

Peptic ulcer as mediator of the association between risk of gastric cancer and socioeconomic status, tobacco smoking, alcohol drinking, and salt intake

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Abstract

Peptic ulcer disease (PUD) and gastric cancer (GC) are more prevalent in low socioeconomic status (SES) individuals and share several risk factors. The aim of this study was to investigate the mediating role of PUD in the association between established risk factors and GC. To this aim, we conducted a pooled analysis of 12 studies from the Stomach cancer Pooling (StoP) Project Consortium, including a total of 4,877 GC cases and 11,808 controls. We explored the mediating role of PUD in the association between SES, tobacco smoking, heavy alcohol drinking and salt intake, and GC. Also, we assessed the ORs and 95% CIs of the risk factors and both PUD and GC. Our results showed PUD mediates 36% of the smoking effect mainly among men. Other risk factors were only slightly mediated by PUD (SES 5.3%, heavy alcohol drinking 3.3%, salt intake 2.5%). No significant difference was found when excluding PUD diagnosed within 2 years from GC. Our study provides innovative information on the mechanism of stomach mucosal damage leading to PUD and GC, in particular with respect to the effect of tobacco smoking.

Introduction

Despite its declining incidence and mortality (1), gastric cancer (GC) remains one of the most common neoplasms, representing the fifth most common cancer and the fourth cause of cancer mortality worldwide (2). Its burden concerns especially low socioeconomic status (SES) groups of the population.

Besides the key role of *Helicobacter pylori* (Hp), lifestyle factors such as smoking, alcohol drinking, low fiber consumption and high red meat and salt intake play an important role in GC occurrence (3,4). Indeed, lifestyle habits have been hypothesized to partly explain the link between GC and low SES. Recently, we described a mediation role of a score combining different lifestyle factors (tobacco smoking, heavy alcohol drinking, low intake of fruit, vegetables, and processed meat and salt), which explained 10% of the effect of low SES among men in studies participating in the Stomach cancer Pooling (StoP) Project Consortium (5). Around 10% of people worldwide develop peptic ulcer disease (PUD) lifelong (6). The discovery of Hp as the main etiological factor of PUD, led to a preventive strategy through eradication of the bacterium with common antibiotics (6) (7). Anyway, PUD remains a severe disease, with a minority of patients necessitating surgery (8).

Nowadays, the challenges are represented by the etiological classification of the disease (9), and the differential diagnosis between neoplastic and preneoplastic conditions. In fact, it is unclear whether the strong association between PUD and GC can be explained by PUD being an ulcerative lesion of the neoplasm, or by the fact that PUD is a separate lesion associated with higher risk of developing GC (10). PUD has strong socioeconomic disparity (11), with higher rates of complications and mortality among disadvantaged subgroups of the population and in less developed countries (12).

The StoP Consortium provides a unique opportunity to address this complex relationship in a large population of GC cases and controls. In particular, we aimed at exploring the mediation role of PUD in the relationship between SES, tobacco smoking, alcohol drinking and salt intake and the risk of GC.

Methods

We used data from the StoP-Project, an international consortium of 34 studies on GC, including individual-data from 13,121 GC cases and 31,420 controls (version 3.2 of the StoP database) (13).

To participate in the consortium, principal investigators of the studies signed a data transfer agreement and provided a copy of the original dataset to the coordinating center. All data were harmonized according to a standard format at the data center (13). The StoP-Project received ethical approval from the University of Milan Institutional Review Board.

For the present analysis, we pooled data from 12 studies with information on PUD, SES, and tobacco smoking (14-25). Details about the studies are in Supplementary Table 1. In addition to excluding studies that did not collect information of one or more of these factors, we excluded those with more than 10% missing values for PUD or SES, as well as 4 studies with reported prevalence of PUD in controls higher than 20% or lower than 1%. Information on alcohol drinking was not available in one of the 12 studies, and that on salt intake in two. In five of the studies information on date of PUD was also available: they were included in a secondary analysis from which subjects with PUD diagnosed within 2 years from date of GC diagnosis or interview were excluded, to address potential reverse causality between PUD and GC.

We considered SES, tobacco smoking, alcohol drinking and salt intake as exposures. To measure SES, we used a variable comprising education, occupation and income, based on study-specific indicators. In preliminary analyses, we also considered the highest attained level of education as proxy of SES; since the results were very close to those based on SES, we do not report them in detail. We generated dichotomous variables for each exposure: low vs medium-high level of SES, based on study-specific categories, never vs ever tobacco smoking, no-moderate alcohol vs heavy alcohol drinking (i.e., 47 or more g ethanol/day), and low-medium vs high consumption of salt, based on study specific tertiles.

The mediator of our analysis was self-reported history of PUD. In some studies, separate information was collected on gastric and duodenal ulcer; however, in the present analyses, PUD accounted for history of either gastric or duodenal ulcer.

First, we estimated the pooled odds ratios (OR) of GC and their corresponding 95% confidence intervals (CI) through multivariable logistic regression models, for each exposure, including SES, smoking status, alcohol drinking, salt intake and history of PUD, as binary exposures. OR among categories of socioeconomic status and tobacco smoking was obtained from a core model including sex, age (<50, 50-60, 61-65, 66-69, 70-74, 75+), study, socioeconomic status and tobacco smoking as explanatory variables. PUD was added to the core model to obtain the OR among subjects with PUD. Alcohol drinking and salt intake was alternatively added

to the core model to obtain the corresponding OR. Second, we used the same analytic approach to investigate the association between the same risk factors and PUD, both among controls only and within the whole study population, adjusting for GC case/control status.

For the mediation analysis, we used the dichotomous variables for PUD and the risk factors described above, and decomposed the total effect of each factor into a natural direct effect and a natural indirect effect, the latter being the effect explained by the mediation effect of PUD, and calculated the proportion of mediation (PM) as the ratio between the log of the natural indirect effect and that of the total effect (26,27). The mediation analysis was performed by using the command *paramed* in STATA (StataCorp etc.) (28).

The following additional analyses were performed to explore the mediating role of PUD: (i) excluding cases and controls with PUD diagnosed within 2 years from GC diagnosis or interview; (ii) stratifying by sex; (iii) considering a subset of nine studies with data available for all risk factors, to increase comparability of results across risk factors.

Results

Table 1 shows the distribution of the main characteristics of the study population. The pooled dataset comprised 16,685 subjects, including 4,877 cases and 11,808 controls. Median age was 64 (IQR 56-71) among cases and 62 (IQR 52-70) among controls. Compared to controls, cases were more often heavy current smokers, heavy alcohol drinkers, with lower SES, and they more often reported history of PUD, while there was only a small difference in salt intake between cases and controls. The overall prevalence of history of PUD (either gastric or duodenal) was 12.0% (19.0% among cases, 9.1% among controls).

Table 2 illustrates the association between each risk factor and GC (i.e. the outcome) and PUD (i.e. the mediator) separately. GC was positively associated PUD, heavy smoking, increasing alcohol consumption, low SES, and increasing salt intake. The OR of GC for history of PUD was 2.36 (95% CI 2.13-2.62). When excluding ulcers diagnosed within 2 years from GC diagnosis (Supplementary table 2), the corresponding OR was 2.12 (95% CI 1.76-2.55).

In the analysis restricted to controls, there was an association between history of PUD and female sex (OR=0.62, 0.53-0.72), older age (p for trend <0.001), SES (0.78, 0.68-0.90) and tobacco smoking (1.78, 1.53-2.08, p<0.001). Those associations were confirmed also in the analysis with cases and controls, after adjusting for case/control status (Supplementary Table 2).

