation was not associated with  
18 mortality in any model. Similar results were obtained across subgroups when ACEi and ARB were studied  
19 separately and when other outcomes for COVID-19 severity were studied e.g., hospital admission,  
20 intensive care unit admission or need for ventilator support.  
21

22 <b>Conclusions:</b> Amongst kidney transplant and dialysis patients with COVID-19, there was no  
23 significant association of ACEi/ARB use or ACEi/ARB discontinuation with mortality.  
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## Renin-Angiotensin System Blockers and the Risk of COVID-19–Related Mortality in Patients with Kidney Failure

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**Abstract**

**Background:** There is concern about potential deleterious effects of angiotensin-converting enzyme inhibitors (ACEi) and angiotensin II receptor blockers (ARB) in patients with COVID-19. Patients with kidney failure, who often use ACEi/ARB, are at higher risk of more severe COVID-19. However, there are no data available on the association of ACEi/ARB use with COVID-19 severity in this population.

**Methods:** Data were retrieved from the ERACODA database of kidney transplant and dialysis patients affected by COVID-19, between February 1 and October 1 2020, and had information on 28-day mortality. Cox proportional-hazards regression was used to calculate hazard ratios (HRs) for the relation between ACEi/ARB use and 28-day mortality risk.

Additionally, we studied the association of ACEi/ARB discontinuation with 28-day mortality.

**Results:** We evaluated 1,511 patients, 459 kidney transplant recipients and 1,052 dialysis patients. At COVID-19 diagnosis, 189 (41%) of the transplant and 288 (27%) of the dialysis patients were on ACEi/ARB. In transplant, 88 (19%) and in dialysis patients 244 (23%) died within 28 days of initial presentation. In transplant and dialysis patients, there was no association between ACEi/ARB use and 28-day mortality in both crude and adjusted models (adjusted HR=1.12, 95%CI: 0.69-1.83 in transplant; 1.04, 95%CI: 0.73-1.47 in dialysis patients). Among transplant recipients, ACEi/ARB discontinuation was associated with higher mortality risk after adjustment for demographics and comorbidities, but the association was no longer statistically significant after adjustment for COVID-19 severity (adjusted HR=1.36, 95%CI: 0.40-4.58). Among dialysis patients, ACEi/ARB discontinuation was not associated with mortality in any model. Similar results were obtained across subgroups when ACEi and ARB were studied separately and when other outcomes for COVID-19 severity were studied e.g., hospital admission, intensive care unit admission or need for ventilator support.

**Conclusions:** Amongst kidney transplant and dialysis patients with COVID-19, there was no significant association of ACEi/ARB use or ACEi/ARB discontinuation with mortality.

## Introduction

Renin-angiotensin system (RAS) blockade either by angiotensin-converting enzyme inhibitors (ACEi) or angiotensin-receptor blockers (ARBs) is the first-choice treatment for patients with heart failure, myocardial infarction and proteinuric kidney disease. Over the past two decades, several studies have suggested that RAS blockade is capable of increasing ACE2 expression in different tissues including the heart, vasculature and lungs(1–3). Circulating ACE2 activity, in particular, is increased in dialysis patients on ARB treatment(3). Coronaviruses use ACE2 as a receptor to enter type II pneumocytes(4) thus there is a theoretical concern that ACEi/ARB use may lead to a more severe clinical course following infection with coronaviruses. Conversely, potential protective effects have also been described(5). Fang et al. hypothesized that in theory patients with hypertension, diabetes or cardiac diseases treated with RAS blockers might be at higher risk for more severe disease when infected with the novel coronavirus SARS-CoV 2(6). Without evidence to support this hypothesis, several professional societies, including the European Society of Hypertension, the American College of Physicians, and the European Renal Association issued statements recommending that ACEi/ARBs be continued in patients with COVID-19 while simultaneously strongly advocating for research to be undertaken to elucidate any potential role of ACEi/ARB as determinants of COVID-19 severity(7).

COVID-19 is a new disease that has spread rapidly across the world since its discovery in 2019(7). Randomized clinical trials (RCTs) aiming to assess the effect of ACEi/ARB discontinuation or initiation on COVID-19 related outcomes are currently ongoing and the results of one, not focused on kidney disease patients, were recently made public(7). Observational clinical data on this topic are scarce and limited to non-kidney disease populations. Of note, the use of ACEi/ARB is higher among patients with CKD and increases with CKD severity. Moreover, patients with CKD are especially at higher risk of developing severe COVID-19, a risk which increases exponentially with the severity of CKD(8,9). For these reasons, the nephrology community urgently needs to ascertain if RAS blockade can, at least in part, explain the severity of COVID-19 in this patient population.



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3 In response to the COVID-19 pandemic, a European database (ERACODA) was  
4 established to investigate the course and outcome of COVID-19 in patients living with a  
5 kidney transplant or on maintenance dialysis therapy(5,10). This database was used to  
6 investigate the association between the use of ACEi/ARB and the risk of 28-day mortality in  
7 patients with kidney failure and COVID-19. Additionally, we studied the effect of ACEi/ARB  
8 discontinuation, at the point of admission for COVID-19, on 28-day mortality risk.  
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## 15 **Methods**

### 16 ***Study design and participants***

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18 This observational study included information from the ERACODA database, which is  
19 endorsed by the European Renal Association – European Dialysis and Transplantation  
20 Association (ERA-EDTA). The ERACODA database was established in March 2020 and  
21 currently involves the cooperation of approximately 200 physicians representing 128 centers  
22 in 28 countries, mostly in Europe or bordering the Mediterranean Sea. Data is gathered on  
23 adult patients ( $\geq 18$  years old) with kidney failure, either on long-term dialysis or with a  
24 functioning kidney allograft, who have been diagnosed with COVID-19 based on a positive  
25 result on a real-time polymerase chain reaction assay of nasal or pharyngeal swab  
26 specimens, and/or compatible findings on a computer tomography scan of the lungs. Data  
27 are collected from outpatients as well as hospitalized patients. Physicians responsible for  
28 these patients' care register detailed demographic data including information pertaining to  
29 disease severity, treatment and outcomes.  
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45 The ERACODA database is hosted at the University Medical Center Groningen, the  
46 Netherlands, and uses REDCap software (Research Electronic Data Capture, Vanderbilt  
47 University Medical Center, Nashville, TN, USA) for data collection(5). Patient identifiable  
48 information is stripped from each record and data are stored pseudonymized. The study was  
49 approved by the Institutional Review Board of the University Medical Center Groningen  
50 (Netherlands), who deemed the collection and analysis of data exempt from ethics review in  
51 the context of the Medical Research Involving Human Subjects Act (WMO).  
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This observational study was designed by the ERACODA Working Group who also runs the database assisted by a Management Team and an Advisory Board (members listed in the Acknowledgements).

### **Data collection**

Dialysis and transplant patients who presented with COVID-19 between 1<sup>st</sup> February and 1<sup>st</sup> October 2020 and on whom there was information on status 28 days after initial presentation were included in this analysis. The primary study outcome was 28-day mortality. Secondary outcomes were hospitalization, intensive care unit (ICU) admission and ventilator support. Outcomes were recorded with end of follow-up at day 28, with the last follow-up data entered on October 29, 2020.

Detailed information was collected on patient characteristics (including demographics, height, weight, frailty score, comorbidities and medication use) and COVID-19 related characteristics (the reason for COVID-19 screening, presenting symptoms, vital signs and laboratory test results) at presentation. The use of ACEi/ARB was recorded at two occasions: at presentation and later changes in dosing or discontinuation of these drugs during the first 48 hours after hospital admission were recorded. For the primary analysis, patients who were treated with ACEi/ARB at presentation were classified as users irrespective of whether they discontinued ACEi/ARB use within 48hr of hospital admission. For an additional analysis, users who discontinued ACEi/ARB use within 48hr of hospital admission were classified as discontinuers and those who continued were classified as continuers.

Additionally, data on change in dosing or discontinuation of immunosuppressive drugs, and the start of anti-inflammatory therapy and anti-viral therapy were collected. Anti-viral medications referred to the use of (hydroxy)chloroquine, Lopinavir/ritonavir, Remdesivir, Interferon, Azithromycin or other anti-viral medications. Anti-inflammatory medications referred to the use of Tocilizumab, Anakinra, High dose steroids or other anti-inflammatory medications. Frailty was assessed on a scale of 1 to 9 based on the Clinical Frailty Scale (CFS).<sup>9</sup> The CFS uses clinical descriptors and pictographs to generate a frailty score for a

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3 patient, a score of 1 represents very fit and score of 9 represents terminally ill. Body mass  
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5 index (BMI) was calculated as weight in kilograms divided by height in meters squared.  
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7 Obesity was defined as BMI  $\geq 30$  kg/m<sup>2</sup>. Estimated glomerular filtration rate was estimated  
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9 with CKD-EPI equation using serum creatinine collected at presentation. Comorbidities were  
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11 recorded from patient records.  
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### 13 **Statistical analysis**

14  
15 Baseline characteristics of the patients included in the study are presented according to  
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17 ACEi/ARB use for dialysis patients and transplant recipients separately. Continuous data are  
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19 presented as mean  $\pm$  standard deviation (SD) or median with interquartile range for non-  
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21 normally distributed data. Categorical data are presented as percentages. Characteristics  
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23 between groups were compared using student's t-test for continuous variables (Mann-  
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25 Whitney U-test for non-normally distributed data) and Pearson chi-2 statistics for categorical  
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27 variables.  
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31 The association of ACEi/ARB use (vs. non-use) with 28-day mortality and secondary  
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33 outcomes was examined in dialysis and transplant patients separately. Cumulative survival  
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35 probabilities were plotted in Kaplan-Meier curves and were compared using the log-rank test  
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37 for 28-day mortality. Cumulative incidence function was calculated for secondary outcomes  
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39 given the competing risk from mortality. Cox proportional-hazards regression models were  
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41 used to estimate hazard ratios (HRs) and 95% confidence intervals (CI) for the risk of primary  
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43 and secondary outcomes. To account for competing risk from mortality, the cause-specific  
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45 hazard was calculated for secondary outcomes.  
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48 Multiple models were constructed to account for potential confounders. Model 1 is a  
49  
50 crude (unadjusted) model. In Model 2, we adjusted for age, sex and clinical frailty scale (i.e.  
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52 the most important factors related to prognosis in previous analyses of the ERACODA  
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54 database). In model 3, we additionally adjusted for systolic blood pressure, diabetes and  
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56 heart failure (comorbidities predisposing for the use of ACEi/ARB). Model 4 was further  
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58 adjusted for anti-inflammatory therapy and anti-viral therapy. For the primary outcome (28-  
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60 day mortality) we also investigated interaction between the type of kidney replacement

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3 therapy and ACEi/ARB use. We did not adjust for disease severity in this analysis because  
4 use of ACEi/ARB may be responsible for disease severity. Therefore, disease severity is in  
5 the causal pathway between ACEi/ARB use and outcomes, and was considered as a  
6 mediator and not as a confounder. The assumption of proportionality was confirmed by visual  
7 inspection of Schoenfeld residuals.  
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14 To assess the robustness of our findings, we performed additional analyses. Firstly, in  
15 model 5, we adjusted for variables that showed a statistically significant difference in their  
16 distribution between ACEi/ARB users and non-users, except variables related to COVID-19  
17 disease severity. Disease severity may be a consequence of use/non-use of ACEi/ARB and  
18 might thus be causal. Secondly, we examined our results for kidney transplant recipients  
19 when additionally adjusting for baseline kidney function. Thirdly, we investigated whether the  
20 association of ACEi/ARB use with 28-day mortality varies across subgroups of age (<65  
21 years versus ≥65 years); sex (male versus female); obesity, hypertension, diabetes or heart  
22 failure status (yes versus no)). Fourthly, we examined whether any association with 28-day  
23 mortality differed between ACEi users and ARB users. Fifthly, we excluded patients who  
24 were diagnosed with COVID-19 only based on CT scan or X-ray findings and repeated our  
25 analyses. Further, to account for a potential selection bias, we repeated the analyses in  
26 hospitalized patients only. We also investigated the association of ACEi/ARB use with 28-day  
27 mortality in propensity score matched users and non-users of ACEi/ARB.  
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43 Finally, we examined characteristics of continuers and discontinuers of ACEi/ARB use  
44 and examined the association of continuation/discontinuation of ACEi/ARB use with 28-day  
45 mortality. This analysis was performed only in hospitalized patients as a decision to continue  
46 or discontinue treatment is more likely in hospitalised patients. A total of 448 hospitalized  
47 patients who were on ACEi/ARB and had information on ACEi/ARB continuation or  
48 discontinuation upon hospitalization, were analysed. Disease severity could be the reason for  
49 ACEi/ARB discontinuation in these patients thus in model 5, we adjusted further for factors  
50 related to COVID-19 disease severity including cough, shortness of breath, fever, pulse rate,  
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3 respiration rate, lymphocyte count, C-reactive protein and >25% serum creatinine rise  
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5 compared to pre-COVID-19 baseline.  
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7           Patients with missing information on day 28 vital status and ACEi/ARB use were  
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9 excluded from the analysis. To assess differences between those included in analysis and  
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11 those with missing information, their age, sex, frailty and comorbidities and disease severity  
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13 related characteristics were compared. Missingness on other variables included in analysis  
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15 (frailty: 38 in transplant, 137 in dialysis patients; systolic blood pressure: 75 in transplant, 203  
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17 in dialysis patients; anti-viral drug use: 3 in transplant, 4 in dialysis patients; anti-inflammatory  
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19 drug use: 3 in transplant, 3 in dialysis patients) was handled on pairwise deletion basis. As a  
20  
21 confirmatory analysis, association was investigated after multiple imputation using chained  
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23 equations.  
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26           All analyses were performed using Stata version 14.0 (College Station, TX). A 2-sided  
27  
28 P value < 0.05 indicated statistical significance.  
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## Results

As of October 29, 2020, data have been collected of 1,804 patients. 1,511 of these patients had complete information on vital status at day 28 and ACEi/ARB use (Figure S1). 459 were kidney transplant and 1,052 were dialysis patients. 189 (41%) transplant patients and 288 (27%) dialysis patients were on ACEi/ARB treatment.

### *Baseline characteristics*

Baseline characteristics for users and non-users of ACEi/ARB in kidney transplant and dialysis patients are presented in Table 1.

Kidney transplant recipients included in the study were predominantly male (60%) with an average age of 59 years. The commonest comorbidities were hypertension (84%) and diabetes (31%). Characteristics of ACEi/ARB users and non-users were broadly comparable although ACEi/ARB users were less frail with higher prevalence of hypertension and lower prevalence of heart failure and chronic lung disease. They had been transplanted for a longer period, had higher body temperature and were less often on prednisone and more often on mTOR inhibitors.

Dialysis patients were on average 66 years old and the majority were also male (61%). ACEi/ARB users were younger, less frail, more often males and current smokers with higher systolic and diastolic blood pressure and higher prevalence of hypertension, diabetes, and diabetic kidney disease. They were more likely to be on peritoneal dialysis and to have residual diuresis.

### *Association with 28-day mortality*

In transplant recipients, 28-day mortality was 17% (95% CI: 13%-24%) in ACEi/ARB users and 20% (95% CI: 16%-26%) in non-users. In dialysis patients, these numbers were 21% (95% CI: 17%-26%) and 24% (95% CI: 21%-27%), respectively (Supplemental Table 1).

There was no statistically significant difference in cumulative survival probabilities between ACEi/ARB users and non-users ( $p=0.45$  in transplant recipients and  $p=0.26$  in dialysis patients) (Figure 1). In transplant patients, Cox regression analysis indicated no

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2  
3 statistically significant association between ACEi/ARB use and 28-day mortality. This  
4  
5 association was not statistically significant in the crude model nor in any of the multivariable  
6  
7 adjusted models (in the final model 4 HR=1.12, 95% CI: 0.69-1.83) (Table 2). Results were  
8  
9 similar among dialysis patients (in the final model 4 HR=1.04, 95% CI: 0.73, 1.47) (Table 2)  
10  
11 (p for interaction between type of kidney replacement therapy and ACEi/ARB use status =  
12  
13 0.88). Visualization of Schoenfeld residuals did not indicate a violation of the proportional-  
14  
15 hazards assumption (Supplemental Figure 2).  
16  
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#### 20 *Association with hospitalization, ICU admission and ventilator support*

21  
22 Distribution of hospitalization, ICU admission and ventilator support among ACEi/ARB users  
23  
24 and non-users is shown in Figure 2 and Supplemental Table 1.  
25

26  
27 There was no statistically significant difference in cumulative outcome probabilities  
28  
29 between ACEi/ARB users and non-users for hospitalization, ICU admission or ventilator  
30  
31 support (Supplemental Figures 3-5). Similar to the association with 28-day mortality, in fully  
32  
33 adjusted model, ACEi/ARB use was not associated with any of the secondary outcomes in  
34  
35 transplant and dialysis patients (Table 3).  
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#### 40 *Additional analyses*

41  
42 Further adjustment for variables that showed a statistically significant difference in their  
43  
44 distribution between ACEi/ARB users and non-users resulted in similar findings regarding  
45  
46 association with primary and secondary outcomes (Supplemental Table 2). When additionally  
47  
48 adjusting for kidney function in model 4, the HR for the association of ACEi/ARB use with 28-  
49  
50 day mortality was 1.08 (95% CI: 0.66, 1.77) in kidney transplant recipients. The association  
51  
52 of ACEi/ARB use with 28-day mortality did not vary across subgroups by age (<65 years/65  
53  
54 years and older), sex (male/female), obesity status (yes/no), hypertension status (yes/no),  
55  
56 diabetes status (yes/no) or heart failure status (yes/no) (p for interaction for all subgroups  
57  
58 >0.05) (Supplemental Figure 6). Also, the interaction between ACEi and ARB use for  
59  
60 association with 28-day mortality in a fully adjusted model was not statistically significant

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1  
2  
3 among transplant as well as dialysis patients ( $p$  for interaction=0.99 among transplant and  
4 dialysis patients). In an analysis of patients diagnosed solely based on a COVID-19 test and  
5 in an analysis of hospitalized patients only, the results were similar to the overall results  
6 (Tables S3 and S4). When comparing propensity score matched users and non-users of  
7 ACEi/ARB, the HR for the association of ACEi/ARB use with our primary outcome (i.e. 28-  
8 day mortality) was 1.05 (95% CI: 0.65, 1.70) in transplant patients and 1.02 (95% CI: 0.72,  
9 1.46) in dialysis patients. A comparison of continuers vs. discontinuers showed that among  
10 transplant patients, the group that discontinued ACEi/ARB use had a higher respiratory rate  
11 and higher prevalence of shortness of breath and worsening creatinine (>25%). Among  
12 dialysis patients, the group that discontinued ACEi/ARB use had a higher prevalence of  
13 obesity and cough and had higher temperature, respiration rate and pulse rate (Table S5).  
14 Cox proportional hazards regression analysis in transplant patients indicated a significantly  
15 higher risk of 28-day mortality in discontinuers compared with continuers in a crude model  
16 (model 1) and multivariable models (models 2-4), but this association was no longer  
17 statistically significant when adjusted for COVID-19 disease severity related variables on  
18 admission (model 5, Table 4). Among dialysis patients this association was not statistically  
19 significant in any of the models (Table 4). Regarding data completeness, characteristics were  
20 generally comparable between those included in the analysis and those with missing  
21 information (Table S6). Characteristics were also comparable between those included in  
22 analysis and those with missing information on 28-day vital status, suggesting that outcomes  
23 were also likely comparable between these groups (Table S7). Results from the analysis of  
24 multiple imputed dataset were similar to the overall results (Table S8).  
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## Discussion

Among dialysis patients and kidney transplant recipients diagnosed with COVID-19, we found no significant association between prior ACEi/ARB use or ACEi/ARB continuation and 28-day mortality after adjusting for baseline demographics, comorbidities, and the severity of COVID-19. There was also no substantially higher risk for secondary outcomes, including the incidence of hospital admission, ICU admission or mechanical ventilator support. Although unadjusted analyses suggested that ACEi/ARB discontinuation in kidney transplant recipients was associated with worse mortality rates, as expected this association effect was lost after adjusting for COVID-19 disease severity.

ACE2 is a carboxypeptidase homologue of ACE discovered in the year 2000 that promotes the degradation of angiotensin (Ang) II (vasoconstrictor effects) to Ang 1-7 (vasodilatory effects) and Ang I to Ang 1-9(11). ACE2 expression was initially thought to be restricted to the testis, kidney, and heart, but later studies demonstrated widespread ACE2 distribution in the lung, liver, small intestine, brain, and placenta among others(12). Whereas ACE is highly expressed in the lungs, ACE2 is abundantly expressed in the kidneys. Within the kidney, ACE2 has explicitly been found in the apical membranes of the proximal tubules and in the glomerular epithelial cells (podocytes)(13). Coronaviruses use ACE2 as a receptor to enter type II pneumocytes or alveolar epithelial type II, thus the presence of ACE2 protein in lungs is important for virus cell entry(4). Preliminary studies during the past two decades suggest that RAS blockade upregulates ACE2 expression in different organs and tissues(1,2); however its effect on lungs, mainly in type II pneumocytes, had not been assessed. Reviewing this knowledge in an editorial, Fang et al. hypothesized that in theory patients with chronic disease such as diabetes and hypertension treated with ACE2-increasing drugs, might be at higher risk for severe COVID-19 infection and suggested that calcium channel blockers may represent a suitable alternative treatment in these patients(6). The publication of this hypothesis in *The Lancet Respiratory Medicine* created unrest and led to suggestions that RAS blockade should be stopped not only as part of COVID-19 treatment protocols but in all high-risk patients to minimize problems when being infected. However, the

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3 advantages of such an approach should be weighed against the effect that the withdrawal of  
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5 RAS blockade could have on patients not infected with COVID-19, but for instance with  
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7 chronic kidney disease. In such patients RAS blockade has been proven efficacious to  
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9 prevent hard clinical outcomes, among which hospital admissions, kidney failure and death.  
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11 Several research groups and societies advised therefore to continue RAS blockade pending  
12  
13 evidence to support or refute Fang's hypothesis(14).  
14

15  
16 Several studies, including the ERACODA cohort, have demonstrated that the  
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18 mortality rate in patients with kidney failure, either dialysis or kidney transplant patients, is  
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20 high(10,15–17). A study using the OpenSAFELY health analytics platform, which includes  
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22 data of more than 17 million people in the UK, among whom almost 11,000 died from  
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24 COVID-19, suggested that dialysis and transplant patients are even at higher risk than those  
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26 with other known risk factors, including chronic heart and lung disease(8,18). Given that  
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28 kidney failure reduces life expectancy after COVID-19 infection, it is crucial to ascertain  
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30 whether ACEi/ARB use or continuation worsens mortality associated with COVID-19 infection  
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32 in this specific population.  
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35 To date, several observational cohort studies have focused on the effect of RAS  
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37 blockade on the severity of COVID-19 infected patients<sup>13–17</sup>. However, to our knowledge none  
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39 of these studies mention the impact of RAS blockade specifically in patients with kidney  
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41 failure (treated with dialysis or a kidney transplant). A recent analysis of 12,500 patients  
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43 tested for COVID-19 showed no association of previous treatment with RAS blockade with a  
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45 higher risk of testing positive for COVID-19(19). Besides, there was no association between  
46  
47 RAS blockade treatment and the severity of COVID-19. Similarly, another study found no  
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49 association of RAS blockade with the risk of COVID-19 nor the severity of the disease(21).  
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51 Our study furthers this knowledge because it demonstrates that additionally RAS blockade is  
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53 not associated with survival in patients with kidney failure and COVID-19.  
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56 In another study of 681 patients with hypertension and confirmed or clinically  
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58 suspected COVID-19(20), ARB treatment was not associated with mortality, severity or other  
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60 in-hospital complications. Interestingly, this study also assessed the association of ARB