Table 3 illustrates the results of the mediation analysis on the whole study population. The primary analysis revealed that PUD mediated 36.2% of the risk exerted by tobacco smoking. On the other hand, PUD mediated only a small amount of the risk of GC from SES (5.3%), heavy alcohol drinking (3.3%) and salt intake (2.5%).

When the analysis was repeated in the subset of studies with complete information (Table 4), results were confirmed (PMs were: 44.3% for tobacco smoking, 7.7% for SES, 2.0% for heavy alcohol drinking, and 0.8% for salt intake).

Results of the mediation analysis on tobacco smoking stratified by sex are illustrated in Figure 1: among men, the OR of natural direct effect was 1.14, that of natural indirect effect was 1.06 (PM=31.6%), among women, the ORs were 1.00 and 1.03, respectively (PM=88.3%).

The results of the sensitivity analysis excluding subjects whose PUD was diagnosed less than two years before GC or interview, showed substantially comparable results with those of the main analysis (Supplementary Table 3).

Discussion

We presented the results of a pooled analysis of 12 studies investigating the mediation role of PUD in the association between several risk factors and GC. This approach provides an original contribution to an understanding of the relationship between PUD and GC, and how established risk factors of GC may exert their effect.

Besides confirming the association with known risk factors, our results indicate that PUD mediates about 36% of the effect of tobacco smoking, while the mediation effect was smaller for the other risk factors. The results were robust to the exclusion of recently diagnosed PUD, arguing against reverse causality in the relationship between PUD and GC.

Our results are in agreement with those of previous studies, that have identified low SES, tobacco smoking, high alcohol drinking and high salt intake as risk factors of GC (3,4,29). Also, we identified a strong association between PUD and GC (10,30). In particular, the risk of GC among subjects with history of PUD remained elevated when considering only PUD diagnosed more than two years before GC diagnosis of interview, despite the fact that several studies indicated that the highest risk of GC occurs in the first 2 years from PUD diagnosis (10,31,32).

Components of SES, including education, occupation and income may be markers of other risk factors of disease (33). Mediation analysis complements statistical adjustment by describing the proportion of risk of disease exerted by a given factor, which is attributable to another factor (the mediator) (26,27).

Both GC and PUD are observed more commonly in the lowest SES strata of the population, representing an important cause of disease disparity (34,35). Education, a major component of SES, is related to conditions and lifestyle factors predisposing to disease (36-39): habits as smoking and alcohol drinking are clustered in less affluent groups, as well as low-quality diet, including highly salted diet (40); low education also correlates with exposure to occupational carcinogens, and with poor hygienic conditions (33). Indeed, higher prevalence of Hp infection, which is the main cause of both PUD and GC, can be observed in middle and low income countries, particularly among subjects living in crowded places, and with no access to potable water (33,41,42).

Based on our analysis, the association between SES and GC is mediated by PUD only to a limited extent. In a previous study, we explored the mediation role of lifestyle factors in the association

between education and GC, without individuating an element justifying this strong and significant relationship (5).

Conversely, PUD mediates the association between tobacco smoking and GC. In particular, about one third of this excess risk of GC due to tobacco smoking appears to be mediated by PUD. This is consistent with the fact that tobacco smoking is strongly linked to PUD. Tobacco smoking may damage gastric mucosa, leading to PUD, by multiple mechanisms, including (i) inhibition of mucus synthesis (ii) inhibition of angiogenesis through the dysregulation of nitric oxide (NO) production (iii) mucosal ischemia due to microvascular alteration (iv) cellular lesions due to increased reactive oxygen species and mechanical effects (43). Long-term smoking increases acid secretion, leading to a lower stomach pH; it also modifies mucus production, reduces mucosal repair, alters microcirculation and significantly reduces blood flow to the gastrointestinal mucosa, which may favor the development of inflammatory diseases. Moreover, nicotine compromise gastric mucosal blood flow, causing also delayed healing and increased relapse of the disease (44).

Elevated alcohol intake was associated to GC in this analysis, as well as in previous analyses based on the StoP Consortium (45), but the association with PUD was not significant. This agrees with a large study from Denmark, that found no relation between alcohol drinking and PUD (46), as well as with a previous review, in which the majority of studies did not associate heavy alcohol drinking with duodenal ulcer (47). As a consequence, PUD did not appear to be an important mediator of the relationship between alcohol drinking and GC risk.

Similarly, elevated salt intake was associated with risk of GC but the association with PUD was weak and non-significant. As a consequence, PUD had no relevant mediating role in the association between high salt intake and GC risk. Several studies reported higher mortality from gastric ulcer (48), but no material relationship with duodenal ulcer in subjects with highly salted diet (49). Salty diet is a probable risk factor of GC (50). Anyway, little is known on the mechanisms beyond this association. An inverse relation between sodium concentrations and Hp growth and virulence factors has been described (51). However, salt may damage gastric mucosa by potentiating Hp carcinogenicity (52), though the increase of CagA protein transcription, associated with higher risk of PUD and GC (53,54); also, salt alters gastric osmolarity and time of stomach emptying, prolonging the contact of stomach mucosa with potential harmful substances (52). A study based on Mongolian gerbil model has shown higher risk of gastric ulceration in Hp infected animals assigned

to a highly-salted diet program, with salt being related to mucous microenvironment impairment predisposing to Hp damage (55). Cag-A up-regulation was confirmed in bacterial culture (56).

The results of the stratified analysis by sex suggest a higher role of PUD in the association between tobacco smoking and GC among women compared to men, although the overall effect was stronger in the latter. This is likely explained by the large number of men who smoked (71.7% of controls) compared to women (27.9%) in this population.

Our results imply that identification and treatment of PUD among smokers may be of particular importance as a tool to reduce GC risk. Conversely, this does not appear to be the case for two other behavior-related risk factors of GC, i.e., heavy alcohol and salt intake. The sensitivity analysis performed excluding PUD diagnosed in the 2 years before GC diagnosis supports the main findings, confirming that PUD a separate entity which anticipates the development of stomach malignancy rather than a marker of incipient GC.

Data collection was based on self-reported information on exposure to risk factors, including PUD, which may partially affect the analysis through recall bias. The direction and magnitude of this bias depends on the degree of misclassification of information on PUD and other risk factors, and whether this was differential between GC cases and controls, making its effect difficult to predict. Moreover, the included studies are of retrospective case-control design, therefore prone to selection bias. This is especially relevant for hospital-based studies (14,16,19,23,24). However, the findings are not heterogeneous between hospital and population-based controls. Furthermore, we did not have accurate information on Hp status for a large part of the subjects included in the analysis, which prevented us from adjusting the analysis for this important risk factor of both PUD and GC. Although Hp infection does not appear to be associated with tobacco smoking (57), its persistence may be (58), suggesting that some residual confounding on the role of PUD as mediator of the carcinogenic effect of tobacco smoking cannot be excluded. Next, we pooled data of studies conducted in a large timeframe (1985-2012), entailing some heterogeneity in diagnostic criteria for both PUD and GC. This issue was addressed by adjusting for the single included studies in the different models. Finally, we were not able to distinguish gastric and duodenal ulcers. Despite this, our aim was to study PUD overall, and we were able to account for both types of ulcers.

The present study has several strengths. The pooled analysis allowed the investigation on a large set of cases of GC. Also, we put together detailed sociodemographic, clinical and lifestyle-related data,

enabling to perform accurate analyses. We followed a well assessed method for mediation analysis, and we performed sensitivity analyses to assess the robustness of our results. Additionally, we assessed the robustness of our results by conducting several sensitivity analyses, which overall highlighted the overall validity of our investigation.