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3 discontinuation with mortality and severity of COVID-19. Surprisingly, and in contrast to  
4 expectation, ARB discontinuation was associated with a higher risk of mortality, invasive  
5 ventilation, and AKI(20)(21). Similarly, in our study RAS discontinuation was associated with  
6  
7 higher 28-day mortality in kidney transplant recipients. However, after adjusting for the  
8 severity of the disease, this effect was lost. Based on these findings, we suggest that disease  
9 severity could be at least in part responsible for discontinuation of ACEi/ARB use and  
10 therefore likely accountable for the excess risk of mortality in ACEi/ARB discontinuers. One  
11 might speculate that patients with severe disease at admission, who are more likely to  
12 develop shock and AKI, will be those in whom RAS blockade will be withdrawn.  
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22 Our study is observational which, by definition, is a limitation. In addition, some  
23 patients in our study may not have been on RAS blockade because of intolerance, such as  
24 electrolyte derangement or pre-existing low blood pressure, and this could not be considered  
25 for further analysis. RCTs are needed to ascertain the real effect of RAS blockade on  
26 COVID-19 risk and severity of COVID-19. Following the COVID-19 pandemic outbreak,  
27 several RCTs have been initiated including the BRACE-CORONA study, ACORES-2,  
28 REPLACE COVID, RASCOVID-19 and ACEi-COVIDs(7,24–26). However, none have  
29 focused on patients with kidney failure. The first study with results, the BRACE CORONA  
30 study, examined continuing versus discontinuing ACEi/ARB in patients on these medications  
31 who were hospitalized with COVID-19 infection(27). The results were recently presented at  
32 the European Society of Cardiology Congress proving that among patients hospitalized with  
33 COVID-19 and receiving chronic ACEi/ARB, discontinuing ACEi/ARB was neither beneficial  
34 nor deleterious with regards to mortality or length of hospitalization(27). In concordance, the  
35 REPLACE study, that examined continuation vs discontinuation of ACEI or ARB therapy  
36 among patients admitted to the hospital with COVID-19, demonstrated no differences in the  
37 severity of COVID-19 disease course in terms of length of hospital stay, need for intensive  
38 care, invasive mechanical ventilation, or death(24). Our results specifically in patients with  
39 kidney failure extend these data.  
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3           In this observational cohort study which includes a large number of dialysis and  
4 kidney transplant patients with COVID-19, previous use of ACEi/ARB was not associated  
5 with an higher risk of 28-day mortality. Furthermore, the discontinuation of ACEi/ARB was not  
6 linked with risk of death in kidney transplant and dialysis patients with COVID-19. In the  
7 COVID-19 pandemic era, our study suggests that RAS blockade in patients with kidney  
8 failure can be continued. Routine withdrawal of RAS blockade in patients with kidney failure  
9 who are at risk of cardiovascular and kidney events will confer significantly more harm.  
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**Disclosures:**

C. Basile reports serving on the Editorial Board of *Journal of Nephrology* and the Editorial Board of *Nephrology Dialysis Transplantation*.

A. Covic reports consultancy agreements with Fresenius Medical Care; receiving honoraria from Fresenius Medical Care; and serving on the *International Urology and Nephrology* Editorial Board, EUDIAL working group of the ERA EDTA, and as President of the Romanian Society of Nephrology.

M. Crespo reports employment with Hospital del Mar; receiving speaker honoraria from Astellas, Chiesi, and Novartis; and serving as coordinator of the Transplant Group of the Spanish Society of Nephrology and belonging to the Board of the Descartes Group of EDTA.

G. De arriba reports employment with University Hospital Guadalajara.

R. Duivenvoorden reports employment with Radboudumc.

R.T. Gansevoort reports employment with Univ Med Ctr Groningen; consultancy agreements with AstraZeneca, Bayer, Galapagos, Otsuka Pharmaceutical, and Sanofi-Genzyme; receiving research funding from AstraZeneca, Bayer, Galapagos, Otsuka Pharmaceutical, and Sanofi-Genzyme; receiving honoraria from Bayer, Galapagos, Otsuka Pharmaceuticals, and Sanofi-Genzyme; and serving as a scientific advisor or member of *American Journal of Kidney Diseases*, *CJASN*, *Journal of Nephrology*, *Kidney360*, *Nephrology Dialysis Transplantation*, and *Nephron Clinical Practice*.

Z.A. Massy reports employment with Ambroise Paré University Hospital (University of Paris Ouest -UVSQ); receiving research funding from Amgen, Baxter, Fresenius Medical Care, Genzyme-Sanofi, GlaxoSmithKline, Lilly, Merck Sharp and Dohme-Chibret, and Otsuka, and Government support for CKD REIN PROJECT AND EXPERIMENTAL PROJECTS; receiving honoraria to the charities or for travel from Astellas, Baxter, and Genzyme-Sanofi; and serving as a scientific advisor or member of *Journal of Nephrology*, *Journal of Renal Nutrition*, *Kidney International*, *Nephrology Dialysis Transplantation*, and *Toxins*.

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5 Center Groningen.  
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8 A. Ortiz reports employment with Fundacion Jimenez Diaz; Universidad Autonoma de  
9  
10 Madrid; receiving consultancy agreements with Genzyme Sanofi and Retrophin; receiving  
11  
12 research funding from AstraZeneca, Mundipharma, and Sanofi Genzyme; receiving  
13  
14 honoraria from Advicienne, Alexion, Amgen, Amicus, AstraZeneca, Bayer, Freeline,  
15  
16 Fresenius Medical Care, Genzyme, Kyowa Kirin, Menarini, Mundipharma, OM Pharma,  
17  
18 Otsuka, Shire, and Vifor Fresenius Medical Care Renal Pharma; serving as a scientific  
19  
20 advisor or member of Spanish Society of Nephrology, *Clinical Kidney Journal* Editor-in-Chief,  
21  
22 *Journal of Nephrology* and *JASN* and *Peritoneal Dialysis International* Editorial Boards,  
23  
24 ERA-EDTA Council, Board of Directors IIS-Fundacion Jimenez Diaz UAM, and Dutch Kidney  
25  
26 Foundation Scientific Advisory Board; honoraria for speaker engagements from Advicienne,  
27  
28 Alexion, Amgen, Amicus, AstraZeneca, Bayer, Freeline, Fresenius Medical Care, Genzyme,  
29  
30 Kyowa Kirin, Menarini, Mundipharma, OM Pharma, Otsuka, Shire, and Vifor Fresenius  
31  
32 Medical Care Renal Pharma.  
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36 E. Petrides reports employment with Pancyprian Kidney Organization; serving as Vice  
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40 Health Alliance and European Kidney Patients' Federation.  
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43 M.J. Soler reports employment with Hospital del Vall d'Hebron; consultancy agreements with  
44  
45 AstraZeneca, Boehringer, Esteve, Jansen, Mundipharma, and Novonordisk; receiving  
46  
47 research funding from Abbvie and Boehringer; receiving honoraria from AstraZeneca,  
48  
49 Boehringer, Esteve, FMC, Jansen, Mundipharma, Novonordisk, and Otsuka; serving as a  
50  
51 scientific advisor or member of *BMC Nephrology*, CKJ, ERA-EDTA Council member, and  
52  
53 SAB ERA-EDTA; and other interests/relationships with Sociedad Española de Nefrología and  
54  
55 Sociedad Catalana de Nefrologia (member).  
56

57  
58 K. Stevens reports employment with NHS GG&C and serving as an ERA-EDTA Council  
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60 Member.

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P. Vart reports employment with Radboud University and serving as an Associate Editor for *BMC Public Health*.

C. White reports employment with Irish Kidney Association and other interests/relationships with European Kidney Health Alliance, European Kidney Patients Federation, European Renal Association, European Society for Organ Transplantation, European Transplant & Dialysis Sports Federation, and World Transplant Games Federation.

The remaining authors have nothing to disclose.

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All authors contributed to data collection, study design, data analysis, interpretation, and drafting of this paper.

*The ERACODA collaboration* is an initiative to study prognosis and risk factors for mortality due to COVID-19 in patients with a kidney transplant or on dialysis that is endorsed by the ERA-EDTA. ERACODA is an acronym for European Renal Association CCOVID-19 Database. The organizational structure contains a Working Group assisted by a Management Team and an Advisory Board.

The *ERACODA Working Group* members: Franssen CFM, Gansevoort RT (coordinator), Hemmelder MH, Hilbrands LB and Jager KJ.

The *ERACODA Management Team* members: Duivenvoorden R, Noordzij M and Vart P.

The *ERACODA Advisory Board* members: Abramowicz D, Basile C, Covic A, Crespo M, Massy ZA, Mitra S, Petridou E, Sanchez JE, White C.

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2  
3 We thank all people that entered information in the ERACODA database for their  
4 participation, and especially all healthcare workers that have taken care of the included  
5 COVID-19 patients.  
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10 ***Data Sharing Statement:***

11  
12 Collaborators that entered data in ERACODA remain owner of these data. The database can  
13 therefore not be disclosed to any third party without the prior written consent of all data  
14 providers. Research proposals can be submitted to the Working Group via  
15 COVID.19.KRT@umcg.nl. If deemed of interest and methodological sound by the Working  
16 Group and Advisory Board, the analyses needed for the proposal will be carried out by the  
17 Management Team.  
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## Figure legend

**Figure 1:** Cumulative survival probability in: A) transplant patients (left panel) and B) dialysis patients (right panel) among ACEi/ARB users and non-users.

**Figure 2:** Distribution of: A) hospitalization; B) ICU admission and C) ventilator support in dialysis and transplant patients by ACEi/ARB use.

## Supplemental Material

Appendix 1: Affiliations and names of collaborative authors

Supplemental Table 1: Distribution of 28-day mortality, hospitalization, ICU admission and ventilator support in ACEi/ARB users and non-users in transplant and dialysis patients (presented are proportions with 95% confidence interval)

Supplemental Table 2: Association of ACEi/ARB use with 28-day mortality with primary and secondary outcomes in model 5

Supplemental Table 3: Association of ACEi/ARB use with 28-day mortality (only PCR positive cases). Presented are hazard ratios (95% confidence interval) in transplant and dialysis patients, separately\*

Supplemental Table 4: Association of ACEi/ARB use with 28-day mortality (hospitalized patients only). Presented are hazard ratios (95% confidence interval) in transplant and dialysis patients, separately\*

Supplemental Table 5: Characteristics of kidney transplant and dialysis patients with COVID-19, overall and according to ACEi/ARB use status (continue/discontinue)

Supplemental Table 6: Baseline characteristics by missingness status

Supplemental Table 7: Baseline characteristics by 28-day mortality missingness status

Supplemental Table 8: Association of ACEi/ARB use with 28-day mortality in multiple imputed dataset.

Presented are hazard ratios (95% confidence interval) in transplant and dialysis patients, separately\*

Supplemental Figure 1: Flow chart of study participants selection.