In conclusion, we offer original and new insight to a stomach disease epidemiology, which describes how established risk factors act in promoting GC.

This study contributes to clarifying the mechanisms underlying gastric carcinogenesis from an epidemiologic perspective. PUD appears to mediate about one third of the excess risk exerted by tobacco smoking on GC, representing a clinical flag for surveillance among smokers. Conversely, other known risk factors of GC do not appear to be mediated by PUD.

Authors' contributions: Conception and design of study: GC, GA, PBe, EN, PBo; acquisition of data: DP, MF, WY, AP, DZ, DM, NA, GCV, JV, MGH, ZFZ, JH, LLC, MLC, MD, LM, MHW, CSR, GPY, MCC, MPC, NL, EN, CLV; management, analysis and interpretation of data: GC, GA, PBe, CP, RB, PBo; drafting the manuscript: GC, PBo; revising the manuscript critically for important intellectual content: GA, PBe, CP, EN, CLV; approval of final manuscript: all authors.

Conflict of interest: The authors have no conflicts to report.

Data availability: The data that support the findings of this study are available from the corresponding author upon reasonable request and approval by members of StoP-project Consortium.

Ethics Statement: The StoP Project has been approved by the Institutional Review Board of the University of Milan. The parent studies have been approved by relevant Institutional Review Boards.

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Table 1: Characteristics of the study population by selected covariates.

All subjects (n=16,685)		
Characteristics	Controls	Cases
<i>Sex</i>		
Male	6,923 (58.6)	3,098 (63.5)
Female	4,885 (41.4)	1,779 (36.5)
<i>Age</i>		
<50	2,434 (20.6)	634 (13.0)
50-60	2,886 (24.5)	1,211 (24.8)
61-65	1,866 (15.8)	824 (16.9)
66-69	1,446 (12.3)	686 (14.1)
70-74	1,667 (14.1)	869 (17.8)
>=75	1,503 (12.7)	653 (13.4)
<i>History of PUD</i>		
No	10,656 (90.9)	3,902 (81.0)
Yes	1,061 (9.1)	915 (19.0)
<i>History of PUD >2 years before cancer diagnosis/interview</i>		
No	3,858 (93.3)	1,674 (85.8)
Yes	277 (6.7)	278 (14.2)
<i>Socioeconomic status</i>		
High	6,009 (51.3)	2,998 (62.0)
Medium	3,654 (31.2)	1,370 (28.3)
Low	2,060 (17.6)	468 (9.7)
<i>Tobacco smoking</i>		
Never	5,429 (46.5)	2,066 (43.1)
Former	3,161 (27.1)	1,236 (25.8)
Low	1,018 (8.7)	418 (8.7)
Medium	1,237 (10.6)	626 (13.1)
High	820 (7.0)	820 (9.3)
<i>Alcohol</i>		
Never	3,000 (28.2)	1,219 (26.7)
Low	3,415 (32.2)	1,145 (25.4)
Medium	2,918 (27.5)	1,523 (33.1)
High	1,290 (12.1)	685 (15.0)
<i>Salt</i>		
Low	3,016 (33.9)	932 (29.6)
Medium	3,609 (40.6)	1,416 (44.9)
High	2,264 (25.5)	806 (25.6)

Numbers may not sum up with the total of study subjects because of missing data PUD, peptic ulcer disease

Table 2: Odds ratios and 95% confidence intervals of the association between selected characteristics and gastric cancer and peptic ulcer disease

Characteristics	Gastric cancer	Peptic ulcer disease§
	OR, 95% CI	OR, 95% CI
<i>PUD^a</i>		
No	1.0 (Ref)	-
Yes	2.36 (2.13-2.62)	
<i>Socioeconomic status^b</i>		
Low	1.0 (Ref)	1.0 (Ref)
Medium-high	0.67 (0.61-0.72)	0.78 (0.68-0.90)
<i>Tobacco smoking^b</i>		
Never	1.0 (Ref)	1.0 (Ref)
Ever	1.15 (1.06-1.25)	1.78 (1.53-2.08)
<i>Alcohol drinking^c</i>		
No	1.0 (Ref)	1.0 (Ref)
Yes	1.24 (1.10-1.40)	1.08 (0.87-1.36)
<i>Salt intake^d</i>		
Low	1.0 (Ref)	1.0 (Ref)
medium-high	1.29 (1.16-1.43)	1.07 (0.90-1.27)

^a Odds ratio obtained through a logistic regression model including sex, age, study, socioeconomic status, tobacco smoking and peptic ulcer disease as explanatory variables.

^b Odds ratio obtained through a logistic regression model including sex, age, study, socioeconomic status and tobacco smoking as explanatory variables.

^c Odds ratio obtained through a logistic regression model including sex, age, study, socioeconomic status, tobacco smoking and alcohol drinking as explanatory variables

^d Odds ratio obtained through a logistic regression model including sex, age, study, socioeconomic status, tobacco smoking and salt intake as explanatory variables

OR, odds ratio

CI, confidence interval

PUD, peptic ulcer disease

Ref, reference category

§ analysis restricted to controls

Table 3. Analysis of mediation effect of peptic ulcer disease on the association between selected risk factors and gastric cancer (all studies)

	Socioeconomic status	Tobacco smoking	Heavy alcohol drinking*	Salt intake*
	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)
NDE	0.67 (0.62-0.73)	1.09 (1.00-1.19)	1.23 (1.09-1.39)	1.28 (1.16-1.42)
NIE	0.98 (0.96-0.99)	1.05 (1.04-1.06)	1.01 (0.99-1.02)	1.01 (0.99-1.02)
TE	0.66 (0.60-0.72)	1.15 (1.06-1.25)	1.24 (1.09-1.41)	1.29 (1.16-1.43)
PM	5.3%	36.2%	3.3%	2.5%

*Analyses were conducted excluding studies with missing information for the exposure

OR, odds ratio

CI, confidence interval

NDE, natural direct effect

NIE, natural indirect effect

TE, total effect

PM, proportion of mediation

Table 4. Analysis of mediation effect of peptic ulcer disease on the association between selected risk factors and gastric cancer (subset of studies with information on all risk factors).

	Socioeconomic status	Tobacco smoking	Heavy alcohol drinking	Salt intake
	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)
NDE	0.73 (0.66-0.80)	1.07 (0.97-1.19)	1.25 (1.10-1.43)	1.26 (1.13-1.40)
NIE	0.97 (0.96-0.99)	1.06 (1.04-1.07)	1.00 (0.99-1.02)	1.00 (0.99-1.01)
TE	0.71 (0.64-0.78)	1.13 (1.03-1.25)	1.26 (1.11-1.43)	1.26 (1.14-1.40)
PM	7.7%	44.3%	2.0%	0.8%

OR, odds ratio

CI, confidence interval

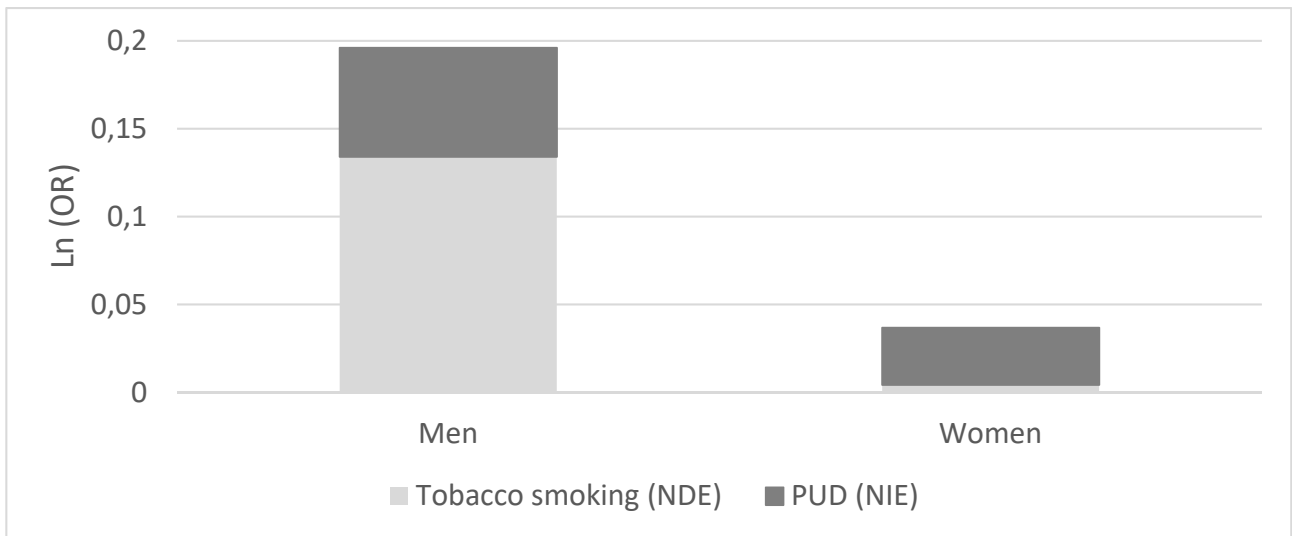
NDE, natural direct effect

NIE, natural indirect effect

TE, total effect

PM, proportion of mediation

Figure 1: Contribution of PUD as a mediator to the association between tobacco smoking in gastric cancer, by sex.



NDE, natural direct effect
NIE, natural indirect effect
PUD, peptic ulcer disease

Supplementary Table 1. Characteristics of the studies included in the pooled analysis.

Study location	Period of enrolment	Design	N cases/controls	Reference
Milan, Italy‡	1985–1997	H	769/2,081	(14)
Harbin, China	1987–1989	P	266/533	(15)
Milan, Italy‡	1997–2007	H	230/547	(16)
Four areas, Italy*	1985–1987	P	1,016/1,159	(17)
Taixing, Jiangsu, China	2000	P	206/415	(18)
Moscow, Russia‡	1996–1997	H	450/611	(19)
Yangzhong, China†	1995	P	133/433	(20)
Ten provinces, Spain	2008–2012	P	441/3,440	(21)
Five counties, Sweden*	1989–1995	P	561/1,164	(22)
Valencia, Spain‡	1995–1999	H	401/455	(23)
3 areas, Mexico	1994–1996	H	234/468	(24)
Nebraska, USA‡	1988–1993	P	170/502	(25)

* Study without information on salt intake.

† Study without information on alcohol drinking.

‡ Study with information on date of ulcer

P, population-based study

H, hospital-based study

Supplementary Table 2: Odds ratios and 95% confidence intervals of the association between selected characteristics and peptic ulcer disease – results of analysis including GC cases and controls

Characteristics	OR (95% CI)
<i>Socioeconomic status^a</i>	
Low	1.0 (Ref)
Medium-high	0.88 (0.78-0.99)
<i>Tobacco smoking^a</i>	
Never	1.0 (Ref)
Ever	1.79 (1.59-2.01)
<i>Alcohol drinking^b</i>	
No	1.0 (Ref)
Yes	1.11 (0.94-1.31)
<i>Salt intake^c</i>	
Low	1.0 (Ref)
medium-high	1.01 (0.88-1.16)

^a Odds ratio obtained through a logistic regression model including sex, age, study, GC case/control status, socioeconomic status and tobacco smoking as explanatory variables.

^b Odds ratio obtained through a logistic regression model including sex, age, study, GC case/control status, socioeconomic status, tobacco smoking and alcohol drinking as explanatory variables

^c Odds ratio obtained through a logistic regression model including sex, age, study, GC case/control status, socioeconomic status, tobacco smoking and salt intake as explanatory variables

OR, odds ratio

CI, confidence interval

Ref, reference category

GC, gastric cancer

* variables added individually to the main model

Supplementary Table 3. Analysis of mediation effect of peptic ulcer disease on the association between selected risk factors and gastric cancer (subset of studies with information on date of ulcer).

	Socioeconomic status	Tobacco smoking	Heavy alcohol drinking	Salt intake
	OR	OR	OR	OR
All PUD				
NDE	0.76 (0.60-0.87)	1.10 (0.96-1.25)	1.14 (0.98-1.31)	1.32 (1.16-1.51)
NIE	0.97 (0.94-1.00)	1.03 (1.01-1.04)	1.00 (0.98-1.02)	1.00 (0.98-1.02)
TE	0.73 (0.63-0.85)	1.13 (0.99-1.29)	1.14 (0.98-1.31)	1.32 (1.16-1.51)
PM	10.2%	22.4%	2.2%	0.0%
PUD diagnosed >2 years before cancer diagnosis/interview				
NDE	0.75 (0.65-0.86)	1.09 (0.95-1.24)	1.12 (0.97-1.29)	1.36 (1.19-1.55)
NIE	0.98 (0.96-1.00)	1.02(1.01-1.04)	1.00 (0.98-1.02)	1.00 (0.88-1.01)
TE	0.73 (0.63-0.85)	1.11 (0.97-1.27)	1.12 (0.97-1.30)	1.35 (1.18-1.55)
PM	6.4%	33.9%	0.0%	0.0%

OR, odds ratio

PUD, peptic ulcer disease

NDE, natural direct effect

NIE, natural indirect effect

TE, total effect

PM, proportion of mediation

-----+

| History of peptic
| ulcer
study | 1 2 | Total

-----+-----+-----
1 | 2,549 299 | 2,848
| 89.50 10.50 | 100.00

-----+-----+-----
3 | 705 72 | 777
| 90.73 9.27 | 100.00

-----+-----+-----
9 | 948 101 | 1,049
| 90.37 9.63 | 100.00

-----+-----+-----
13 | 474 46 | 520
| 91.15 8.85 | 100.00

-----+-----+-----
21 | 3,402 469 | 3,871
| 87.88 12.12 | 100.00

-----+-----+-----
22 | 1,447 274 | 1,721
| 84.08 15.92 | 100.00

-----+-----+-----
23 | 726 127 | 853
| 85.11 14.89 | 100.00

-----+-----+-----
27 | 571 100 | 671
| 85.10 14.90 | 100.00

-----+-----+-----
28 | 227 225 | 452
| 50.22 49.78 | 100.00

-----+-----+-----
29 | 189 90 | 279
| 67.74 32.26 | 100.00

-----+-----+-----
30 | 18 438 | 456
| 3.95 96.05 | 100.00

-----+-----+-----
32 | 547 82 | 629
| 86.96 13.04 | 100.00

-----+-----+-----
36 | 1,102 4 | 1,106
| 99.64 0.36 | 100.00

-----+-----+-----
Total | 12,905 2,327 | 15,232
| 84.72 15.28 | 100.00

MEDIATION ANALYSIS BY ULCER TYPE: GASTRIC (vg2_new) & DUODENAL (vg8_new)

Type of ulcer	SES	SMK	ALCOHOL	SALT
Gastric	4.6%	19.1%	0%	6.7%
Duodenal	0.8%	16.1%	3.7%	0%