Supplemental Figure 2: Test of proportionality in 28-day mortality analysis for A) ACEi/ARB users vs. non-users in transplant patients B) ACEi/ARB users vs. non-users in dialysis patients

Supplemental Figure 3: Cumulative hospitalization incidence in: A) transplant patients and B) dialysis patients by ACEi/ARB use

Supplemental Figure 4: Cumulative ICU admission incidence in: A) transplant patients and B) dialysis patients by ACEi/ARB use

Supplemental Figure 5: Cumulative ventilator support incidence in: A) transplant patients and B) dialysis patients by ACEi/ARB use

Supplemental Figure 6: Association of ACEi/ARB use with 28-day mortality across subgroups of age (<65 years/≥65 years), sex (female/male), obesity (no/yes), hypertension (no/yes), diabetes (no/yes), heart failure (no/yes) in: A) transplant patients and B) dialysis patients

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**Table 1: Characteristics of kidney transplant and dialysis patients with COVID-19, overall and according to ACEi/ARB use status (non-users/users).**

Patient Characteristics	Kidney transplant recipients			Dialysis patients		
	All N=459	ACEi/ARB use status		All N=1,052	ACEi/ARB use status	
		Non-users N=270	Users N=189		Non-users N=764	Users N=288
Male sex, %	276 (60)	154 (57)	122 (65)	641 (61)	440 (58)	201 (70)
Age, year	59 ± 13	60 ± 14	58 ± 12	66 ± 15	67 ± 14	63 ± 16
BMI, kg/m <sup>2</sup>	27 ± 5	27 ± 5	27 ± 5	27 ± 5	27 ± 6	27 ± 5
Race						
Asian, %	12 (3)	4 (2)	8 (4)	35 (3)	18 (2)	17 (6)
Black or African descent, %	33 (7)	24 (9)	9 (5)	55 (5)	28 (4)	27 (9)
White or Caucasian, %	395 (85)	228 (84)	167 (88)	903 (86)	674 (88)	229 (80)
Other or unknown, %	19 (4)	14 (5)	5 (3)	59 (6)	44 (6)	15 (5)
Tobacco use						
Current, %	20 (4)	16 (6)	4 (2)	80 (7)	48 (6)	32 (11)
Prior, %	110 (24)	67 (25)	43 (23)	237 (23)	169 (22)	68 (24)
Never, %	236 (51)	137 (51)	99 (52)	490 (47)	358 (47)	490 (46)
Unknown, %	93 (20)	50 (19)	43 (23)	245 (23)	189 (25)	56 (19)
Clinical frailty scale, AU	3.0 ± 1.6	3.2 ± 1.7	2.8 ± 1.5	4.0 ± 1.8	4.1 ± 1.8	3.7 ± 1.8
Patient identification						
Symptoms only, %	301 (88)	171 (88)	130 (88)	559 (65)	391 (62)	168 (70)
Symptoms and contact, %	28 (8)	14 (7)	14 (10)	145 (17)	111 (18)	34 (14)
No symptoms but contact, %	2 (1)	1 (1)	1 (1)	76 (9)	55 (9)	21 (9)
Routine screening, %	11 (3)	9 (5)	2 (1)	85 (10)	69 (11)	16 (7)
COVID-19 test result (positive), %	425 (94)	249 (95)	176 (94)	994 (97)	723 (97)	271 (95)
X-ray abnormality (yes),* %	219 (49)	122 (46)	97 (52)	317 (31)	226 (30)	91 (33)
CT scan abnormality (yes)**, %	145 (32)	82 (31)	63 (34)	330 (32)	246 (33)	84 (30)
Asymptomatic,* %	9 (2)	5 (2)	4 (2)	158 (15)	115 (15)	43 (15)
Comorbidities						
Obesity, %	86 (22)	47 (20)	39 (24)	202 (22)	143 (22)	59 (24)
Hypertension, %	385 (84)	206 (76)	179 (95)	883 (84)	619 (81)	264 (92)
Diabetes Mellitus, %	141 (31)	88 (33)	53 (28)	448 (43)	307 (40)	141 (49)
Coronary artery disease, %	91 (20)	60 (22)	31 (16)	351 (33)	251 (33)	100 (35)



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3	Heart failure, %	39 (9)	29 (11)	10 (5)	252 (24)	177 (23)	75 (26)
4	Chronic lung disease, %	42 (9)	31 (11)	11 (6)	145 (14)	113 (15)	32 (11)
5	Active malignancy, %	27 (6)	15 (6)	12 (6)	70 (7)	53 (7)	17 (6)
6	Auto-immune disease, %	24 (5)	15 (6)	9 (5)	50 (5)	37 (5)	13 (5)
7	Primary kidney disease						
8	Prim. glomerulonephritis, %	90 (20)	56 (21)	34 (18)	159 (15)	129 (17)	30 (11)
9	Pyelonephritis, %	18 (4)	11 (4)	7 (4)	16 (2)	14 (2)	2 (1)
10	Interstitial nephritis, %	21 (5)	15 (6)	6 (3)	36 (3)	28 (4)	8 (3)
11	Hereditary kidney disease, %	61 (14)	31 (12)	30 (16)	80 (8)	59 (8)	21 (7)
12	Congenital diseases, %	16 (4)	7 (3)	9 (5)	16 (2)	12 (2)	4 (1)
13	Vascular diseases, %	38 (8)	21 (8)	17 (9)	141 (13)	109 (14)	32 (11)
14	Sec. glomerular disease, %	22 (5)	10 (4)	12 (6)	70 (7)	53 (7)	17 (6)
15	Diabetic kidney disease, %	60 (13)	41 (16)	19 (10)	260 (25)	172 (23)	88 (31)
16	Other, %	54 (12)	29 (11)	25 (13)	186 (18)	125 (16)	61 (21)
17	Unknown, %	68 (15)	41 (16)	27 (15)	84 (8)	62 (8)	22 (8)
18	Hemodialysis, %	NA	NA	NA	1000 (95)	733 (96)	267 (93)
19	Peritoneal dialysis, %	NA	NA	NA	52 (5)	31 (4)	21 (7)
20	Residual diuresis $\geq$ 200 ml/day, %	NA	NA	NA	343 (33)	222 (30)	121 (42)
21	Transplant waiting list status						
22	Active on waiting list, %	NA	NA	NA	102 (10)	69 (9)	33 (11)
23	In preparation, %	NA	NA	NA	102(10)	64(8)	38 (13)
24	Temporarily not on list, %	NA	NA	NA	86 (8)	54 (7)	32 (11)
25	Not transplantable, %	NA	NA	NA	593 (56)	465 (61)	128 (44)
26	Unknown, %	NA	NA	NA	169 (16)	112 (15)	57 (20)
27	Time since transplantation						
28	<1 year, %	29 (6)	28 (11)	1 (1)	NA	NA	NA
29	1-5 years, %	151 (33)	99 (37)	52 (28)	NA	NA	NA
30	>5 years, %	276 (61)	140 (52)	136 (72)	NA	NA	NA
31							
32							
33	<b>Medication use</b>						
34	Use of immunosuppressive medication						
35	Prednisone, %	393 (86)	239 (89)	154 (81)	NA	NA	NA
36	Tacrolimus, %	360 (78)	215 (80)	145 (77)	NA	NA	NA
37	Cyclosporine, %	47 (10)	26 (10)	21 (11)	NA	NA	NA
38	Mycophenolate, %	311 (68)	183 (68)	128 (68)	NA	NA	NA
39	Azathioprine, %	19 (4)	13 (5)	6 (3)	NA	NA	NA
40	mTOR inhibitor, %	64 (14)	29 (11)	35 (19)	NA	NA	NA
41	<b>Disease related characteristics</b>						
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Presenting symptoms						
Sore throat, %	61 (13)	37 (14)	24 (13)	127 (12)	84 (11)	43 (15)
Cough, %	295 (64)	161 (60)	134 (71)	525 (50)	379 (50)	146 (51)
Shortness of breath, %	194 (42)	110 (41)	84 (44)	357 (34)	270 (35)	87 (30)
Fever, %	334 (73)	190 (71)	144 (76)	630 (60)	454 (60)	176 (61)
Headache, %	74 (16)	36 (13)	38 (20)	113 (11)	71 (9)	42 (15)
Nausea or vomiting, %	74 (16)	45 (17)	29 (15)	109 (10)	72 (9)	37 (13)
Diarrhea, %	133 (29)	78 (29)	55 (29)	130 (12)	98 (13)	32 (11)
Myalgia or arthralgia, %	125 (27)	71 (26)	54 (29)	210 (20)	145 (19)	65 (23)
Vital signs						
Temperature, °C	37.5 ± 1.1	37.4 ± 1.1	37.7 ± 1.1	37.5 ± 1.1	37.4 ± 1.0	37.5 ± 1.1
Respiration rate, /min	21 ± 7	21 ± 7	21 ± 7	19 ± 5	19 ± 5	20 ± 5
O <sub>2</sub> saturation room air, %	94 ± 8	94 ± 6	93 ± 10	94 ± 5	93 ± 5	94 ± 5
Systolic BP, mm Hg	132 ± 21	132 ± 22	132 ± 19	137 ± 26	135 ± 25	143 ± 28
Diastolic BP, mm Hg	77 ± 15	77 ± 16	77 ± 13	75 ± 15	74 ± 15	78 ± 16
Pulse rate, BPM	86 ± 17	86 ± 18	86 ± 15	82 ± 15	82 ± 15	82 ± 15
Laboratory test results						
Creatinine increase (>25%)	136 (30)	78 (29)	58 (31)	-	-	-
Estimated GFR (ml/min/1.73m <sup>2</sup> )	36.4 (21.4, 53.1)	36.2 (21.3, 55.3)	36.6 (22.5, 48.7)			
Lymphocytes, x1000/μL	0.8 (0.5, 1.3)	0.8 (0.5, 1.3)	0.8 (0.5, 1.2)	0.9 (0.6, 1.3)	0.9 (0.6, 1.3)	0.9 (0.6, 1.3)
CRP, mg/L	44 (10, 97)	38 (8, 96)	49 (14, 97)	25 (6, 75)	25 (6, 76)	27 (6, 72)

Continuous variables are reported as mean ± SD or median (IQR). Continuation/discontinuation groups were compared using Student-t, Wilcoxon or Chi-square test as appropriate. Obesity is defined as BMI >30 kg/m<sup>2</sup>. *Abbreviations are:* ACE, angiotensin-converting enzyme; ARB, angiotensin-II receptor blocker; BMI, body mass index; °C, degree Celsius; BP, blood pressure; O<sub>2</sub>, oxygen; prim., primary; NA, Not applicable; CRP, C-reactive protein; GFR, glomerular filtration rate

\*COVID-19 test positive but without cough, sore throat, cough, shortness of breath, fever, headache, nausea/vomiting, diarrhea, myalgia/arthralgia

Among transplant patients: 342 patients had information on method of patient identification. 392 patients had information on obesity

Among dialysis patients: 865 patients had information on method of patient identification. 915 patients had information on obesity

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**Table 2: Association of ACEi/ARB use with 28-day mortality.** Presented are hazard ratios (95% confidence interval) in transplant and dialysis patients, separately

Event rate (events)*	Kidney transplant recipients (n=459)			Dialysis patients (n=1,052)		
	Non-users 5.8 (55)	Users 4.9 (33)	p-value	Non-users 7.2 (184)	Users 6.0 (60)	p-value
Model 1	Ref.	0.85 (0.55, 1.31)	0.46	Ref.	0.85 (0.63, 1.13)	0.27
Model 2	Ref.	1.03 (0.65, 1.64)	0.89	Ref.	1.05 (0.75, 1.45)	0.79
Model 3	Ref.	1.11 (0.69, 1.81)	0.66	Ref.	1.04 (0.73, 1.47)	0.82
Model 4	Ref.	1.12 (0.69, 1.83)	0.64	Ref.	1.04 (0.73, 1.47)	0.84

ACE, angiotensin-converting enzyme; ARB, angiotensin-II receptor blocker;

\*Event rate per 100 person weeks

Model 1=Crude

Model 2=Model 1 + age, sex and frailty

Model 3=Model 2 + systolic blood pressure, diabetes, heart failure

Model 4=Model 3 + anti-inflammatory therapy, anti-viral therapy

**Table 3: Association of ACEi/ARB use with incidence of the secondary outcomes hospitalization, ICU admission and ventilator support.** Presented are hazard ratios (95% confidence interval) in transplant and dialysis patients, separately

	Kidney transplant recipients (n=459)			Dialysis patients (n=1,047)		
	Non-users	Users	p-value	Non-users	Users	p-value
<b>Hospitalization</b>						
Event rate (events)*	115.9 (219)	136.5 (160)		64.9 (542)	47.7 (182)	
Model 1	Ref.	1.04 (0.85, 1.27)	0.71	Ref.	0.85 (0.72, 1.01)	0.06
Model 2	Ref.	1.04 (0.84, 1.29)	0.71	Ref.	0.85 (0.71, 1.02)	0.08
Model 3	Ref.	1.05 (0.84, 1.31)	0.66	Ref.	0.82 (0.67, 1.00)	0.05
Model 4	Ref.	1.04 (0.83, 1.30)	0.74	Ref.	0.89 (0.73, 1.08)	0.23
<b>ICU admission</b>						
Event rate (events)*	4.9 (42)	5.9 (35)		3.2 (77)	2.4 (23)	
Model 1	Ref.	1.22 (0.78, 1.91)	0.39	Ref.	0.78 (0.49, 1.24)	0.29
Model 2	Ref.	1.29 (0.81, 2.06)	0.28	Ref.	0.81 (0.49, 1.33)	0.40
Model 3	Ref.	1.39 (0.87, 2.24)	0.17	Ref.	0.66 (0.38, 1.15)	0.14
Model 4	Ref.	1.28 (0.79, 2.06)	0.31	Ref.	0.73 (0.41, 1.30)	0.29
<b>Ventilator support</b>						
Event rate (events)*	3.4 (30)	4.4 (27)		2.3 (57)	1.5 (14)	
Model 1	Ref.	1.31 (0.78, 2.21)	0.30	Ref.	0.64 (0.36, 1.15)	0.14
Model 2	Ref.	1.33 (0.77, 2.28)	0.31	Ref.	0.71 (0.38, 1.31)	0.27
Model 3	Ref.	1.47 (0.85, 2.53)	0.17	Ref.	0.65 (0.34, 1.25)	0.20