NB: the number of studies included, indicated by the variable va2_N, varies a lot and for the last two exposures is markedly reduced when considering each type of ulcer

```
. paramed val, avar(ses_dico) mvar(vg2_new) cvars(va2_2 va2_5 va2_8 va2_9 va2_13 va2_22 va2_32 vbl
> age_1-age_5 smk_dico) a0(0) a1(1) m(1) yreg(logistic) mreg(logistic) nointer case
```

```
Iteration 0: log likelihood = -6461.3363
Iteration 1: log likelihood = -6096.4103
Iteration 2: log likelihood = -6091.5848
Iteration 3: log likelihood = -6091.5782
```

```
Logistic regression                                Number of obs =      10086
                                                    LR chi2(16)      =      739.52
                                                    Prob > chi2      =      0.0000
Log likelihood = -6091.5782                        Pseudo R2       =      0.0572
```

val	Coef.	Std. Err.	z	P> z	[95% Conf. Interval]
ses_dico	-.4598254	.0529631	-8.68	0.000	-.5636311 -.3560197
vg2_new	.9884914	.0776984	12.72	0.000	.8362053 1.140778
va2_2	.2976286	.0893321	3.33	0.001	.122541 .4727163
va2_5	.6033008	.0646006	9.34	0.000	.476686 .7299157
va2_8	.2831627	.098767	2.87	0.004	.0895831 .4767424
va2_9	.9051311	.0830952	10.89	0.000	.7422675 1.067995
va2_13	-.1057111	.1178312	-0.90	0.370	-.336656 .1252338
va2_22	-.1732004	.0751801	-2.30	0.021	-.3205507 -.0258501
va2_32	-.0516461	.1208655	-0.43	0.669	-.2885381 .1852458
vbl	-.0676743	.0520342	-1.30	0.193	-.1696594 .0343108
age_1	.5534439	.0705008	7.85	0.000	.4152649 .6916229
age_2	.658837	.0780806	8.44	0.000	.5058019 .8118721
age_3	.7546822	.084119	8.97	0.000	.5898119 .9195525
age_4	.7903938	.082398	9.59	0.000	.6288967 .9518909
age_5	.7814204	.0971365	8.04	0.000	.5910363 .9718045
smk_dico	.1139019	.0509282	2.24	0.025	.0140845 .2137193
_cons	-1.313889	.1162034	-11.31	0.000	-1.541643 -1.086134

```
Iteration 0: log likelihood = -1380.5431
Iteration 1: log likelihood = -1298.0339
Iteration 2: log likelihood = -1276.9076
Iteration 3: log likelihood = -1276.3191
Iteration 4: log likelihood = -1276.3156
Iteration 5: log likelihood = -1276.3156
```

```
Logistic regression                                Number of obs =      6663
                                                    LR chi2(15)      =      208.45
                                                    Prob > chi2      =      0.0000
Log likelihood = -1276.3156                        Pseudo R2       =      0.0755
```

vg2_new	Coef.	Std. Err.	z	P> z	[95% Conf. Interval]
ses_dico	-.3337285	.1380889	-2.42	0.016	-.6043778 -.0630792
va2_2	-1.390771	.4277827	-3.25	0.001	-2.229209 -.5523321
va2_5	-.2667684	.1921354	-1.39	0.165	-.6433468 .10981
va2_8	-.0205889	.2766695	-0.07	0.941	-.5628511 .5216733
va2_9	-.1712079	.2886609	-0.59	0.553	-.7369729 .3945571
va2_13	.1893558	.3016974	0.63	0.530	-.4019603 .7806719
va2_22	.6389509	.1650293	3.87	0.000	.3154995 .9624024

va2_32	.9545379	.2327809	4.10	0.000	.4982957	1.41078
vb1	-.4708851	.1394776	-3.38	0.001	-.7442562	-.197514
age_1	.4999147	.211236	2.37	0.018	.0858997	.9139296
age_2	.8681748	.2188765	3.97	0.000	.4391848	1.297165
age_3	.9416078	.231743	4.06	0.000	.4873999	1.395816
age_4	1.06603	.2220013	4.80	0.000	.6309158	1.501145
age_5	1.088583	.2338092	4.66	0.000	.6303253	1.54684
smk_dico	.4201382	.13064	3.22	0.001	.1640884	.676188
_cons	-3.199394	.3050865	-10.49	0.000	-3.797352	-2.601435

	Estimate	Std Err	P> z	[95% Conf	Interval]
cde	.63139387	.05296305	0.000	.56913763	.70046014
nde	.63139387	.05296305	0.000	.56913763	.70046014
nie	.97879397	.00880892	0.015	.96203966	.99584005
mte	.61800451	.05369854	0.000	.55626602	.6865952

cde:controlled direct effect, nde:natural direct effect, nie:natural indirect effect, mte:marginal total effect

. paramed val, avar(ses_dico) mvar(vg8_new) cvars(va2_5 va2_9 va2_13 va2_32 vb1 age_1-age_5 smk_dico) a0(0) a1(1) m(1) yreg(logistic) mreg(logistic) nointer case

Iteration 0: log likelihood = -4538.5335
Iteration 1: log likelihood = -4259.5752
Iteration 2: log likelihood = -4254.6498
Iteration 3: log likelihood = -4254.6382

Logistic regression	Number of obs	=	7040
	LR chi2(13)	=	567.79
	Prob > chi2	=	0.0000
Log likelihood = -4254.6382	Pseudo R2	=	0.0626

val	Coef.	Std. Err.	z	P> z	[95% Conf. Interval]	
ses_dico	-.4971973	.0644903	-7.71	0.000	-.6235959	-.3707986
vg8_new	.2596742	.1018385	2.55	0.011	.0600745	.459274
va2_5	.547338	.065352	8.38	0.000	.4192505	.6754255
va2_9	.9343806	.0856597	10.91	0.000	.7664906	1.102271
va2_13	-.0946726	.1184949	-0.80	0.424	-.3269183	.137573
va2_32	.0463506	.1238307	0.37	0.708	-.1963532	.2890543
vb1	-.1976719	.0629412	-3.14	0.002	-.3210344	-.0743093
age_1	.6284151	.082206	7.64	0.000	.4672942	.7895359
age_2	.8892968	.0905964	9.82	0.000	.711731	1.066863
age_3	.9114648	.0975249	9.35	0.000	.7203195	1.10261
age_4	1.034202	.0961723	10.75	0.000	.8457073	1.222696
age_5	.9095407	.1246505	7.30	0.000	.6652302	1.153851
smk_dico	.0461955	.0630348	0.73	0.464	-.0773505	.1697414
_cons	-1.147424	.1363367	-8.42	0.000	-1.41464	-.8802093

Iteration 0: log likelihood = -1030.6692
Iteration 1: log likelihood = -989.78874
Iteration 2: log likelihood = -986.29117
Iteration 3: log likelihood = -986.26368
Iteration 4: log likelihood = -986.26367