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Model 4	Ref.	1.41 (0.81, 2.46)	0.22	Ref.	0.77 (0.40, 1.51)	0.45
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ACE, angiotensin-converting enzyme; ARB, angiotensin-II receptor blocker; ICU, Intensive care unit

\*Event rate per 100 person weeks

Model 1=Crude

Model 2=Model 1 + age, sex and frailty

Model 3=Model 2 + systolic blood pressure, diabetes, heart failure

Model 4=Model 3 + anti-inflammatory therapy, anti-viral therapy

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**Table 4: Association of ACEi/ARB discontinuation with 28-day mortality in ACEi/ARB users.** Presented are hazard ratios (95% confidence interval) in transplant and dialysis patients, separately

Event rate (events)*	Kidney transplant recipients (n=160)			Dialysis patients (n=188)		
	Continuers 5.8 (55)	Discontinuers 4.9 (33)	p-value	Continuers 7.2 (184)	Discontinuers 6.0 (60)	p-value
Model 1	Ref.	3.05 (1.40, 6.62)	0.005	Ref.	1.16 (0.64, 2.08)	0.63
Model 2	Ref.	4.48 (1.87, 10.71)	0.001	Ref.	1.41 (0.69, 2.88)	0.34
Model 3	Ref.	5.23 (1.99, 13.73)	0.001	Ref.	1.68 (0.77, 3.66)	0.19
Model 4	Ref.	5.03 (1.84, 13.76)	0.002	Ref.	2.01 (0.91, 4.45)	0.09
Model 5	Ref.	1.36 (0.40, 4.58)	0.616	Ref.	1.52 (0.51, 4.56)	0.45

\* Event rate per 100 person weeks

Model 1=Crude

Model 2=Model 1 + age, sex and frailty

Model 3=Model 2 + systolic blood pressure, diabetes, heart failure

Model 4=Model 3 + start of anti-inflammatory therapy, anti-viral therapy

Model 5=Model 4 + cough, shortness of breath, fever, pulse rate, respiration rate, lymphocyte count, C-reactive protein, >25% serum creatinine increase (only in transplant population)

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3 **Figure 1: Cumulative survival probability in: A) transplant patients (left panel) and B) dialysis patients (right panel)**  
4 **among ACEi/ARB users and non-users**  
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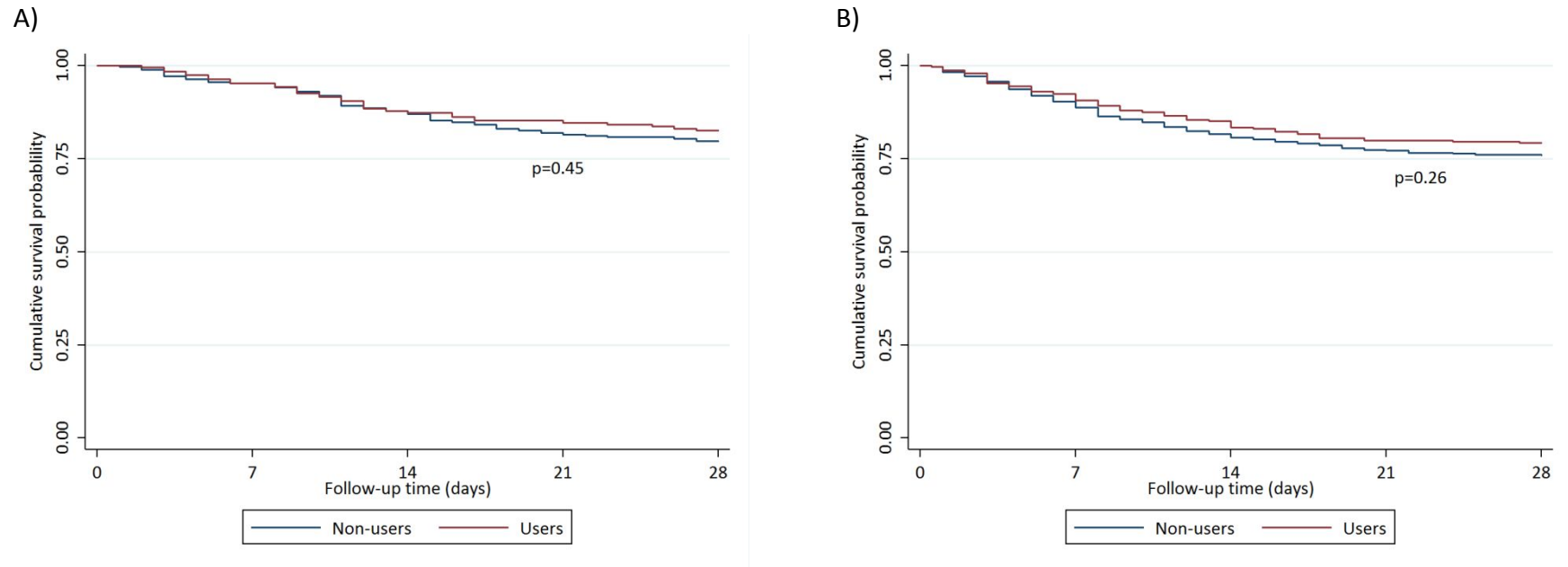
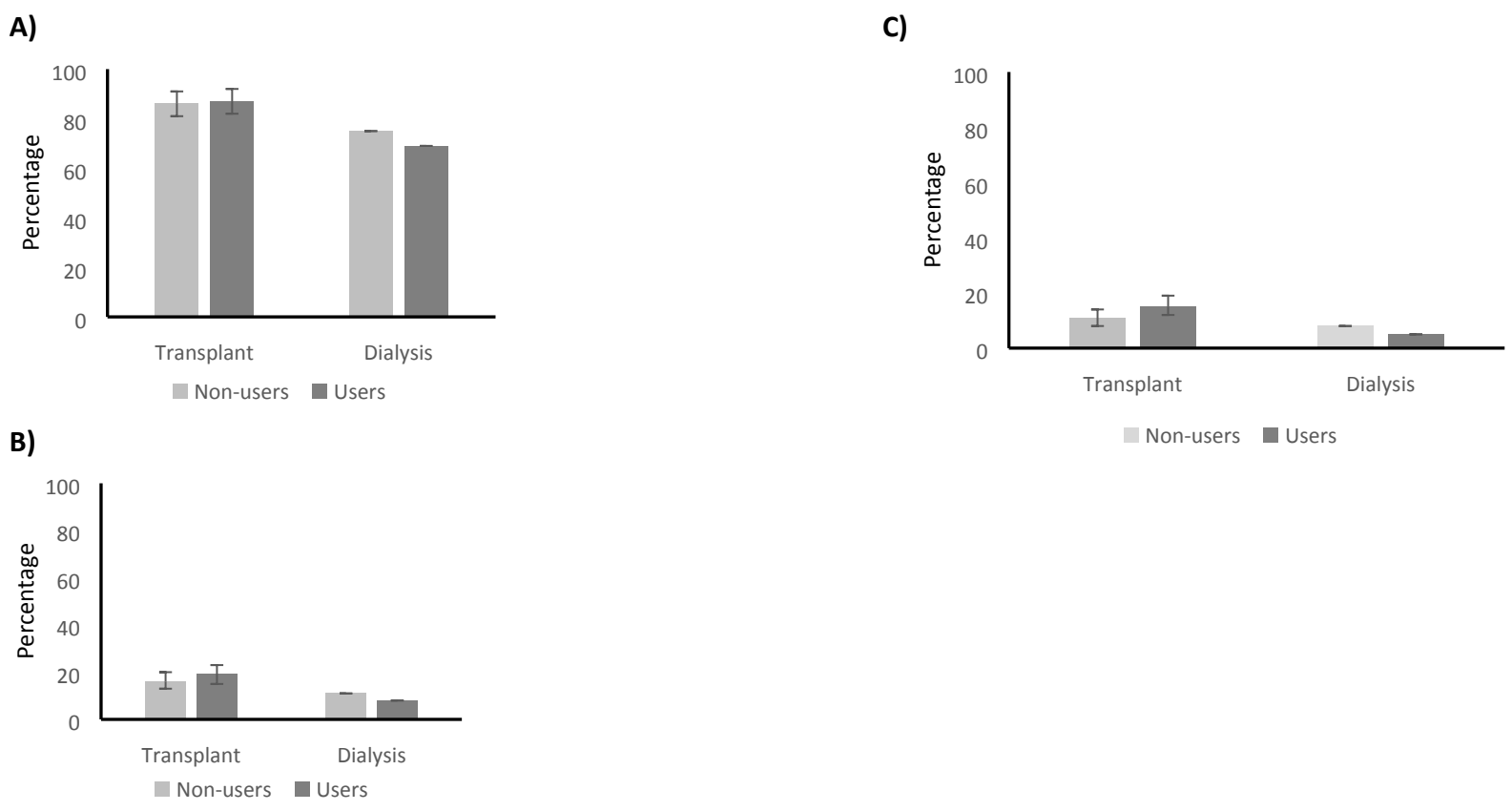
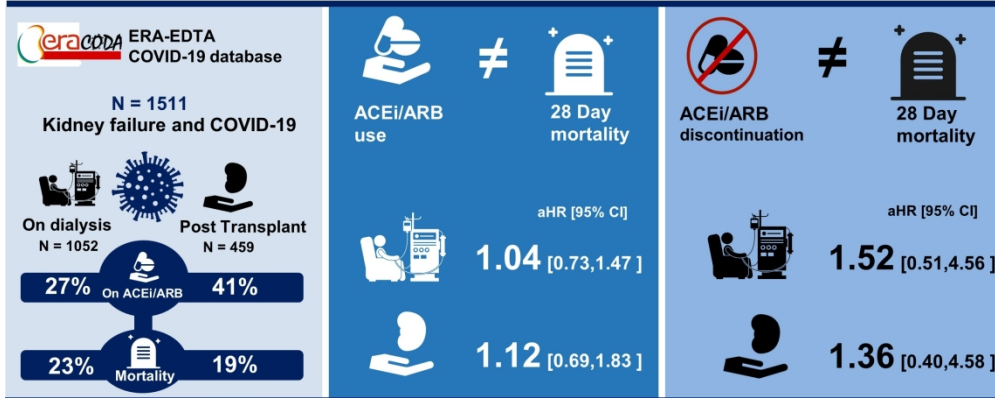


Figure 2: Distribution of: A) hospitalization; B) ICU admission and C) ventilator support in dialysis and transplant patients by ACEi/ARB use





### Association of renin-angiotensin system blockers with COVID-19–related mortality in patients with kidney failure



**Conclusions:** Amongst kidney transplant and dialysis patients with COVID-19, there was no significant association of ACEi/ARB use or ACEi/ARB discontinuation with mortality.

Maria Jose Selzer, Martjes Noordzij, Daniel Abramowicz, et al. *Renin-Angiotensin System Blockers and the Risk of COVID-19–Related Mortality in Patients with Kidney Failure*. CJASN doi: 10.2215/CJN.18961220. Visual Abstract by Divya Bajpai, MD, PhD

677x381mm (96 x 96 DPI)

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## Supplemental Material

**Title:** Renin-Angiotensin System Blockers and Risk of COVID-19–Related Mortality in Patients with Kidney Failure

**Content:**

**Supplemental Table 1: Distribution of 28-day mortality, hospitalization, ICU admission and ventilator support in ACEi/ARB users and non-users in transplant and dialysis patients (presented are proportions with 95% confidence interval)**

**Supplemental Table 2: Association of ACEi/ARB use with 28-day mortality with primary and secondary outcomes in model 5**

**Supplemental Table 3: Association of ACEi/ARB use with 28-day mortality (only PCR positive cases).** Presented are hazard ratios (95% confidence interval) in transplant and dialysis patients, separately\*

**Supplemental Table 4: Association of ACEi/ARB use with 28-day mortality (hospitalized patients only).** Presented are hazard ratios (95% confidence interval) in transplant and dialysis patients, separately\*

**Supplemental Table 5: Characteristics of kidney transplant and dialysis patients with COVID-19, overall and according to ACEi/ARB use status (continue/discontinue)**

**Supplemental Table 6: Baseline characteristics by missingness status**

**Supplemental Table 7: Baseline characteristics by 28-day mortality missingness status**

**Supplemental Table 8: Association of ACEi/ARB use with 28-day mortality in multiple imputed dataset.** Presented are hazard ratios (95% confidence interval) in transplant and dialysis patients, separately\*

**Supplemental Figure 1: Flow chart of study participants selection.**

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**Supplemental Figure 2: Test of proportionality in 28-day mortality analysis for A) ACEi/ARB users vs. non-users in transplant patients B) ACEi/ARB users vs. non-users in dialysis patients**

**Supplemental Figure 3: Cumulative hospitalization incidence in: A) transplant patients and B) dialysis patients by ACEi/ARB use**

**Supplemental Figure 4: Cumulative ICU admission incidence in: A) transplant patients and B) dialysis patients by ACEi/ARB use**

**Supplemental Figure 5: Cumulative ventilator support incidence in: A) transplant patients and B) dialysis patients by ACEi/ARB use**

**Supplemental Figure 6: Association of ACEi/ARB use with 28-day mortality across subgroups of age (<65 years/≥65 years), sex (female/male), obesity (no/yes), hypertension (no/yes), diabetes (no/yes), heart failure (no/yes) in: A) transplant patients and B) dialysis patients**

**Supplemental Table 1: Distribution of 28-day mortality, hospitalization, ICU admission and ventilator support in ACEi/ARB users and non-users in transplant and dialysis patients (presented are proportions with 95% confidence interval)**

Outcome	ACEi/ARB	Kidney replacement therapy	
		Transplant	Dialysis
Mortality	Non-users	20 (16 - 26)	24 (21 - 27)
	Users	17 (13 - 24)	21 (17 - 26)
Hospitalization	Non-users	86 (81 - 90)	75 (72 - 78)
	Users	87 (82 - 91)	69 (63 - 74)
Intensive Care Unit	Non-users	16 (12 - 20)	11 (9 - 13)
	Users	19 (14 - 25)	8 (6 - 12)
Ventilator support	Non-users	11 (8 - 15)	8 (6 - 10)
	Users	15 (10 - 20)	5 (3 - 9)

**Supplemental Table 2: Association of ACEi/ARB use with primary and secondary outcomes in model 5\***

	Transplant patients		Dialysis patients	
	HR (95% CI)	p-value	HR (95% CI)	p-value
28 day Mortality				
Model 5	1.26 (0.75, 2.13)	0.38	0.97 (0.67, 1.40)	0.86
Hospitalization				
Model 5	1.03 (0.82, 1.31)	0.76	0.91 (0.74, 1.12)	0.36
ICU admission				
Model 5	1.67 (0.98, 2.86)	0.06	0.75 (0.42, 1.36)	0.34
Ventilator support				
Model 5	1.84 (0.98, 3.45)	0.06	0.81 (0.41, 1.60)	0.54

\*Model 5 = age, sex, frailty, systolic blood pressure, diabetes, heart failure, anti-inflammatory therapy, anti-viral therapy and variables statistically different in users and non-users in transplant and dialysis patients

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**Supplemental Table 3: Association of ACEi/ARB use with 28-day mortality (only PCR positive cases).** Presented are hazard ratios (95% confidence interval) in transplant and dialysis patients, separately\*

Events (n)	Kidney transplant recipients		Dialysis patients	
	79 (425)	p-value	237 (994)	p-value
Model 1	0.88 (0.55, 1.37)	0.54	0.84 (0.63, 1.13)	0.26
Model 2	1.09 (0.67, 1.79)	0.72	1.03 (0.74, 1.43)	0.88
Model 3	1.17 (0.70, 1.96)	0.54	1.02 (0.71, 1.45)	0.93
Model 4	1.18 (0.71, 1.98)	0.53	1.01 (0.71, 1.44)	0.96

ACE, angiotensin-converting enzyme; ARB, angiotensin-II receptor blocker;  
 \*Non-use as reference group  
 Model 1=Crude  
 Model 2=Model 1 + age, sex and frailty  
 Model 3=Model 2 + systolic blood pressure, diabetes, heart failure  
 Model 4=Model 3 + anti-inflammatory therapy, anti-viral therapy

**Supplemental Table 4: Association of ACEi/ARB use with 28-day mortality (hospitalized patients only).** Presented are hazard ratios (95% confidence interval) in transplant and dialysis patients, separately\*

Events (n)	Kidney transplant recipients		Dialysis patients	
	79 (379)	p-value	200 (724)	p-value
Model 1	0.82 (0.52, 1.29)	0.39	0.76 (0.54, 1.07)	0.12
Model 2	0.99 (0.60, 1.62)	0.96	0.92 (0.63, 1.36)	0.68
Model 3	1.06 (0.63, 1.79)	0.82	0.86 (0.56, 1.31)	0.47
Model 4	1.08 (0.64, 1.82)	0.78	0.83 (0.54, 1.28)	0.41

ACE, angiotensin-converting enzyme; ARB, angiotensin-II receptor blocker;  
 \*Non-use as reference group  
 Model 1=Crude  
 Model 2=Model 1 + age, sex and frailty  
 Model 3=Model 2 + systolic blood pressure, diabetes, heart failure  
 Model 4=Model 3 + anti-inflammatory therapy, anti-viral therapy

**Supplemental Table 5: Characteristics of kidney transplant and dialysis patients with COVID-19, overall and according to ACEi/ARB use status (continue/discontinue)**

	Kidney transplant recipients				Dialysis patients			
	ACEi/ARB use			p-value	ACEi/ARB use			p-value
	All N=184	Continue N=77	Discontinue N=107		All N=264	Continue N=183	Discontinue N=81	
<b>Patient characteristics</b>								
Male sex, %	65	62	69	0.32	70	70	70	0.95
Age, year	58 ±12	57 ± 12	60 ± 12	0.10	63 ±16	62 ± 15	65 ± 16	0.30
BMI, kg/m <sup>2</sup>	27 ± 5	27 ± 5	27 ± 5	0.41	27 ± 5	26 ± 5	27 ± 5	0.20
Race				0.80				0.10
Asian, %	5	6	3		6	9	1	
Black or African descent, %	5	6	4		10	10	10	
White or Caucasian, %	87	86	90		78	75	85	
Other or unknown, %	3	3	3		6	8	3	
Tobacco use				0.21				0.05
Current, %	2	3	0		12	13	11	
Prior, %	23	19	29		24	22	27	
Never, %	54	57	49		46	43	53	
Unknown, %	22	22	22		18	22	9	
Clinical frailty scale, AU	2.8 ± 1.5	2.9 ± 1.5	2.6 ± 1.5	0.18	3.7 ± 1.8	3.7 ± 1.9	3.8 ± 1.6	0.60
Patient identification				0.56				0.02
Symptoms only	89	86	93		69	73	62	
Symptoms and contact	10	11	7		15	11	22	
No symptoms but contact	-	-	-		9	7	14	
Routine screening	1	2	0		7	9	3	
Comorbidities								
Obesity, %	24	25	23	0.69	23	18	34	0.01
Hypertension, %	95	95	95	0.87	91	92	90	0.66
Diabetes Mellitus, %	27	26	29	0.72	48	46	52	0.37
Coronary artery disease, %	16	15	18	0.56	33	33	32	0.84
Heart failure, %	5	4	8	0.23	26	25	28	0.51
Chronic lung disease, %	6	4	9	0.13	11	9	16	0.08
Active malignancy, %	7	7	6	0.99	5	4	9	0.11
Auto-immune disease, %	5	5	5	0.87	5	5	4	0.66
Primary kidney disease								
Prim. glomerulonephritis, %	18	22	13	0.15	11	10	15	0.23
Pyelonephritis, %	4	7	0	0.02	1	1	1	0.55

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3	Interstitial nephritis, %	3	1	7	0.03	3	3	4	0.66
4	Hereditary kidney disease, %	17	15	19	0.52	8	7	10	0.43
5	Congenital diseases, %	5	5	5	0.85	2	2	1	0.81
6	Vascular diseases, %	9	7	13	0.13	12	13	10	0.47
7	Sec. glomerular disease, %	6	5	8	0.36	6	8	3	0.11
8	Diabetic kidney disease, %	11	11	9	0.67	32	30	36	0.34
9	Other, %	13	10	16	0.26	17	19	11	0.11
10	Unknown, %	14	18	9	0.11	8	8	8	0.77
11	Hemodialysis, %	NA	NA	NA		92	93	90	0.44
12	Peritoneal dialysis, %	NA	NA	NA		8	7	10	
13	Residual diuresis ≥200 ml/day, %	NA	NA	NA		45	44	47	0.44
14	Transplant waiting list status								0.02
15	Active on waiting list, %	NA	NA	NA		14	18	5	
16	In preparation, %	NA	NA	NA		17	18	14	
17	Temporarily not on list, %	NA	NA	NA		13	11	19	
18	Not transplantable, %	NA	NA	NA		54	51	62	
19	Unknown, %	NA	NA	NA		2	3	0	
20	Time since transplantation				0.28				
21	<1 year, %	1	0	1		NA	NA	NA	
22	1-5 years, %	28	31	23		NA	NA	NA	
23	>5 years, %	72	69	75		NA	NA	NA	
24	<b>Medication use</b>								
25	Use of immunosuppressive medication								
26	Prednisone, %	82	80	83	0.64	NA	NA	NA	
27	Tacrolimus, %	76	78	74	0.58	NA	NA	NA	
28	Cyclosporine, %	11	14	8	0.19	NA	NA	NA	
29	Mycophenolate, %	68	71	64	0.29	NA	NA	NA	
30	Azathioprine, %	3	4	3	0.67	NA	NA	NA	
31	mTOR inhibitor, %	19	16	23	0.20	NA	NA	NA	
32	<b>Disease characteristics</b>								
33	Presenting symptoms								
34	Sore throat, %	13	12	13	0.98	15	13	19	0.51
35	Cough, %	71	70	71	0.69	52	46	65	0.01
36	Shortness of breath, %	45	34	61	0.001	31	27	38	0.20
37	Fever, %	77	72	83	0.08	62	59	69	0.19
38	Headache, %	21	21	21	0.69	16	13	22	0.17
39	Nausea or vomiting, %	16	13	19	0.09	13	11	16	0.58
40	Diarrhea, %	30	31	29	0.66	11	11	11	0.47
41	Myalgia or arthralgia, %	29	30	29	0.70	24	21	30	0.26
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3	Vital signs								
4	Temperature, °C	37.7 ± 1.1	37.6 ± 1.1	37.7 ± 1.1	0.50	37.5 ± 1.1	37.4 ± 1.1	37.8 ± 1.1	0.03
5	Respiration rate, /min	21 ± 7	19 ± 5	23 ± 9	<0.001	20 ± 5	19 ± 5	21 ± 5	0.02
6	O <sub>2</sub> saturation room air, %	93 ± 10	94 ± 9	92 ± 10	0.12	94 ± 5	95 ± 5	94 ± 4	0.63
7	Systolic BP, mm Hg	132 ± 19	132 ± 19	132 ± 20	0.99	143 ± 28	143 ± 28	143 ± 27	0.99
8	Diastolic BP, mm Hg	77 ± 13	78 ± 13	76 ± 13	0.30	77 ± 16	77 ± 16	79 ± 17	0.51
9	Pulse rate, BPM	86 ± 15	85 ± 14	87 ± 16	0.49	82 ± 15	79 ± 14	88 ± 16	<0.001
10	Laboratory test results								
11	Creatinine increase (>25%)	31	18	49	<0.001	-	-	-	
12	Lymphocytes, x1000/μL	0.8 (0.5, 1.2)	0.8 (0.6, 1.2)	0.7 (0.5, 1.2)	0.17	0.9 (0.6, 1.3)	0.9 (0.6, 1.3)	0.9 (0.5, 1.3)	0.49
13	CRP, mg/L	48 (14, 97)	47 (17, 94)	49 (9, 97)	0.55	27 (6, 73)	33 (8, 93)	18 (4, 45)	0.01