Logistic regression	Number of obs	=	4607
	LR chi2(12)	=	88.81
	Prob > chi2	=	0.0000
Log likelihood = -986.26367	Pseudo R2	=	0.0431

vg8_new	Coef.	Std. Err.	z	P> z	[95% Conf. Interval]	
ses_dico	-.2809581	.1449145	-1.94	0.053	-.5649853	.0030691
va2_5	.4292715	.1550302	2.77	0.006	.1254178	.7331252
va2_9	-.4028762	.2759516	-1.46	0.144	-.9437314	.1379791
va2_13	.4649012	.23409	1.99	0.047	.0060932	.9237092
va2_32	.0119995	.3017791	0.04	0.968	-.5794767	.6034758
vb1	-.4131191	.161516	-2.56	0.011	-.7296847	-.0965535
age_1	.2373884	.1838753	1.29	0.197	-.1230006	.5977773
age_2	.3915244	.2093405	1.87	0.061	-.0187754	.8018243
age_3	.3222319	.2353428	1.37	0.171	-.1390314	.7834953
age_4	.2856504	.2351557	1.21	0.224	-.1752464	.7465471

age_5	-.1264574	.3364219	-0.38	0.707	-.7858321	.5329174
smk_dico	.6344828	.1622263	3.91	0.000	.3165252	.9524405
_cons	-2.79933	.3274723	-8.55	0.000	-3.441164	-2.157496

	Estimate	Std Err	P> z	[95% Conf	Interval]
cde	.60823299	.06449029	0.000	.53601226	.69018452
nde	.60823299	.06449029	0.000	.53601226	.69018452
nie	.9960751	.00879351	0.655	.97905457	1.0133915
mte	.60584574	.06507067	0.000	.53330147	.6882581

cde:controlled direct effect, nde:natural direct effect, nie:natural indirect effect, mte:marginal total effect

```

paramed val, avar(smk_dico) mvar(vg2_new) cvars(va2_2 va2_5 va2_8 va2_9 va2_13 va2_22 va2_32 vb1
> age_1-age_5 ses_dico) a0(0) a1(1) m(1) yreg(logistic) mreg(logistic) nointer case

```

```

Iteration 0: log likelihood = -6461.3363
Iteration 1: log likelihood = -6096.4103
Iteration 2: log likelihood = -6091.5848
Iteration 3: log likelihood = -6091.5782

```

Logistic regression	Number of obs	=	10086
	LR chi2(16)	=	739.52
	Prob > chi2	=	0.0000
Log likelihood = -6091.5782	Pseudo R2	=	0.0572

val	Coef.	Std. Err.	z	P> z	[95% Conf. Interval]
smk_dico	.1139019	.0509282	2.24	0.025	.0140845 .2137193
vg2_new	.9884914	.0776984	12.72	0.000	.8362053 1.140778
va2_2	.2976286	.0893321	3.33	0.001	.122541 .4727163
va2_5	.6033008	.0646006	9.34	0.000	.476686 .7299157
va2_8	.2831627	.098767	2.87	0.004	.0895831 .4767424
va2_9	.9051311	.0830952	10.89	0.000	.7422675 1.067995
va2_13	-.1057111	.1178312	-0.90	0.370	-.336656 .1252338
va2_22	-.1732004	.0751801	-2.30	0.021	-.3205507 -.0258501
va2_32	-.0516461	.1208655	-0.43	0.669	-.2885381 .1852458
vb1	-.0676743	.0520342	-1.30	0.193	-.1696594 .0343108
age_1	.5534439	.0705008	7.85	0.000	.4152649 .6916229
age_2	.658837	.0780806	8.44	0.000	.5058019 .8118721
age_3	.7546822	.084119	8.97	0.000	.5898119 .9195525
age_4	.7903938	.082398	9.59	0.000	.6288967 .9518909
age_5	.7814204	.0971365	8.04	0.000	.5910363 .9718045
ses_dico	-.4598254	.0529631	-8.68	0.000	-.5636311 -.3560197
_cons	-1.313889	.1162034	-11.31	0.000	-1.541643 -1.086134

```

Iteration 0: log likelihood = -1380.5431
Iteration 1: log likelihood = -1298.0339
Iteration 2: log likelihood = -1276.9076
Iteration 3: log likelihood = -1276.3191
Iteration 4: log likelihood = -1276.3156
Iteration 5: log likelihood = -1276.3156

```

Logistic regression	Number of obs	=	6663
	LR chi2(15)	=	208.45
	Prob > chi2	=	0.0000
Log likelihood = -1276.3156	Pseudo R2	=	0.0755

vg2_new	Coef.	Std. Err.	z	P> z	[95% Conf. Interval]
smk_dico	.4201382	.13064	3.22	0.001	.1640884 .676188
va2_2	-1.390771	.4277827	-3.25	0.001	-2.229209 -.5523321
va2_5	-.2667684	.1921354	-1.39	0.165	-.6433468 .10981
va2_8	-.0205889	.2766695	-0.07	0.941	-.5628511 .5216733
va2_9	-.1712079	.2886609	-0.59	0.553	-.7369729 .3945571
va2_13	.1893558	.3016974	0.63	0.530	-.4019603 .7806719
va2_22	.6389509	.1650293	3.87	0.000	.3154995 .9624024
va2_32	.9545379	.2327809	4.10	0.000	.4982957 1.41078
vb1	-.4708851	.1394776	-3.38	0.001	-.7442562 -.197514
age_1	.4999147	.211236	2.37	0.018	.0858997 .9139296
age_2	.8681748	.2188765	3.97	0.000	.4391848 1.297165

age_3	.9416078	.231743	4.06	0.000	.4873999	1.395816
age_4	1.06603	.2220013	4.80	0.000	.6309158	1.501145
age_5	1.088583	.2338092	4.66	0.000	.6303253	1.54684
ses_dico	-.3337285	.1380889	-2.42	0.016	-.6043778	-.0630792
_cons	-3.199394	.3050865	-10.49	0.000	-3.797352	-2.601435

	Estimate	Std Err	P> z	[95% Conf	Interval]
cde	1.1206422	.05092817	0.025	1.0141823	1.2382773
nde	1.1206422	.05092817	0.025	1.0141823	1.2382773
nie	1.0273119	.00485971	0.000	1.0175732	1.0371438
mte	1.1512491	.05096957	0.006	1.041797	1.2722002

cde:controlled direct effect, nde:natural direct effect, nie:natural indirect effect,
mte:marginal total effect

. paramed val, avar(sm_k_dico) mvar(vg8_new) cvars(va2_5 va2_9 va2_13 va2_32 vb1 age_1-age_5 ses_
> dico) a0(0) a1(1) m(1) yreg(logistic) mreg(logistic) nointer case

Iteration 0: log likelihood = -4538.5335
Iteration 1: log likelihood = -4259.5752
Iteration 2: log likelihood = -4254.6498
Iteration 3: log likelihood = -4254.6382

Logistic regression	Number of obs	=	7040
	LR chi2(13)	=	567.79
	Prob > chi2	=	0.0000
Log likelihood = -4254.6382	Pseudo R2	=	0.0626

val	Coef.	Std. Err.	z	P> z	[95% Conf. Interval]
smk_dico	.0461955	.0630348	0.73	0.464	-.0773505 .1697414
vg8_new	.2596742	.1018385	2.55	0.011	.0600745 .459274
va2_5	.547338	.065352	8.38	0.000	.4192505 .6754255
va2_9	.9343806	.0856597	10.91	0.000	.7664906 1.102271
va2_13	-.0946726	.1184949	-0.80	0.424	-.3269183 .137573
va2_32	.0463506	.1238307	0.37	0.708	-.1963532 .2890543
vb1	-.1976719	.0629412	-3.14	0.002	-.3210344 -.0743093
age_1	.6284151	.082206	7.64	0.000	.4672942 .7895359
age_2	.8892968	.0905964	9.82	0.000	.711731 1.066863
age_3	.9114648	.0975249	9.35	0.000	.7203195 1.10261
age_4	1.034202	.0961723	10.75	0.000	.8457073 1.222696
age_5	.9095407	.1246505	7.30	0.000	.6652302 1.153851
ses_dico	-.4971973	.0644903	-7.71	0.000	-.6235959 -.3707986
_cons	-1.147424	.1363367	-8.42	0.000	-1.41464 -.8802093