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 15 Continuous variables are reported as mean ± SD or median (IQR). Continuation/discontinuation groups were compared using Student-t, Wilcoxon or Chi-square test as  
 16 appropriate. Obesity is defined as BMI >30 kg/m<sup>2</sup>. *Abbreviations are:* ACE, angiotensin-converting enzyme; ARB, angiotensin-II receptor blocker; BMI, body mass index; °C, degree  
 17 Celsius; CRP, C-reactive protein; BP, blood pressure; O<sub>2</sub>, oxygen; prim., primary; .  
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**Supplemental Table 6: Baseline characteristics by missingness status**

	Missing (n=293)	Non-missing (1,511)	P-value
<b>Patient characteristics</b>			
Male sex, %	62	61	0.71
Age, year	65 ±17	64 ± 15	0.44
Clinical frailty scale, AU	3.7 ± 1.7	3.7 ± 1.8	0.97
<b>Comorbidities</b>			
Obesity, %	25	22	0.44
Hypertension, %	79	84	0.04
Diabetes Mellitus, %	37	39	0.57
Coronary artery disease, %	28	29	0.65
Heart failure, %	23	19	0.22
Chronic lung disease, %	11	12	0.63
Active malignancy, %	4	6	0.23
<b>Disease characteristics</b>			
<b>Presenting symptoms</b>			
Sore throat, %	15	12	0.60
Cough, %	59	51	0.43
Shortness of breath, %	38	35	0.75
Fever, %	62	60	0.57
Headache, %	7	12	0.06
Nausea or vomiting, %	12	11	0.32
Diarrhea, %	22	16	0.25
Myalgia or arthralgia, %	26	21	0.55
<b>Vital signs</b>			
Temperature, °C	37.4 ± 1.1	37.5 ± 1.1	0.64
Respiration rate, /min	19 ± 6	20 ± 6	0.52
O2 saturation room air, %	94 ± 5	94 ± 6	0.82
Systolic BP, mm Hg	134 ± 23	135 ± 24	0.49
Diastolic BP, mm Hg	77 ± 15	76 ± 15	0.30
Pulse rate, BPM	81 ± 13	83 ± 15	0.23
<b>Laboratory test results</b>			
Creatinine increase (>25%)	4	8	0.02
Lymphocytes, x1000/μL	1 (0.7, 1.7)	0.9 (0.6, 1.3)	0.002
CRP, mg/L	20 (5, 74)	29 (6, 83)	0.16

BP, blood pressure; CRP, C-reactive protein; BPM, beats per minute

**Supplemental Table 7: Baseline characteristics by 28 day mortality missingness status**

	Missing (n=120)	Non-missing (1,511)	P-value
<b>Patient characteristics</b>			
Male sex, %	61	61	0.87
Age, year	61 ± 18	64 ± 15	0.07
Clinical frailty scale, AU	3.6 ± 1.8	3.7 ± 1.8	0.66
<b>Comorbidities</b>			
Obesity, %	24	22	0.67
Hypertension, %	77	84	0.07
Diabetes Mellitus, %	35	39	0.39
Coronary artery disease, %	30	29	0.79
Heart failure, %	26	19	0.10
Chronic lung disease, %	10	12	0.47
Active malignancy, %	6	6	0.91
<b>Disease characteristics</b>			
Presenting symptoms			
Sore throat, %	16	12	0.29
Cough, %	62	51	0.09
Shortness of breath, %	39	35	0.44
Fever, %	63	60	0.46
Headache, %	8	12	0.42
Nausea or vomiting, %	12	11	0.75
Diarrhea, %	25	16	0.06
Myalgia or arthralgia, %	24	21	0.79
Vital signs			
Temperature, °C	37.4 ± 1.1	37.5 ± 1.1	0.53
Respiration rate, /min	20 ± 6	20 ± 6	0.35
O2 saturation room air, %	94 ± 4	94 ± 6	0.34
SBP, mm Hg	134 ± 24	135 ± 24	0.63
DBP, mm Hg	77 ± 16	76 ± 15	0.55
Pulse rate, BPM	79 ± 14	83 ± 15	0.03
Laboratory test results			
Creatinine increase (>25%)	8	8	0.78
Lymphocytes, x1000/μL	1 (0.6, 1.4)	0.9 (0.6, 1.3)	0.26
CRP, mg/L	31 (11, 85)	29 (6, 83)	0.33

BP, blood pressure; CRP, C-reactive protein; BPM, beats per minute

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**Supplemental Table 8: Association of ACEi/ARB use with 28-day mortality in multiple imputed dataset.**

Presented are hazard ratios (95% confidence interval) in transplant and dialysis patients, separately\*

Events (n)	Kidney transplant recipients		Dialysis patients	
	88 (459)	p-value	244 (1,052)	p-value
Model 1	0.85 (0.55, 1.31)	0.46	0.85 (0.63, 1.13)	0.27
Model 2	1.07 (0.69, 1.66)	0.75	0.99 (0.74, 1.34)	0.96
Model 3	1.10 (0.71, 1.71)	0.68	0.98 (0.73, 1.33)	0.92
Model 4	1.11 (0.71, 1.74)	0.63	1.01 (0.73, 1.36)	0.97

ACE, angiotensin-converting enzyme; ARB, angiotensin-II receptor blocker;

\*Non-use as reference group

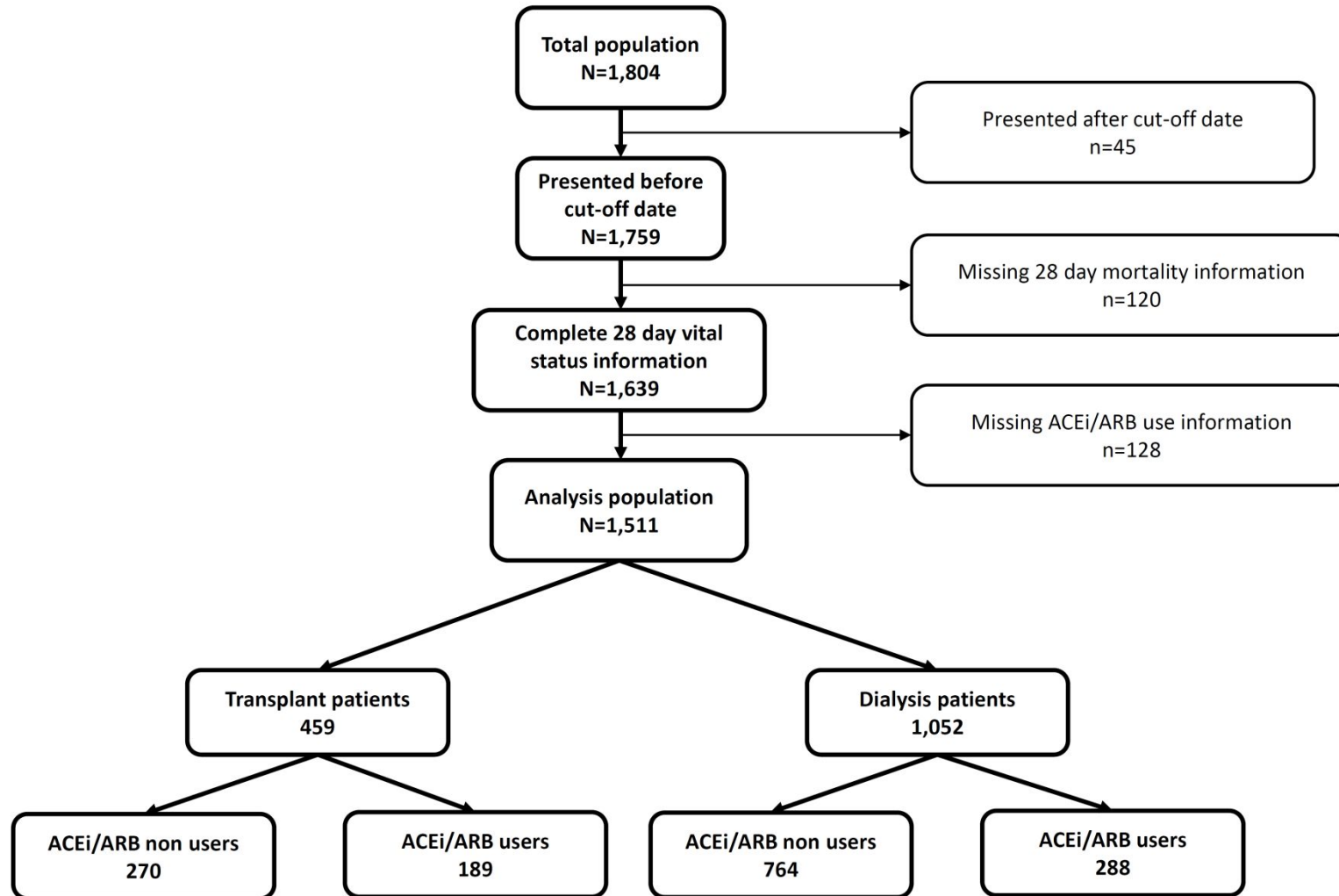
Model 1=Crude

Model 2=Model 1 + age, sex and frailty

Model 3=Model 2 + systolic blood pressure, diabetes, heart failure

Model 4=Model 3 + anti-inflammatory therapy, anti-viral therapy

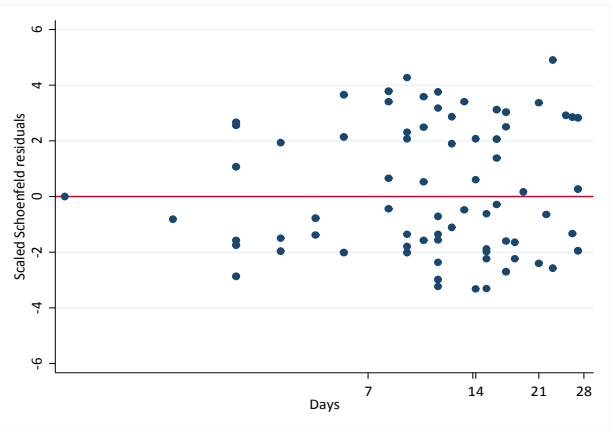
Supplemental Figure 1: Flow chart of study participants selection.



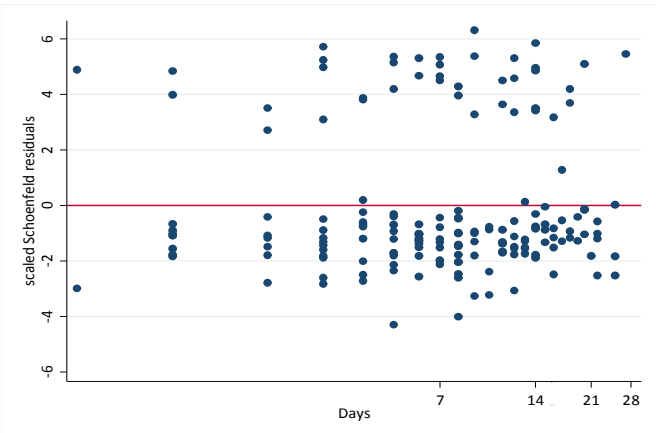
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**Supplemental Figure 2: Test of proportionality in 28-day mortality analysis for A) ACEi/ARB users vs. non-users in transplant patients B) ACEi/ARB users vs. non users in dialysis patients**