Iteration 0: log likelihood = -1030.6692
Iteration 1: log likelihood = -989.78874
Iteration 2: log likelihood = -986.29117
Iteration 3: log likelihood = -986.26368
Iteration 4: log likelihood = -986.26367

Logistic regression	Number of obs	=	4607
	LR chi2(12)	=	88.81
	Prob > chi2	=	0.0000
Log likelihood = -986.26367	Pseudo R2	=	0.0431

vg8_new	Coef.	Std. Err.	z	P> z	[95% Conf. Interval]
smk_dico	.6344828	.1622263	3.91	0.000	.3165252 .9524405
va2_5	.4292715	.1550302	2.77	0.006	.1254178 .7331252
va2_9	-.4028762	.2759516	-1.46	0.144	-.9437314 .1379791
va2_13	.4649012	.23409	1.99	0.047	.0060932 .9237092
va2_32	.0119995	.3017791	0.04	0.968	-.5794767 .6034758
vb1	-.4131191	.161516	-2.56	0.011	-.7296847 -.0965535
age_1	.2373884	.1838753	1.29	0.197	-.1230006 .5977773
age_2	.3915244	.2093405	1.87	0.061	-.0187754 .8018243
age_3	.3222319	.2353428	1.37	0.171	-.1390314 .7834953
age_4	.2856504	.2351557	1.21	0.224	-.1752464 .7465471
age_5	-.1264574	.3364219	-0.38	0.707	-.7858321 .5329174
ses_dico	-.2809581	.1449145	-1.94	0.053	-.5649853 .0030691
_cons	-2.79933	.3274723	-8.55	0.000	-3.441164 -2.157496

	Estimate	Std Err	P> z	[95% Conf	Interval]
cde	1.0472791	.06303482	0.464	.92556328	1.1850011
nde	1.0472791	.06303482	0.464	.92556328	1.1850011
nie	1.0088856	.00675616	0.190	.99561393	1.0223342
mte	1.0565848	.0631693	0.384	.93354138	1.1958457

cde:controlled direct effect, nde:natural direct effect, nie:natural indirect effect,
mte:marginal total effect

```
. paramed val, avar(vi4_dico) mvar(vg2_new) cvars(va2_2 va2_8 va2_9 va2_13 va2_32 vb1 age_1-age_5
> smk_dico ses_dico) a0(0) a1(1) m(1) yreg(logistic) mreg(logistic) nointer case
```

```
Iteration 0: log likelihood = -3855.8775
Iteration 1: log likelihood = -3597.5888
Iteration 2: log likelihood = -3592.5602
Iteration 3: log likelihood = -3592.5505
Iteration 4: log likelihood = -3592.5505
```

```
Logistic regression                                Number of obs =      6281
                                                    LR chi2(15)      =      526.65
                                                    Prob > chi2     =      0.0000
Log likelihood = -3592.5505                       Pseudo R2       =      0.0683
```

val	Coef.	Std. Err.	z	P> z	[95% Conf. Interval]
vi4_dico	.2853578	.0733232	3.89	0.000	.141647 .4290686
vg2_new	1.087992	.1096149	9.93	0.000	.8731509 1.302833
va2_2	.3095366	.090868	3.41	0.001	.1314385 .4876347
va2_8	.2429938	.101349	2.40	0.017	.0443535 .4416342
va2_9	.8674714	.0874722	9.92	0.000	.696029 1.038914
va2_13	.0559256	.1329433	0.42	0.674	-.2046385 .3164898
va2_32	-.1859439	.1365333	-1.36	0.173	-.4535443 .0816565
vb1	-.0951544	.0689367	-1.38	0.167	-.2302679 .0399592
age_1	.5931147	.0833023	7.12	0.000	.4298453 .7563841
age_2	.8805371	.0957957	9.19	0.000	.6927809 1.068293
age_3	1.034119	.1050092	9.85	0.000	.8283046 1.239933
age_4	1.361576	.1133381	12.01	0.000	1.139438 1.583715
age_5	1.170516	.1418112	8.25	0.000	.8925709 1.448461
smk_dico	.0960447	.0664831	1.44	0.149	-.0342598 .2263491
ses_dico	-.3947094	.0677302	-5.83	0.000	-.5274581 -.2619607
_cons	-1.690721	.1625565	-10.40	0.000	-2.009326 -1.372116

```
Iteration 0: log likelihood = -741.05859
Iteration 1: log likelihood = -715.15882
Iteration 2: log likelihood = -691.3259
Iteration 3: log likelihood = -690.40181
Iteration 4: log likelihood = -690.39724
```

```
Logistic regression                                Number of obs =      4374
                                                    LR chi2(14)      =      101.32
                                                    Prob > chi2     =      0.0000
Log likelihood = -690.39724                       Pseudo R2       =      0.0684
```

vg2_new	Coef.	Std. Err.	z	P> z	[95% Conf. Interval]
vi4_dico	.3101589	.1973327	1.57	0.116	-.0766061 .696924
va2_2	-1.472699	.4289365	-3.43	0.001	-2.313399 -.6319993
va2_8	-.0968441	.2858214	-0.34	0.735	-.6570438 .4633556
va2_9	-.1715206	.2962574	-0.58	0.563	-.7521745 .4091333
va2_13	.4128174	.3253956	1.27	0.205	-.2249462 1.050581
va2_32	.9594726	.2751005	3.49	0.000	.4202855 1.49866
vb1	-.6532123	.1983965	-3.29	0.001	-1.042062 -.2643624
age_1	.5726352	.2306808	2.48	0.013	.1205091 1.024761
age_2	.6828209	.2734786	2.50	0.013	.1468126 1.218829
age_3	.7416613	.3009531	2.46	0.014	.1518042 1.331519
age_4	.8102438	.3283959	2.47	0.014	.1665996 1.453888
age_5	1.203173	.3132669	3.84	0.000	.5891811 1.817165
smk_dico	.2762066	.1805898	1.53	0.126	-.0777429 .6301561
ses_dico	-.300285	.1855224	-1.62	0.106	-.6639022 .0633321
_cons	-3.082194	.4342167	-7.10	0.000	-3.933243 -2.231144

	Estimate	Std Err	P> z	[95% Conf	Interval]
--	----------	---------	------	-----------	-----------

cde:controlled direct effect, nde:natural direct effect, nie:natural indirect effect,
 mte:marginal total effect

```
. paramed val, avar(alcolextreme) mvar(vg2_new) cvars(va2_2 va2_5 va2_9 va2_22 va2_32 vbl age_1-ag
> e_5 smk_dico ses_dico) a0(0) a1(1) m(1) yreg(logistic) mreg(logistic) nointer case
```

```
Iteration 0: log likelihood = -6080.9855
Iteration 1: log likelihood = -5770.2383
Iteration 2: log likelihood = -5767.0842
Iteration 3: log likelihood = -5767.0817
```

```
Logistic regression                                Number of obs =      9443
                                                    LR chi2(15)      =      627.81
                                                    Prob > chi2      =      0.0000
Log likelihood = -5767.0817                       Pseudo R2       =      0.0516
```