**A)**

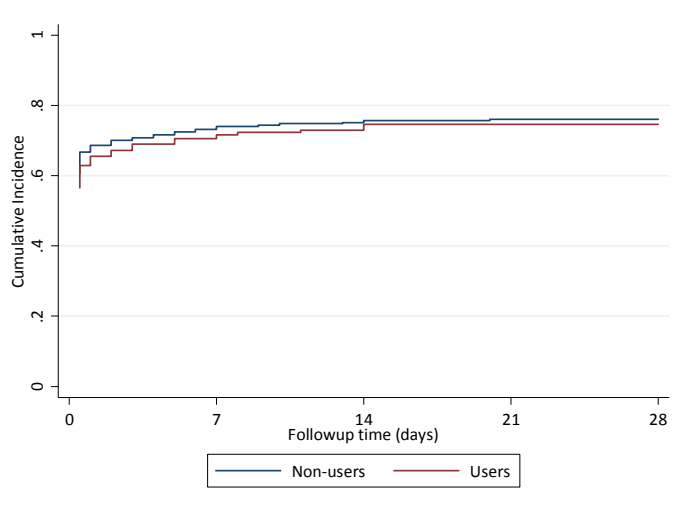


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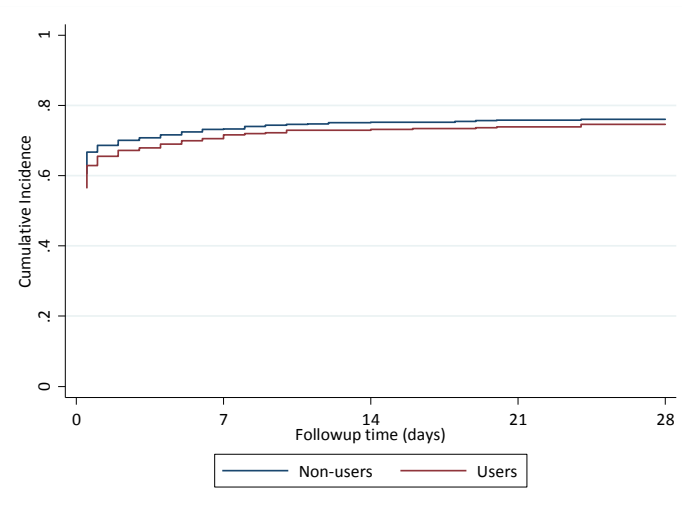


**Supplemental Figure 3: Cumulative hospitalization incidence in: A) transplant patients and B) dialysis patients by ACEi/ARB use**

**A)**



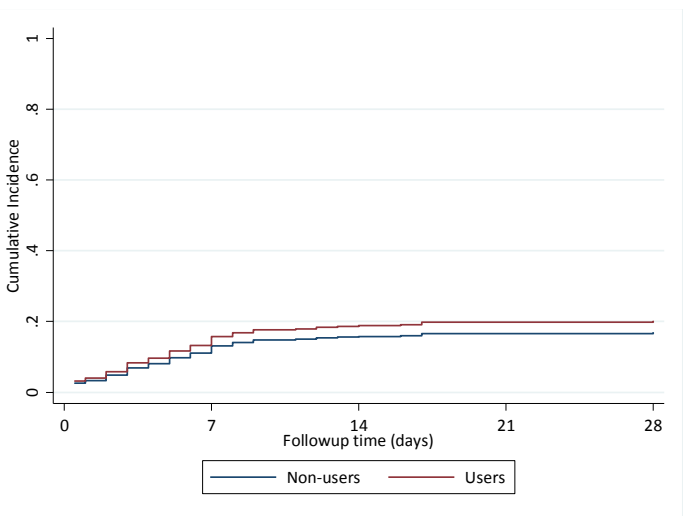
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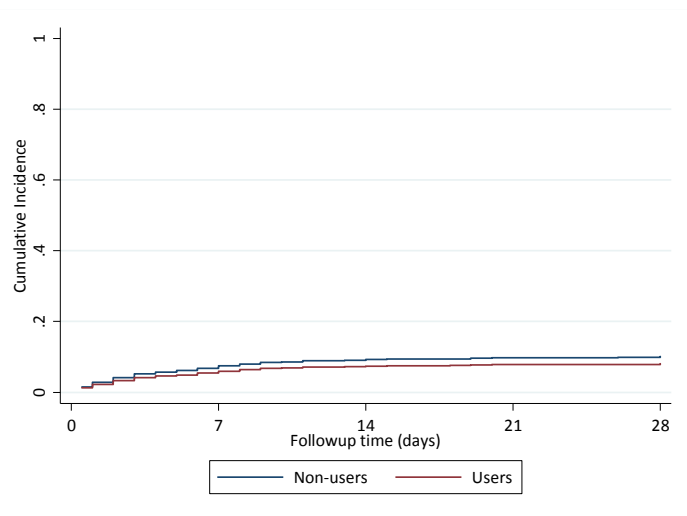
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**Supplemental Figure 4: Cumulative ICU admission incidence in: A) transplant patients and B) dialysis patients by ACEi/ARB use**

**A)**



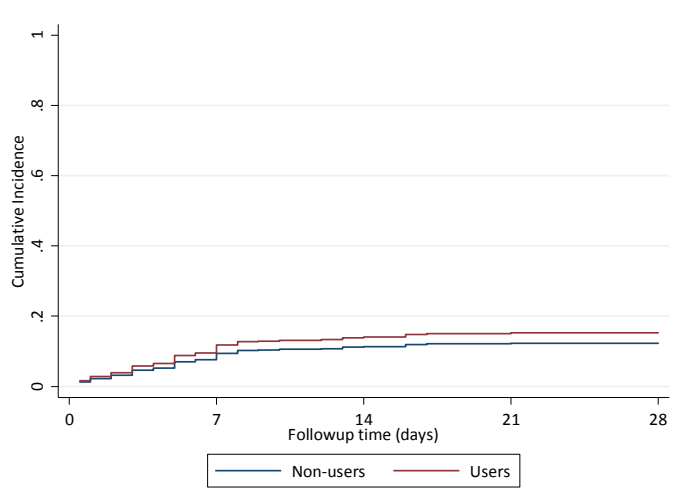
**B)**



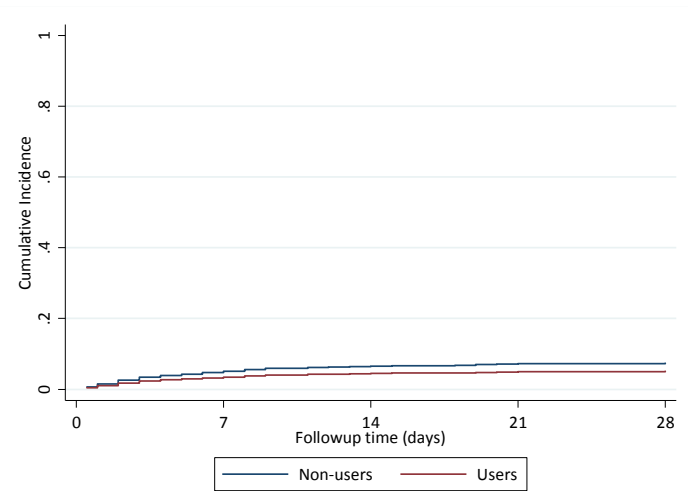


Supplemental Figure 5: Cumulative ventilator support incidence in: A) transplant patients and B) dialysis patients by ACEi/ARB use

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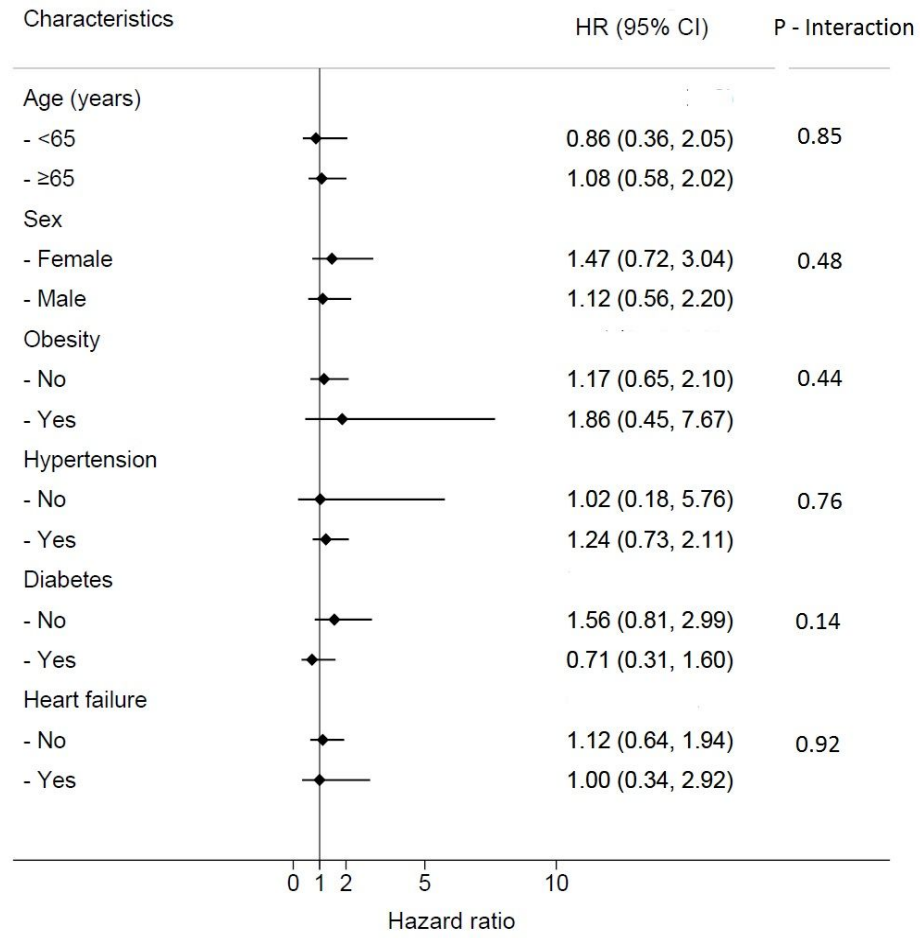


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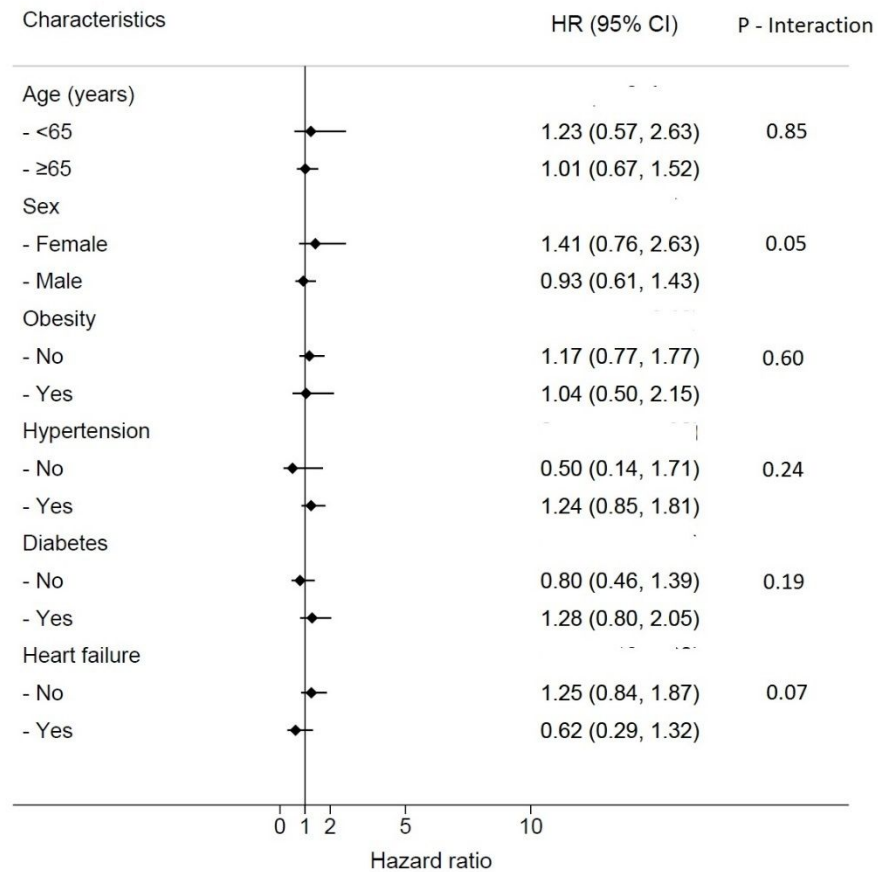
**Supplemental Figure 6: Association of ACEi/ARB use with 28-day mortality across subgroups of age (<65 years/≥65 years), sex (female/male), obesity (no/yes), hypertension (no/yes), diabetes (no/yes), heart failure (no/yes) in: A) transplant patients and B) dialysis patients\***

**(Presented are hazard ratio with 95% confidence interval)**

**A) Transplant patients**



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4 **B) Dialysis patients**  
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\*Results are from Model 4 i.e. age, sex and frailty, systolic blood pressure, diabetes, heart failure, anti-inflammatory therapy, anti-viral therapy