val	Coef.	Std. Err.	z	P> z	[95% Conf. Interval]
alcolextreme	.1242137	.0723116	1.72	0.086	-.0175145 .2659418
vg2_new	1.006378	.0791119	12.72	0.000	.8513217 1.161435
va2_2	.2922023	.0889104	3.29	0.001	.1179411 .4664635
va2_5	.6194822	.0650773	9.52	0.000	.491933 .7470314
va2_9	.7895022	.0828921	9.52	0.000	.6270366 .9519678
va2_22	-.1500276	.0759543	-1.98	0.048	-.2988952 -.0011599
va2_32	-.1124672	.1192708	-0.94	0.346	-.3462338 .1212993
vbl	-.0197597	.0546953	-0.36	0.718	-.1269605 .0874412
age_1	.4861201	.0729614	6.66	0.000	.3431185 .6291218
age_2	.5568256	.0803142	6.93	0.000	.3994126 .7142385
age_3	.6808029	.0863338	7.89	0.000	.5115918 .8500141
age_4	.7035353	.0844826	8.33	0.000	.5379524 .8691183
age_5	.7234687	.0987689	7.32	0.000	.5298852 .9170521
smk_dico	.0807252	.0520542	1.55	0.121	-.0212991 .1827496
ses_dico	-.4087522	.054157	-7.55	0.000	-.5148979 -.3026065
_cons	-1.315283	.1232179	-10.67	0.000	-1.556786 -1.073781

```
Iteration 0: log likelihood = -1311.383
Iteration 1: log likelihood = -1230.6812
Iteration 2: log likelihood = -1210.2069
Iteration 3: log likelihood = -1209.6171
Iteration 4: log likelihood = -1209.6129
Iteration 5: log likelihood = -1209.6129
```

```
Logistic regression                                Number of obs =      6190
                                                    LR chi2(14)      =      203.54
                                                    Prob > chi2      =      0.0000
Log likelihood = -1209.6129                       Pseudo R2       =      0.0776
```

vg2_new	Coef.	Std. Err.	z	P> z	[95% Conf. Interval]
alcolextreme	-.1061408	.1915548	-0.55	0.580	-.4815814 .2692997
va2_2	-1.410096	.4281645	-3.29	0.001	-2.249283 -.5709085
va2_5	-.3140577	.1942376	-1.62	0.106	-.6947563 .0666409
va2_9	-.1189551	.2879507	-0.41	0.680	-.683328 .4454179
va2_22	.617429	.1669592	3.70	0.000	.2901949 .944663
va2_32	.9731402	.2270196	4.29	0.000	.52819 1.41809
vbl	-.4281589	.1430575	-2.99	0.003	-.7085465 -.1477714
age_1	.4527043	.2255968	2.01	0.045	.0105426 .8948659
age_2	.8632918	.2273709	3.80	0.000	.417653 1.308931
age_3	.9617959	.2401208	4.01	0.000	.4911677 1.432424
age_4	1.059109	.2305728	4.59	0.000	.6071949 1.511024
age_5	1.087456	.240917	4.51	0.000	.6152678 1.559645
smk_dico	.433427	.1333577	3.25	0.001	.1720506 .6948033
ses_dico	-.3769077	.1423706	-2.65	0.008	-.6559491 -.0978664
_cons	-3.196732	.3221518	-9.92	0.000	-3.828138 -2.565327

	Estimate	Std Err	P> z	[95% Conf Interval]
cde	1.1322578	.07231159	0.086	.98263546 1.3046625
nde	1.1322578	.07231159	0.086	.98263546 1.3046625
nie	.99311322	.00942453	0.463	.97493674 1.0116286

mte | 1.1244601 .07291317 0.108 .97471832 1.2972062

cde:controlled direct effect, nde:natural direct effect, nie:natural indirect effect,
mte:marginal total effect

. paramed val, avar(alcolextreme) mvar(vg8_new) cvars(va2_5 va2_9 va2_32 vbl age_1-age_5 smk_dico
> ses_dico) a0(0) a1(1) m(1) yreg(logistic) mreg(logistic) nointer case

Iteration 0: log likelihood = -4219.8435
Iteration 1: log likelihood = -3993.8098
Iteration 2: log likelihood = -3990.7027
Iteration 3: log likelihood = -3990.6982

Logistic regression
Log likelihood = -3990.6982
Number of obs = 6494
LR chi2(13) = 458.29
Prob > chi2 = 0.0000
Pseudo R2 = 0.0543

val	Coef.	Std. Err.	z	P> z	[95% Conf. Interval]	
alcolextreme	.1035541	.0777116	1.33	0.183	-.0487578	.255866
vg8_new	.3075654	.1042362	2.95	0.003	.1032662	.5118645
va2_5	.6064512	.070028	8.66	0.000	.4691988	.7437036
va2_9	.8830951	.0878795	10.05	0.000	.7108545	1.055336
va2_32	.0644592	.1243576	0.52	0.604	-.1792773	.3081956
vbl	-.1340093	.0677625	-1.98	0.048	-.2668213	-.0011972
age_1	.5178988	.085764	6.04	0.000	.3498045	.685993
age_2	.7410929	.0935282	7.92	0.000	.5577809	.9244049
age_3	.8095662	.1001988	8.08	0.000	.6131801	1.005952
age_4	.8972371	.0989048	9.07	0.000	.7033872	1.091087
age_5	.7913447	.1265945	6.25	0.000	.543224	1.039465
smk_dico	.0161131	.0647898	0.25	0.804	-.1108725	.1430987
ses_dico	-.4721425	.0665933	-7.09	0.000	-.602663	-.341622
_cons	-1.170355	.1491475	-7.85	0.000	-1.462679	-.8780314

Iteration 0: log likelihood = -930.87534
Iteration 1: log likelihood = -889.87334
Iteration 2: log likelihood = -885.99097
Iteration 3: log likelihood = -885.95437
Iteration 4: log likelihood = -885.95436

Logistic regression
Log likelihood = -885.95436
Number of obs = 4196
LR chi2(12) = 89.84
Prob > chi2 = 0.0000
Pseudo R2 = 0.0483

vg8_new	Coef.	Std. Err.	z	P> z	[95% Conf. Interval]	
alcolextreme	.2278877	.1860424	1.22	0.221	-.1367488	.5925241
va2_5	.4772503	.1718116	2.78	0.005	.1405057	.8139949
va2_9	-.4439282	.2879528	-1.54	0.123	-1.008305	.1204489
va2_32	.0749905	.3054363	0.25	0.806	-.5236537	.6736347
vbl	-.3641192	.1753208	-2.08	0.038	-.7077416	-.0204968
age_1	.4005511	.2045729	1.96	0.050	-.0004045	.8015067
age_2	.4933508	.2255638	2.19	0.029	.0512538	.9354477
age_3	.4318767	.2538086	1.70	0.089	-.065579	.9293325
age_4	.4392584	.2494471	1.76	0.078	-.049649	.9281657
age_5	.0026426	.3466022	0.01	0.994	-.6766853	.6819705
smk_dico	.6142024	.1713953	3.58	0.000	.2782738	.9501311
ses_dico	-.3622572	.1548302	-2.34	0.019	-.6657188	-.0587956
_cons	-2.998624	.368012	-8.15	0.000	-3.719914	-2.277334

	Estimate	Std Err	P> z	[95% Conf	Interval]
cde	1.1091058	.07771157	0.183	.95240912	1.2915832
nde	1.1091058	.07771157	0.183	.95240912	1.2915832
nie	1.004033	.00848977	0.635	.98746421	1.0208799
mte	1.1135788	.07819049	0.169	.95535301	1.2980101

cde:controlled direct effect, nde:natural direct effect, nie:natural indirect effect,
mte:marginal total effect